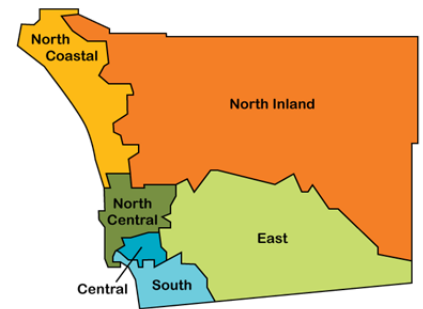


OVERVIEW

On May 26, 2015, the County of San Diego Health and Human Services Agency (HHS) hosted the *Live Well San Diego* Central Region Leadership Team Summit as part of the County's *Live Well San Diego* vision.

Focused on HHS's Central Region, the purpose of the event was to engage the many *Live Well San Diego* partners, community-serving organizations, and the public at large in the Central Region to strengthen existing partnerships and existing initiatives in support of fostering healthy, safe and thriving communities.



The County of San Diego is divided into six Health and Human Services regions.

BACKGROUND

Live Well San Diego is a regional vision adopted by the San Diego County Board of Supervisors in 2010 that aligns the efforts of County government, community partners and individuals to help all San Diego County residents be healthy, safe, and thriving.

CENTRAL REGION LEADERSHIP TEAM SUMMIT COMPONENTS

WALL OF SUCCESS - Each participant provided 1-2 accomplishments in the Central Region over the last five years by writing on pre-printed cards and posting on a wall of posters.

- Over 40 successes were identified that fall under the *Live Well San Diego* components of Healthy, Safe, and Thriving.

NETWORKING - Participants were grouped with individuals they didn't already know in order to promote informal dialogue to learn more about successes and ongoing initiatives in the Central Region.

- Members of the Planning Committee facilitated these conversation with two prompts:
 - Name the top 3 community organizations that are doing important work
 - How the work of these organizations could be strengthened

FACILITATED ROUND TABLES - In order to maximize the wealth of knowledge and community experience from those in attendance, participants were asked to contribute to a 3 tiered process for offering input.

- Participants visited three stations to share how their existing efforts/initiatives in Central Region aligned with the three components of *Live Well San Diego*: Building Better Health, Living Safely, and Thriving.
- Participants identified potential partners and specific needs that could foster stronger collaboration.
- Community members reviewed existing input provided at each station and added feedback on how other groups could also support these initiatives.

FACILITATED DISCUSSION: LIVE WELL SAN DIEGO - Participants reconvened in a large group and discussed overarching themes and potential goal areas that County staff summarized from the input earlier. Key points were recorded on a large "wall graphic" paper at the front of the room.

KEY THEMES AND POTENTIAL GOAL AREAS - There were approximately 100 specific opportunities in the Central Region that participants believe have momentum and are making an impact. These were grouped according to the following key themes: Cross Cutting Themes, Building Better Health, Living Safely and Thriving.

SUMMIT EVALUATION - There were 28 evaluations completed for the Central Region Leadership Team Summit. Overall, 89% participants rated the summit as excellent or very good (11%=excellent, 71% very good).

Live Well San Diego
CENTRAL REGION LEADERSHIP TEAM SUMMIT
KEY THEMES AND POTENTIAL GOAL AREAS

Following are key themes identified by participants about how collective efforts in the Central Region may be implemented.

CROSS-CUTTING THEMES

- Facilitate new collaborations among existing and new partners
- Focus on prevention to promote health and safety
- Address social justice issues that are at the heart of health and safety disparities
- Strengthen youth and families
- Create cross-cutting initiatives that have positive impact across multiple issue areas
- Empower civic engagement in collective efforts to build community support and commitment to desired outcomes
- Collect and analyze data on all existing efforts to identify gaps

BUILDING BETTER HEALTH

- Reduce chronic disease and health disparities through:
 - A prevention approach
 - Tobacco control
 - Behavioral health
 - Social justice
 - Active living
- Increase access to healthy food through school-based and retailer-based programs and interventions
- Utilize existing health centers, County programs, and community-based efforts to reach specialized populations and community members in need
- Build residents' knowledge of and capacity in supporting healthy living for families

LIVING SAFELY

- Create more "safe passages" for the community, including Safe Routes To School and pedestrian infrastructure
- Reduce gang involvement and prevalence
- Strengthen the foster care system by:
 - Reducing family separations, where possible
 - Providing more support to foster families
- Expand crime-free housing initiatives and programs
- Expand community collaboration in public safety programs
- Reduce graffiti in the community

THRIVING

- Increase community capacity for leadership and civic engagement in a range of priority areas including:
 - Family strengthening and parenting
 - Neighborhood development
 - Youth development
 - Community improvement and clean-ups
 - Cultural competence
 - Volunteering
- Utilize anchors and community facilities to engage residents including:
 - Cultural institutions
 - Education facilities
 - Parks and recreation facilities and programs
- Strengthen the connections between housing development and transit services
- Expand career development opportunities for local residents with existing and future businesses
- Focus on serving the needs of youth and families
- Expand community involvement and promotion of the community's diversity
- Increase support for community members re-entering society from incarceration

Read the [Central Leadership Team Summit Summary Report](#) on line.

Full link: <http://www.livewellsd.org/content/dam/livewell/community-action/regions/Central/CentralRegionSummitReport082515.pdf>