

Building Better Health: A Partnership Between EUHSD and Neighborhood Healthcare

Anne Staffierie, Ed.D., Superintendent, Escondido Union High School District

Alex Nunez, Chief Growth Officer, Neighborhood Healthcare

Neighborhood and the Escondido Union High School District (EUHSD) have partnered for many years, especially the last several, helping the community and schools navigate challenges brought on by the pandemic. In response to rising youth mental health needs, Neighborhood dedicated a team of behavioral health clinicians to serve students at the five high school campuses, often in the school Wellness Centers.

Neighborhood launched a behavioral health mobile health center to increase the number of students in the district who can receive services to improve student access to care and eliminate many common barriers such as transportation, insurance, or time to attend doctor appointments.

Using a Restorative Approach to School Re-Engagement and Bridging the Home to School Connection

Maria Osborn, MSW, PPSC

Project Specialist, District Pupil Re-Engagement Team, Escondido Union School District

Alejandro Bernal, Counselor, District Pupil Re-Engagement Team, Escondido Union School District

Kimberly Castro, Family Liaison, District Pupil Re-Engagement Team Escondido Union School District

The District Pupil Re-Engagement Team (DPRT) from the Escondido Union School District will share their systematic approach to addressing chronic absenteeism that infuses trauma-informed and restorative practices at each level of intervention to build a bridge between home and school and re-connect students and their families.

Pediatric Integrated Care: together tackling our youth mental health crisis

Anne Bird, MD, Medical Program Director, Mental Health Integration, Rady Children's Hospital San Diego

Nicole Esposito, MD, Chief Population Health Officer, Behavioral Health Services, County of San Diego HHSA

Patrick Frias, MD, President and CEO, Rady Children's Hospital San Diego

Our nation is struggling with a youth mental health crisis. Integrating behavioral and emotional healthcare into our medical homes is one proven strategy to helping tackle this crisis. This integrated-care model focuses on early identification, proactive interventions, preventative work and promotion of whole childcare, and family wellness.

Building Belonging for All Kids in Our Schools

Liam Bird, Racial Equity Initiatives, Chicago Public Schools

Wendy Ake, Just Public Finance, Othering & Belonging Institute

Hugh Vasquez, National Equity Project

Dr. Hayin Kimner, CA Community Schools Learning Exchange

Tony Smith, San Diego County Office of Education

Improving Educational Outcomes for Foster Youth Through Academic Success

Laura Krzywicki, Deputy Director in Policy and Program Support, Child Welfare Services, County of San Diego

Sarah Glass, Protective Services Program Manager, Child Welfare Services, County of San Diego

Ernesto Vizcarra, Protective Services Worker, Child Welfare Services, County of San Diego

The COVID-19 pandemic and the increased need for creating equity for children and families have brought to light the urgency to undertake a fundamental transformation to a better way for child and family well-being. Learn about steps being taken to transform the system toward prevention in an upstream manner and an overall change to a more equitable approach to reducing child maltreatment.

The Restorative Practices Playbook: Tools for Transforming Discipline in Schools

Dr. Dominique Smith, Principal, Health Sciences High and Middle College

In this session, we will focus on the philosophy of Restorative Practices. We will also gather our understanding that Restorative Practices are an 80% proactive approach. Within this work we will focus on the power of relationships to repair harm.

Guided Improvisation for Fostering Inclusive and Compassionate Classrooms

Jesse Greenfield, (they/them), MPH, CHES, Community Health Worker Liaison, County of San Diego

Want to use your creativity to collaborate to build the kind of compassionate world we want our students to live in? In this interactive workshop, we will play (that's right, play!) icebreaker and improv games to practice thinking quickly on our feet and working as a team to explore staying present amidst classroom chaos, building a classroom community, and simply whatever comes up in the moment. This is an opportunity to share your unique and authentic contributions with a group of individuals looking to do the same. You will be asked to participate in the activities, but you are certainly welcome to attend the event and simply watch, listen, and laugh. This event is meant to be fun and low stress. All you need to bring is your lived experience and desire to learn from others!

Prevention Starts with YOU(TH)!

Anya Kuzma, Healthy Advocacy Specialist, Nile Sisters Development Initiative

Sal Garcia, Youth Development Coordinator, San Diego County Office of Education

This interactive workshop will keep you moving, teach you about specific tobacco prevention strategies from FULSToP (Families Uniting Locally to Solve Tobacco Proliferation), and how to apply youth development best practices when working with youth to create positive change in your schools and/or community. Walk away with new tools and activities that can be used in your meetings with youth and adults.

Engaging Students in Positive Youth Development Programs

Rich Magale, Executive Director, Dreams & Ducats

Juan Gaytan, PhD, Education Career Specialist, Encuentros Leadership

Valerie Gomez, MANA San Diego

Daria Van Nice, Youth Garden Program Manager, Second Chance

Youth development programs that take place outside of school time provide a valuable place for young people to learn skills, develop interests, and connect with caring adults, all of which can lead to improved school attendance and engagement.

Strategies for School-Site-Based Student Wellness Support

Kate Edra, MPH, CHES, Program Development Specialist, Nursing & Wellness, SD Unified

Danielle Octon, MPH, Canyon Hills HS Wellness Center Coordinator, SD Unified

Janessa Nedney, MSW, Program Director and Healthy Start Coordinator, SAY San Diego

Kim Bodie, LCSW, District Social Worker, Escondido Union High School District

Geraldine O'Sullivan, LCSW, PPSC, School Social Worker, San Pasqual High School

Melissa Van Grol, LCSW, PPSC, School Social Worker, San Pasqual High School

Dr. Margaret Sedor, NCSP, School Psychologist, Sweetwater Union High School District

Overview of San Diego Unified School District's Wellness Centers and Healthy Start Centers, Escondido Union High School District's Wellness Centers, and Sweetwater Union High School District's Staff Wellness Room and other staff wellness programming