



Race Date: Sunday, September 17, 2023

5K Start Times: 7:30 to 8:00 A.M. 1-Mile Start Time: 9 A.M. Updated 6.28.23

## **5K COURSE NARRATIVE**

Start: On N. Harbor Drive, just north of Ash Street in the north-bound lanes of N. Harbor Drive 6:30 to 9:30 A.M.

South on N. Harbor Drive to W. Broadway 7:30 to 8:15 A.M.

At W. Broadway cross N. Harbor Drive toward Broadway Pier to the boardwalk and continue south 7:30 to 8:30 A.M.

Continue south on the boardwalk toward Seaport Village 7:35 to 8:30 A.M.

Right onto Embarcadero Park North heading south on farthest westerly sidewalk 7:40 to 8:35 A.M.

Make outside loop of Embarcadero Park North returning to the boardwalk 7:40 to 8:40 A.M.

Left onto the boardwalk and head north toward W. Harbor Drive 7:40 to 8:40 A.M.

Right at Ruocco Park to complete the park's inner loop before returning to and turning right on the boardwalk 7:40 to 8:45 A.M.

Take next immediate right and follow the sidewalk toward Pacific Highway

7:40 to 8:45 A.M

Left on Pacific Highway into the westmost southbound traffic lane

7:40 to 8:50 A.M.

At W. Cedar Street, transition from traffic lane to sidewalk continuing north toward Grape Street on the sidewalk 7:40 to 9:30 A.M.

Left at Grape Street - stay on sidewalk 7:40 to 9:30 A.M.

Left at North Harbor Drive - stay on sidewalk 7:45 to 9:30 A.M.

Transition from the sidewalk onto the grass just before the round fountain in front of the San Diego County building to the finish line

7:45 to 9:30 A.M.

Finish: On the grass of Waterfront Park 7:45 to 9:30 A.M.

