# **Live Well San Diego COMMUNITY | FAITH | RURAL**



**COMMUNITY-BASED ORGANIZATIONS NEWSLETTER** 

**JANUARY 2024** 

# PARTNER SPOTLIGHT **United Way of San Diego County**

United Way of San Diego (UWSD) collaborates with their partners countywide on the best ways to support early childhood success, youth success, and family stability by identifying what's working and building on proven practices supported by solid data and their partners' expertise. UWSD serves underserved residents across the county, most notably in Escondido, City Heights, Lemon Grove, and Southeast San Diego.

#### **UWSD** Partners Include:

- school districts
- businesses
- the public sector
- nonprofits
- philanthropy
- social services

Have any questions? Reach out to: James McConchie, VP of Collaborative Impact at james.mcconchie@uwsd.org or (954)614-4559

## <u>Click for more info on how to</u> get involved



**United Way** of San Diego County



#### **VIRTUAL CONNECTION HUB HIGHLIGHTS**

This space is intended to provide opportunities for you to collaborate with one another throughout the county, share resources and best practices, and work together to promote healthy, safe, and thriving communities.

Engage!

**Platform Guide & Tutorial** 



# Shoutout to the CBOs who have added their orgs on our **Virtual Connection Hub Map:** THANK ... you

Spring Valley Community Alliance

San Diego Senior Games Association

**CASA Neighborhood** 

Home of Guiding Hands

San Diego Pride

Click here to add your org to the Map today!!

#### **COMMUNITY EVENTS**

#### 14th Annual MLK Jr. Parade and **Community Celebration**

Parade @ 9am at Valencia Park Elementary School Jan Jan Celebration and Sportsfest @ 11am at **20th** Martin Luther King Jr. Recreation Center 24th There will be live music, a Kids Zone, food & small business vendors, community resources and more! Click here to see the flyer

### **Convoy Stories + Community Social!**

Wednesday 4-8PM at **Cross Street Chicken and Beer** 

San Diego Food System Alliance, Asian Business Association of San Diego (ABASD), and Pacific Arts Movement are hosting a winter social **celebrating** small food businesses and Asian/Pacific Islander (API) stories & organizing in San Diego. Attend if you love local food and are passionate about uplifting a diverse regional food culture + economy in San Diego County!

Please register here.

#### **ANNOUNCEMENTS**

#### **SDG&E HAS RESOURCES! NEED HELP WITH YOUR ENGERY BILL?**

After the holidays can be a difficult time for many people financially. If you are having trouble paying your energy bill, you might be eligible for programs and services that can provide immediate financial assistance and help you avoid interruptions to your service.

Flexible payment arrangements are available to help you pay down past due balances.

Even if you made a recent payment or set up a flexible 📢 payment plan with SDG&E, there may still be assistance programs available to help you. For a complete list of available offerings, visit sdge.com/assistance.

**Click here for more information about energy assistance programs** 

#### **Help Needed - Food Items Requested!**

- Black Tech Link, Rowe Solutions and the City of San Diego have partnered to provide food for the Safe Sleeping Shelter in Balboa Park for the next 5 years.
- Aim: To provide 400 meals per day for breakfast and dinner.
- Black Tech Link is currently organizing hunger relief and food rescue solutions, and partnerships.

View link to learn more!

Have questions? Email: Elizabeth@blacktechlink.org

#### Food Items Requested:

- Fresh produce
- Frozen foods
- Canned or packaged foods
- Gleaned Fruit
- Food Making Kits
- Foods approaching self life
- Foods w/ bruised packaging

**E-NEWSLETTER** CONTENT REQUEST

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**Complete the** e-newsletter content request form to have an upcoming event featured in the e-newsletters.

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