











Get A FREE Blood Pressure Check

2/16 - 10am-3pm - Julian Library

2/17 - 10am-3pm - Borrego Springs Library

2/18 - 10am-3pm - Pine Valley Fire Station 44

2/23 - 10am-3pm - Jacumba Library

2/24 - 10am-3pm - Ramona Library

2/25 - 10am-3pm - Lake Morena Fire Station 42



Visit the website or call 211 to learn more!





LiveWellSD.org/RuralHeartHealth