



LOVE **YOUR** HEART



Get A FREE Blood Pressure Check



2/16 - 10am-3pm - Julian Library

2/17 - 10am-3pm - Borrego Springs Library



2/18 - 10am-3pm - Pine Valley Fire Station 44



2/23 - 10am-3pm - Jacumba Library



2/24 - 10am-3pm - Ramona Library



2/25 - 10am-3pm - Lake Morena Fire Station 42



Visit the website or call 211 to learn more!



LiveWellSD.org/RuralHeartHealth



LOVE YOUR HEART

Get A FREE Blood Pressure Check

2/14 - 9am-11am - Ramona
TrueCare, 220 Rotanzi St. Ramona, 92065

2/14 - 10am-2pm - Campo
San Ysidro Health, 976 Sheridan Rd. Campo, 91960

2/20 - 9am-3pm - Fallbrook
Fallbrook Regional Health District
1636 E. Mission Rd. Fallbrook, 92084

2/24 - 9am-1pm - Lakeside
Grocery Outlet of Lakeside
9720 Winter Gardens Blvd. Lakeside,
92040

Visit the website or call 211 to learn more!



LiveWellSD.org/RuralHeartHealth