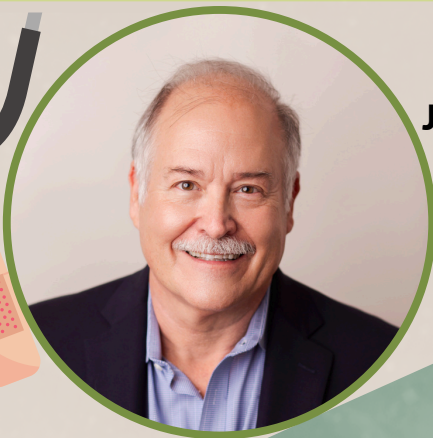
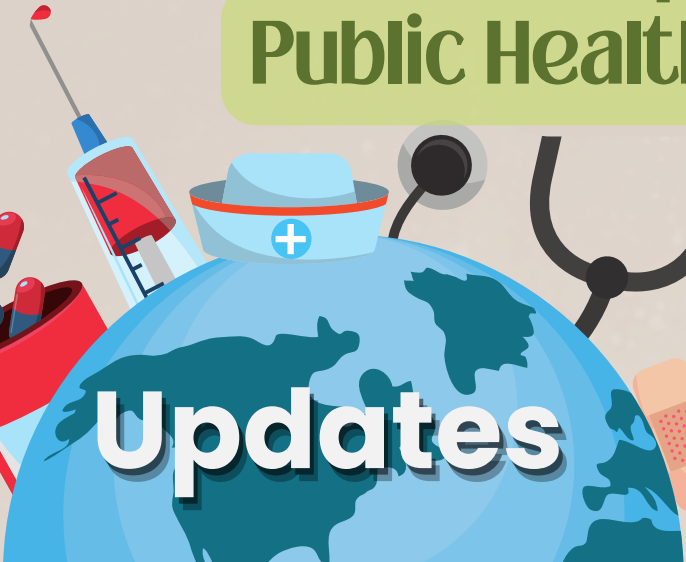




April 2024

Public Health Medical Updates



FROM:
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Public Health Subject
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Updates

Measles Outbreak Encinitas (North County)

Measles is one of the most contagious diseases. Measles is so contagious that if one person has it, up to 90% of the people close to that person who are not immune will also become infected.

Avian Influenza (Bird Flu)

The multistate outbreak in dairy cattle of H5N1 "Bird Flu" has probably got the attention of the rural community, especially as North County has multiple large dairy farms. No known cases in California, however staying informed is crucial.

Chagas Disease

Chagas disease is caused by an insect called a triatomine or kissing bug that is carrying a parasite called *Trypanosoma cruzi*. The disease can lead to long-term heart and intestinal health damage and even death.



THE COUNTY WANTS TO KNOW HOW COMMUNITIES BEST RECEIVE UPDATES REGARDING ENVIRONMENTAL HAZARDS.

[CLICK HERE TO GO TO SURVEY](#)

Links

[Measles \(Rubeola\) County Information Site](#)

[Answers and Talking Points About Bird Flu](#)

[Chagas Disease - County Information](#)