

County of San Diego

HEALTH & HUMAN SERVICES AGENCY

Office of Strategy & Innovation

2024 Love Your Heart Statistical Analysis
Data as of 04/12/2024



Table of Contents

> DATA TABLES

- Total Blood Pressure Screenings Across All Sites **1**
- Demographics by Blood Pressure Range **2 - 8**
- Blood Pressure Range by HPI Priority **9**
- Distributed Blood Pressure Monitors by HPI Priority **10**
- Participants by Specific Location in San Diego **11 - 12**
- Ama Tu Corazón Blood Pressure Range by Location **13 -14**



Total Blood Pressure Screenings Across All Sites



Program	Number of Blood Pressure Readings Collected
1. ATC	51,716
2. LYH - SD	6,205
3. LYH - Out of County	121
4. LYH - @ Home	37
Total	58,079

Program	Received Blood Pressure Monitor
2. LYH - SD	987
4. LYH - @ Home	3
Total	990

Abbreviations:

ATC - Ama Tu Corazón
 LYH - SD: Love Your Heart San Diego
 LYH - Out of County: Love Your Heart Out of County
 LYH - @ Home: Love Your Heart At Home

Number of Participants According to LYH Program by Blood Pressure Range

Program	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
1. ATC	28,265	9,802	6,717	6,301	507	124		51,716
2. LYH - SD	2,158	1,112	1,237	1,519	147	25	7	6,205
3. LYH - Out of County	33	20	31	35				121
4. LYH - @ Home	10		10	13				37
Total	30,466	10,937	7,995	7,868	657	149	7	58,079

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Percent of Participants According to LYH Program by Blood Pressure Range

Program	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
1. ATC	54.65%	18.95%	12.99%	12.18%	0.98%	0.24%		100.00%
2. LYH - SD	34.78%	17.92%	19.94%	24.48%	2.37%	0.40%	0.11%	100.00%
3. LYH - Out of County	27.27%	16.53%	25.62%	28.93%	1.65%			100.00%
4. LYH - @ Home	27.03%	8.11%	27.03%	35.14%	2.70%			100.00%
Total	52.46%	18.83%	13.77%	13.55%	1.13%	0.26%	0.01%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number and Percent of Blood Pressure Screenings by Gender and Blood Pressure Level



San Diego County Only - Number of Participants According to Gender by Blood Pressure Range

Gender	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
1. Female	1,498	619	639	811	80	17		3,668
2. Male	596	458	569	684	66	7		2,383
3. Non-binary								11
4. Decline to state	69	37	35	36				180
Total	2,168	1,115	1,247	1,532	148	25	7	6,242

Note: Participation counts five and under were omitted to mitigate privacy concerns.

San Diego County Only - Percent of Participants According to Gender by Blood Pressure Range

Gender	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
1. Female	40.84%	16.88%	17.42%	22.11%	2.18%	0.46%	0.11%	100.00%
2. Male	25.01%	19.22%	23.88%	28.70%	2.77%	0.29%	0.13%	100.00%
3. Non-binary	45.45%	9.09%	36.36%	9.09%				100.00%
4. Decline to state	38.33%	20.56%	19.44%	20.00%	1.11%	0.56%		100.00%
Total	34.73%	17.86%	19.98%	24.54%	2.37%	0.40%	0.11%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number and Percent of Blood Pressure Screenings by Gender and Blood Pressure Level



Ama Tu Corazón Only - Number of Participants According to Gender by Blood Pressure Range

Gender	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	Total
1. Female	19,948	5,922	3,778	3,470	269	65	33,452
2. Male	8,194	3,833	2,912	2,798	235	59	18,031
3. Non-binary	26	8					42
4. Decline to state	97	39	23	29			191
Total	28,265	9,802	6,717	6,301	507	124	51,716

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Ama Tu Corazón Only - Percent of Participants According to Gender by Blood Pressure Range

Gender	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	Total
1. Female	59.63%	17.70%	11.29%	10.37%	0.80%	0.19%	100.00%
2. Male	45.44%	21.26%	16.15%	15.52%	1.30%	0.33%	100.00%
3. Non-binary	61.90%	19.05%	9.52%	9.52%			100.00%
4. Decline to state	50.79%	20.42%	12.04%	15.18%	1.57%		100.00%
Total	54.65%	18.95%	12.99%	12.18%	0.98%	0.24%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number of Blood Pressure Screenings by Race & Ethnicity and Blood Pressure Level



San Diego County Only - Number of Participants According to Race & Ethnicity by Blood Pressure Range

Race/Ethnicity	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
American Indian or Alaska Native								13
Asian	234	94	103	159	20			614
Black or African American	111	87	87	125	14			427
Hispanic or Latino	758	337	376	499	50			2,027
Middle Eastern or North African	20	15	7	16				60
Native Hawaiian or Other Pacific Islander			11	17				33
Not Reported								9
Other	120	61	76	60	9			329
Two or More Races	121	41	48	69	7			290
White	792	477	532	582	46	8		2,440
Total	2,168	1,115	1,247	1,532	148	25	7	6,242

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Percent of Blood Pressure Screenings by Race & Ethnicity and Blood Pressure Level



San Diego County Only - Percent of Participants According to Race & Ethnicity by Blood Pressure Range

Race/Ethnicity	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
American Indian or Alaska Native	38.46%	15.38%	23.08%	23.08%				100.00%
Asian	38.11%	15.31%	16.78%	25.90%	3.26%	0.49%	0.16%	100.00%
Black or African American	26.00%	20.37%	20.37%	29.27%	3.28%	0.47%	0.23%	100.00%
Hispanic or Latino	37.40%	16.63%	18.55%	24.62%	2.47%	0.25%	0.10%	100.00%
Middle Eastern or North African	33.33%	25.00%	11.67%	26.67%	3.33%			100.00%
Native Hawaiian or Other Pacific Islander	15.15%		33.33%	51.52%				100.00%
Not Reported	22.22%	11.11%	44.44%	22.22%				100.00%
Other	36.47%	18.54%	23.10%	18.24%	2.74%	0.91%		100.00%
Two or More Races	41.72%	14.14%	16.55%	23.79%	2.41%	1.38%		100.00%
White	32.46%	19.55%	21.80%	23.85%	1.89%	0.33%	0.12%	100.00%
Total	34.73%	17.86%	19.98%	24.54%	2.37%	0.40%	0.11%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number and Percent of Blood Pressure Screenings by Age Group and Blood Pressure Level



San Diego County Only - Number of Participants According to Age Group by Blood Pressure Range

Age Group	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
18-24	372	91	73	28				566
25-44	776	360	305	298	17			1,760
45-64	633	391	485	635	61	11		2,219
65+	338	258	373	554	67	12		1,603
Decline to state	49	15	11	17				94
Total	2,168	1,115	1,247	1,532	148	25	7	6,242

Note: Participation counts five and under were omitted to mitigate privacy concerns.

San Diego County Only - Percent of Participants According to Age Group by Blood Pressure Range

Age Group	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
18-24	65.72%	16.08%	12.90%	4.95%	0.35%			100.00%
25-44	44.09%	20.45%	17.33%	16.93%	0.97%	0.06%	0.17%	100.00%
45-64	28.53%	17.62%	21.86%	28.62%	2.75%	0.50%	0.14%	100.00%
65+	21.09%	16.09%	23.27%	34.56%	4.18%	0.75%	0.06%	100.00%
Decline to state	52.13%	15.96%	11.70%	18.09%	1.06%	1.06%		100.00%
Total	34.73%	17.86%	19.98%	24.54%	2.37%	0.40%	0.11%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number and Percent of Blood Pressure Screenings by Age Group and Blood Pressure Level



Ama Tu Corazón Only - Number of Participants According to Age Group by Blood Pressure Range

Age Range	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	Total
18-24	6,678	1,206	474	283	17		8,659
25-44	10,669	3,128	1,481	1,052	72	17	16,419
45-64	7,859	3,884	2,998	3,019	234	59	18,053
65+	2,971	1,557	1,752	1,929	181	47	8,437
Decline to state	88	27	12	18			148
Total	28,265	9,802	6,717	6,301	507	124	51,716

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Ama Tu Corazón Only - Percent of Participants According to Age Group by Blood Pressure Range

Age Range	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	Total
18-24	77.12%	13.93%	5.47%	3.27%	0.20%	0.01%	100.00%
25-44	64.98%	19.05%	9.02%	6.41%	0.44%	0.10%	100.00%
45-64	43.53%	21.51%	16.61%	16.72%	1.30%	0.33%	100.00%
65+	35.21%	18.45%	20.77%	22.86%	2.15%	0.56%	100.00%
Decline to state	59.46%	18.24%	8.11%	12.16%	2.03%		100.00%
Total	54.65%	18.95%	12.99%	12.18%	0.98%	0.24%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number and Percent of Blood Pressure Screenings by HHSA Region and Blood Pressure Level



Number of Participants According to HHSA Region and Blood Pressure Range

HHSA Region	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
Central	366	184	231	303	21			1,111
East	254	151	172	222	24			828
North Central	372	180	137	142	16			849
North Coastal	396	167	239	228	30			1,065
North Inland	348	205	233	310	34			1,137
Not Matched to HHSA Regions	105	50	67	74				301
South	327	178	168	253	18	6		951
Total	2,168	1,115	1,247	1,532	148	25	7	6,242

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Percent of Participants According to HHSA Region and Blood Pressure Range

HHSA Region	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
Central	32.94%	16.56%	20.79%	27.27%	1.89%	0.45%	0.09%	100.00%
East	30.68%	18.24%	20.77%	26.81%	2.90%	0.60%		100.00%
North Central	43.82%	21.20%	16.14%	16.73%	1.88%	0.12%	0.12%	100.00%
North Coastal	37.18%	15.68%	22.44%	21.41%	2.82%	0.38%	0.09%	100.00%
North Inland	30.61%	18.03%	20.49%	27.26%	2.99%	0.35%	0.26%	100.00%
Not Matched to HHSA Regions	34.88%	16.61%	22.26%	24.58%	1.66%			100.00%
South	34.38%	18.72%	17.67%	26.60%	1.89%	0.63%	0.11%	100.00%
Total	34.73%	17.86%	19.98%	24.54%	2.37%	0.40%	0.11%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

301 Zip-Codes did not match a San Diego County HHSA Region.

Number and Percent of Blood Pressure Screenings - Healthy Places Index by Blood Pressure Level



San Diego County Only - Blood Pressure Screenings by HPI Priority and Blood Pressure Level Frequency

HPI - Priority	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
1	858	474	523	699	63	14		2,632
2	222	93	129	166	17			631
3	31	10	11	13				65
Healthy Zip Codes	1,057	538	584	654	68	7	6	2,914
Total	2,168	1,115	1,247	1,532	148	25	7	6,242

Healthy Places Index Ranking: 1=Least Healthy to 4=Most Healthy Zip Codes

Note: Participation counts five and under were omitted to mitigate privacy concerns.

San Diego County Only - Blood Pressure Screenings by HPI Priority and Blood Pressure Level Percent

HPI - Priority	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	7. Not Reported	Total
1	32.60%	18.01%	19.87%	26.56%	2.39%	0.53%	0.04%	100.00%
2	35.18%	14.74%	20.44%	26.31%	2.69%	0.63%		100.00%
3	47.69%	15.38%	16.92%	20.00%				100.00%
Healthy Zip Codes	36.27%	18.46%	20.04%	22.44%	2.33%	0.24%	0.21%	100.00%
Total	34.73%	17.86%	19.98%	24.54%	2.37%	0.40%	0.11%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number and Percent of Distributed Blood Pressure Monitors by Priority Zip-Code.



Number of Distributed Blood Pressure Monitors by Priority Zip-Code

Priority	No	Yes	Total
1	1,441	467	1,908
2	355	109	464
3	46		47
Healthy Zip Codes	1,690	413	2,103
Total	3,532	990	4,522

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Percent of Distributed Blood Pressure Monitors by Priority Zip-Code

Priority	No	Yes	Total
1	75.52%	24.48%	100.00%
2	76.51%	23.49%	100.00%
3	97.87%	2.13%	100.00%
Healthy Zip Codes	80.36%	19.64%	100.00%
Total	78.11%	21.89%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Blood Pressure Monitor Distribution by Number of Adult Household Members and Priority Zip-Code

# of Adult Household Member	1	2	3	Healthy Zip Codes	Total
1	64	17		71	152
2	115	27		130	273
3	61	19		77	157
4	32	17		53	102
5	14	9		16	39
6	10			9	22
7					4
8					2
9					2
Unknown	1,609	371	46	1,743	3,769
Total	1,908	464	47	2,103	4,522

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Blood Pressure Monitor Distribution by Number of Adult Household Members and Priority Zip-Code Percent

# of Adult Household Member	1	2	3	Healthy Zip Codes	Total
1	42.11%	11.18%		46.71%	100.00%
2	42.12%	9.89%	0.37%	47.62%	100.00%
3	38.85%	12.10%		49.04%	100.00%
4	31.37%	16.67%		51.96%	100.00%
5	35.90%	23.08%		41.03%	100.00%
6	45.45%	13.64%		40.91%	100.00%
7	50.00%	25.00%		25.00%	100.00%
8	50.00%			50.00%	100.00%
9				100.00%	100.00%
Unknown	42.69%	9.84%	1.22%	46.25%	100.00%
Total	42.19%	10.26%	1.04%	46.51%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Number of Participants by Specific Location in San Diego County



Location Site - LYH SD	Count
San Diego Blood Bank - North County	253
San Diego Blood Bank - East County Donor Center	247
San Diego Blood Bank - Sabre Springs	229
Sharp Memorial Hospital	206
CAL FIRE	195
San Diego Blood Bank - Chula Vista	193
San Diego Blood Bank - Coastal	191
San Diego Blood Bank - Gateway	176
Vista Unified School District	172
Watkins Wellness	143
San Diego Blood Bank - Liberty Station	134
TrueCare (Valpreda Rd)	124
Somali Family Service of San Diego	101
Central Public Health Center	93
San Diego Blood Bank Clairemont Donation	91
UEI College Oceanside	87
Health Sciences High Middle College	85
Oceanside High School	84
San Diego Mesa College Student Health Services	77
TrueCare Mission Mesa Pediatrics	76
SRPHC	75
San Diego Black Nurses Association (SDBNA) & Diverse Research Now (DRN)	70
Sharp Grossmont Hospital	70
Falck -Fourth District Seniors Resource Center	69
Marine Corps Base Camp Pendleton	69
Sharp Chula Vista Medical Center	64
County Operations Center - Bldg 5520	58
House of China	57
Park Avenue Center	55
San Diego City College - Student Health Clinic	54
Department of Child Support Services Central Region	53
Point Loma Nazarene University	53
California Schools VEBA	49
County of San Diego Child and Family Wellbeing	48
Bastyr University California	45
Hall of Justice	45
East Public Health Center	43
Southport Christian Center	43
South Bay Food Pantry	42
San Diego Blood Bank - Carmel Valley	40

Location Site - LYH SD	Count
Carlsbad Fire Department	39
Northgate Market #21 (43rd Street)	39
Vista Community Clinic (E Townsite Dr)	38
Rick Engineering	37
North Inland Public Health Center	36
San Ysidro Health Mobile Health Services	36
Karen Organization of San Diego	35
SunCoast Market Imperial Beach Farmers Market	34
County Administration Center - 2nd Floor Alcove	32
County Operations Center - Bldg 5530	32
National School District	32
HHSA/North Coastal FRC	30
San Diego County Office of Education/South Region Community Schools	30
TrueCare San Marcos	30
Imperial Beach Community Clinic	28
New Life Baptist Church	27
East GRG Symposium	26
Park De La Cruz	26
San Diego County Library - San Marcos branch	26
The Salvation Army Chula Vista Silvercrest	26
County Administration Center - East Plaza	25
The Salvation Army Kroc Center	25
Garfield High School	24
Rancho Santa Fe Branch Library	24
Migrant Education, San Diego County Office of Education	23
North Central Public Health Center	23
OPSAM Health Center (Highland Ave.)	23
Serving Seniors: Gary and Mary West Senior Wellness Center	23
Valley Center CERT	23
Responsive Medical Services	22
County Operations Center - Overlane Ave cul-de-sac	21
East County Regional Education Center	21
Spring Valley Branch Library	21
City of La Mesa Adult Enrichment Center	20
HHSA Live Well Center (Ocean Ranch Blvd.)	20
Potrero Elementary School	20
Potter Jr. High School, Fallbrook Union Elementary School District	19
SDUSD-Morse High School	19
American Medical Response	18
Copley-Price Family YMCA	18

Number of Participants by Specific Location in San Diego County, Out of County and LYH @ Home



Location Site - LYH SD	Count
County Operations Center - Bldg 5560	18
Del Mar Community Connections	18
Northgate Market #27 (Chula Vista)	18
Rancho San Diego Library	18
Serving Seniors: Harris Family Senior Residence	18
Stronger Together Community Services	18
Villa Escondido/ ATAP Family Services	18
UCSD APhA-ASP/CPhA Student Chapter (hosting site at Rite Aid #5644)	17
Bonita-Sunnyside Library	16
CRSD Aquatic Center National City CA	16
Elderhelp of San Diego	16
Mexican Consulate	16
Northgate Market #26 (Coronado Avenue)	16
Ohr Shalom Synagogue	16
Project Access- Paradise Valley Rd	16
Survivors of Torture, International	16
The Salvation Army El Cajon Silvercrest Senior Residences	16
Vista Community Clinic (E Vista Way)	16
Chula Vista Public Library South Branch	15
East Region Leadership Team Meeting	15
Episcopal Community Services	15
Fallbrook Regional Health District	15
Hope Through Housing Foundation (Maxson St.)	15
Second Chance	15
Villa de Vida	15
San Diego County Office of Education/Monarch School	14
Serving Seniors: Potiker City Heights Residence	14
Sharp Coronado Hospital Outpatient Pharmacy	14
Bayside Community Center	13
Community Resource Center	13
Dan McKinney Family YMCA in LaJolla	13
La Paloma Elementary School	13
Ramona H.E.A.R.T. Mural Project, Inc.	13
South Foot Team	13
The Winston School of San Diego	13
Imperial Beach Branch Library	12
San Marcos Fire Department/San Marcos Senior Center	12
Southeast Disaster Response Team Meeting	12
Vintage Point II	12

Note: Participation counts five and under were omitted to minimize privacy concerns.

Location Site - LYH SD	Count
American Medical Response - Surje Coffee Company at The Gallery	11
Central Region Community Leadership Team	11
Grossmont Healthcare District	11
Julian Library	11
Juniper Senior Village/ HOPE through Housing Foundation	11
Lakeside Branch Library	11
National City Adult School	11
Project Access (Beardsley St.)	11
San Diego County Library, Solana Beach Branch	11
The San Diego LGBT Community Center	11
Bella Mente Montessori Academy	10
Church of Jesus Christ of Latter-day Saints	10
City of Santee	10
Fallbrook Union Elementary School District	10
Multicultural Health Foundation	10
OPSAM Health Center (Carmel Mountain)	10
San Diego County Library, La Mesa Branch	10
Serving Seniors: Potiker Family Senior Residence	10
AMR - National City Library Community Room	9
City of Lemon Grove	9
North Central Community Leadership Team Meeting	9
Poway Library	9
Sharp Coronado Hospital at Spreckels Center	9
Backcountry Communities Thriving	8
Cape Cod Housing	8
Heart & Wellness Center	8
Hope Through Housing Foundation (Park Haven)	8
North Foot Team	8
Northgate Market #36 (University Avenue)	8
Pine Valley Library	8
San Diego County Office of Education, 37ECB Community School	8
Serving Seniors: New Palace Hotel Apartments	8
City Heights Multicultural Festival	7
Grocery Outlet of Lakeside	7
Maryland Elementary School	7
OPSAM Health Mira Mesa Medical	7
Pacific Housing, Inc. (Jamacha Rd)	7
El Cajon Branch Library	6
Global Communities Healthy Start & Lactation Equity Program	6
Griswold Home Care for North San Diego	6

Location Site - LYH SD	Count
San Diego County Library Alpine Branch	6
Valley Senior Village/HOPE through Housing Foundation	6

6,242
Screenings (#) LYH - SD Only

191
Location Sites (#) in the LYH - SD Only

Location Site - LYH - Out of County	Count
Douglas Government Building / Cochise County Health Department	12
Southern California Blood Bank - Irvine	109
Total	121

Location Site - LYH @ Home	Count
Ama Tu Corazón en Casa	14
LYH @ Home	23
Total	37

Number of Blood Pressure Screenings by Blood Pressure Level - Listed by Location (Mexican State OR Ventanillas De Salud Organized by Mexican Consulates in the United States)



Ama Tu Corazón Only - Number of Participants According to Location and Blood Pressure Range

State	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	Total
Arizona	172	103	135	179	14		606
Baja California	1,347	672	499	502	32	19	3,071
California	230	179	155	115	21		703
Chihuahua	1,026	558	427	329	39		2,384
Coahuila	1,598	594	545	450	24	31	3,242
Idaho	18	10	15	17			60
Kansas	20	10	10	14			54
Nuevo León	15,233	3,781	1,864	1,625	102	14	22,619
Sonora	6,994	3,345	2,631	2,661	251	42	15,924
Tamaulipas	1,235	284	165	100	9		1,793
Texas	306	218	221	252	7	6	1,010
Utah	12			8			26
Washington	23	7	14	14			58
Washington DC	38	26	28	25	7		124
Wisconsin	13	14		10			42
Total	28,265	9,802	6,717	6,301	507	124	51,716

Note: Participation counts five and under were omitted to mitigate privacy concerns.

Note: Screenings for Ama Tu Corazón in the United States were collected through Ventanillas de Salud organized by Mexican Consulates.

Percent of Blood Pressure Screenings by Blood Pressure Level - Listed by Location (Mexican State OR Ventanillas De Salud Organized by Mexican Consulates in the United States)



Ama Tu Corazón Only - Percent of Participants According to Location and Blood Pressure Range

State	1. Normal	2. Pre-hypertension	3. Hypertension Stage 1	4. Hypertension Stage 2	5. Hypertensive Urgency	6. Hypertensive Emergency	Total
Arizona	28.38%	17.00%	22.28%	29.54%	2.31%	0.50%	100.00%
Baja California	43.86%	21.88%	16.25%	16.35%	1.04%	0.62%	100.00%
California	32.72%	25.46%	22.05%	16.36%	2.99%	0.43%	100.00%
Chihuahua	43.04%	23.41%	17.91%	13.80%	1.64%	0.21%	100.00%
Coahuila	49.29%	18.32%	16.81%	13.88%	0.74%	0.96%	100.00%
Idaho	30.00%	16.67%	25.00%	28.33%			100.00%
Kansas	37.04%	18.52%	18.52%	25.93%			100.00%
Nuevo León	67.35%	16.72%	8.24%	7.18%	0.45%	0.06%	100.00%
Sonora	43.92%	21.01%	16.52%	16.71%	1.58%	0.26%	100.00%
Tamaulipas	68.88%	15.84%	9.20%	5.58%	0.50%		100.00%
Texas	30.30%	21.58%	21.88%	24.95%	0.69%	0.59%	100.00%
Utah	46.15%	3.85%	11.54%	30.77%	3.85%	3.85%	100.00%
Washington	39.66%	12.07%	24.14%	24.14%			100.00%
Washington DC	30.65%	20.97%	22.58%	20.16%	5.65%		100.00%
Wisconsin	30.95%	33.33%	11.90%	23.81%			100.00%
Total	54.65%	18.95%	12.99%	12.18%	0.98%	0.24%	100.00%

Note: Percentages are row % among known totals in the corresponding rows.

Note: Screenings for Ama Tu Corazón in the United States were collected through Ventanillas de Salud organized by Mexican Consulates.