

Live Well on Wheels (Live WoW) County of San Diego Service List

Service	Description
Aging & Independence Services	<p>Aging & Independence Services (AIS) provides programs and services to help older adults and persons living with disabilities to stay safe, healthy, engaged, and as independent as possible. They offer programs, education, and resources related to fitness, brain health, caregiving, volunteering, elder abuse education, mental health, and intergenerational work.</p>
CalFresh Healthy Living: Nutrition Education	<p>The CalFresh Healthy Living program provides nutrition education and interventions for underserved communities to support the likelihood that individuals will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and U.S. Department of Agriculture food guidance.</p>
Child and Family Well-Being Services	<p>Child and Family Well-Being (CFWB) offer services that help families connect to CWS programs, services, and support, so that “Every child grows up safe and nurtured.” The CFWB Community Outreach Liaison is available to provide fostering and adoptive services such as family and caregiver trainings and other behavioral health needs such as substance abuse treatment services.</p>
First 5 San Diego Resources	<p>First 5 San Diego promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age. The services provided are:</p> <ul style="list-style-type: none"> • Developmental checkups and services • Dental care • Quality preschool, early education and literacy programs • Home visiting services and other family support services
Health Education, Blood Pressure	<p>Health Education: Pharmacists from Medical Care Services (MCS), County of San Diego Health & Human Services Agency can offer comprehensive health education that provides essential insights, tips, and valuable learning experiences to empower the community to live healthy, thriving lives.</p>



Screening, and Naloxone Distribution	<p>Services focus on any of the following:</p> <ul style="list-style-type: none">• Understanding and Managing Chronic Diseases:<ul style="list-style-type: none">○ Diabetes (high blood sugar)○ High cholesterol○ Hypertension (high blood pressure)○ Behavioral health• Strategies for Prevention of:<ul style="list-style-type: none">○ Stroke○ Heart disease○ Fall prevention○ Poison control○ Smoking cessation○ Promoting healthy living <p>Blood Pressure Screening: MCS pharmacists can conduct blood pressure screening and offer education on medications, tips for maintaining a healthy blood pressure, and dietary recommendations.</p> <p>Naloxone Distribution and Education: MCS pharmacists offer distribution of Naloxone nasal spray, an essential opioid overdose reversal agent, along with training, and comprehensive education.</p>
Housing and Community Development Services	<p>The Housing Authority of the County of San Diego (HACSD) provides rental assistance to low-income families through the Housing Choice Voucher (HCV) Program. HACSD serves the most vulnerable populations; those who may be experiencing homelessness or at risk of homelessness, elderly and disabled families, and veterans.</p> <p>The services provided are:</p> <ul style="list-style-type: none">• Answer questions and educate current landlords and prospective landlords interested in participating in the program• Assisting prospective applicants completing an application• Answering general questions related to Section 8 and other Programs• Inquires on existing cases• Resources for current participants on incentive programs
	<p>The Community Health Engagement Team (CHET) provides information on general County services and resources. The CHET team provides outreach and tabling on several programs such as:</p> <ul style="list-style-type: none">• Nutrition education and obesity prevention• Public health programs, resources for the community





Information on General County Services & Resources	<ul style="list-style-type: none">• Behavioral health services and mental health programs• Grandparents Raising Grandchildren, Kinship Care Provider, and intergenerational programming and information• COVID-19• Upcoming County of San Diego community events
Military and Veterans Resources	<p>The Office of Military & Veterans Affairs provides professional services for military veterans and their dependents and survivors who are entitled to benefits from the United States Department of Veterans Affairs, the State of California, and other agencies as applicable.</p>
Office of Immigrant and Refugee Affairs	<p>The Office of Immigrant and Refugee Affairs (OIRA) connects immigrants and refugees with County and community resources regardless of their immigration status.</p> <ul style="list-style-type: none">• Through Refugee Employment Services, OIRA connects families with employment focused services to assist them in achieving self-sufficiency through employment within the first 60 months after arrival to the USA• Provide Medi-Cal program enrollment assistance• Connect residents to Immigrant Rights Legal Defense Program
Public Benefits Information / Services (CalFresh, Medi-Cal, CalWorks)	<p>The Hospital and Community Support Services (HCSS) provides public benefits support which includes:</p> <ul style="list-style-type: none">• Outreach on CalFresh and Medi-Cal programs• Applying for CalFresh and Medi-Cal benefits• Providing EBT cards & EBT PIN issuance• Inquiries on existing cases
Registrar of Voters	<p>The Registrar of Voters (ROV) provides several services at outreach events such as:</p> <ul style="list-style-type: none">• Check registration status• Check party affiliation and districts• Register adults to vote and pre-register 16 and 17 years-old adolescents to vote• Distribute flyers with upcoming elections dates and information about various parties• Hand out registration reports and election results• Share community calendar where all outreach events are listed





San Diego County Library Outreach	<p>The San Diego County Library provides a wide range of programming for customers of all ages.</p> <ul style="list-style-type: none">• Online Library High School- earn your high school diploma• Digital resources for resumes, career search, language learning, student materials, homework help, veteran’s service• Books, DVDs, compact discs, downloadable audiobooks, and magazines are available to the public. The library carries materials in a variety of languages• Storytimes and family events• Citizenship classes• Volunteer opportunities• Print/copy/scan- subject to fees
The Office of Homeless Solutions	<p>The Office of Homeless Solutions (OHS) coordinates outreach, case management, and cross-threading of programs for people at risk or experiencing homelessness. OHS offers the following services to the community:</p> <ul style="list-style-type: none">• Case management and housing navigation support• Connections to community resources and social services
Vaccines	<p>Please inquire about vaccines that may be available</p>
Vector Control Services	<p>The Vector Control Services works to protect the public from vectors and the diseases they transmit. The Vector Control Program (VCP) provides services such as:</p> <ul style="list-style-type: none">• Survey diseases carried by vectors: rats, mosquitos, ticks, etc• Respond to public requests for vector inspections• Provide free fish that eat mosquito larvae, rat control starter kit• Promote outreach and educate the public about vectors and diseases they transmit

For more information contact: *Live Well San Diego* Support Team at LWSD.HHSA@sdcounty.ca.gov

