

K-12 TELEBRIEFING



August 27, 2024

Welcome!



SUBJECT MATTER EXPERTS



Dr. Beatty

Assistant Medical Director
County of San Diego



Tracy Schmidt

Director of Safety and
Student Engagement, SDCOE



Corinne McCarthy

Coordinator, School Nursing
SDCOE



Dr. Taras

Physician Consultant
SDCOE

SPECIAL GUEST



John Licas

Health Information Specialist II
Public Health Services
Epidemiology and Immunization
Services Branch

EDUCATION SECTOR TEAM



Nicole Villa



Allison Hirahara



Hanna Davarmanesh



Joe Nelson



Jen Levy

AGENDA



Agenda Item	Speaker/Presenter
Welcome, Introductions, & Announcements	Nicole Villa
National Immunization Awareness Month	John Licas
Working with Local Healthcare Providers	Dr. Taras
Epi & Medical Updates	Dr. Beatty
SDCOE Updates	Tracy
Q&A Session	All Panelists

Remembering Dr. John (JD) Malone





Announcements



**Enter a drawing for
one of four
\$50 gift cards!**

*Click
Here!*



The online survey is open until
September 6, 2024
*Survey available in English,
Spanish version is coming soon.*

Hospitals want your feedback!

You're invited to participate in a quick 10-minute survey for the San Diego County 2025 Community Health Needs Assessment (CHNA). Your input plays a crucial role in helping hospitals understand and address the health and social needs of our communities.



*This is an anonymous survey for those aged 18 and older.
Your responses are confidential.*



<https://www.surveymonkey.com/r/2025CHNA>



2025 Community Health Needs Assessment

<https://www.surveymonkey.com/r/2025CHNA>

Transit Reduced Fare Verification



PRONTO  **Reduced Fare Verification**
Step-by-Step Instructions

 Many Senior, Disabled and Medicare (SDM) and Youth riders have temporary access to discounted and free fares on their PRONTO card. In order to keep riding with a free or discounted (including the Youth Opportunity Pass), **riders must provide proof of their age (seniors and youth) or other eligibility for a discounted fare (disabled riders and Medicare recipients) before January 31, 2025.**



Many senior, disabled, Medicare, and youth riders have temporary access to discounted and free fares on their PRONTO card.

To keep riding with a free or discounted pass, riders must provide proof of their age (seniors and youth) or other eligibility for a discounted fare (disabled riders and Medicare recipients) before **January 31, 2025.**

[PRONTO Reduced Fare Online Application FAQ](#)

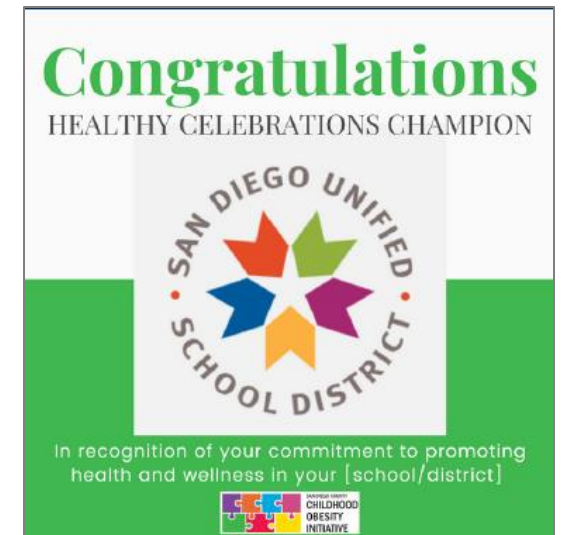
Healthy School Celebrations Recognition



The San Diego County Childhood Obesity Initiative is recognizing schools and districts that have adopted and implemented a [healthy celebrations](#) policy or procedure for their students and/or staff.

Recognized schools will receive:

- A certificate from COI recognizing them as a Healthy School Celebrations Champion
- A social media post on COI's social media platforms



[Nominate a school or district for their Healthy School Celebrations](#)

Live WoW & Vaccine Clinics



Live Well on Wheels

The Live Well on Wheels (Live WoW) bus provides San Diego County residents access to a variety of health and community services – on the go!

Request the bus today!



ABOUT US



Champions For Health is committed to enhancing community health by offering accessible vaccination services. As a nonprofit, we collaborate with local communities, schools, and organizations to host free vaccine clinics for individuals of all age groups. Our devoted team of healthcare experts strives to guarantee that essential vaccines are accessible to everyone, irrespective of insurance coverage or immigration status. Join us in our endeavor to advocate for health and wellness for everyone!



SCAN HERE FOR MORE INFORMATION



CONTACT INFORMATION

 Junley De Lara
 619-880-1641
 school.vax@ChampionsFH.org



**SCHOOL LOCATED
VACCINE EVENTS
(SLVE)**



EMPOWERING
COMMUNITIES,
ONE VACCINE
AT A TIME

The [Live Well on Wheels Bus](#) or ([Live WoW](#)) is a free, mobile office that brings a variety of health and community services to you. Visit the website to learn more about [available services](#) and [request the bus!](#)

[Champions for Health](#) is offering immunizations in partnership with the County of San Diego Health and Human Services Administration.

Interested in hosting a site? Complete the [Immunization Clinic Interest Form.](#)

Community Health & Vaccine Clinics



Join us for FREE Health Screenings and Vaccines!



COMMUNITY HEALTH AND WELLNESS CLINIC

**September 26 and
October 10**

3:00 PM - 6:00 PM

Spring Valley Library

836 Kempton Street, Spring Valley,
CA 91977



On **September 26 and October 10** from 3:00 PM – 6:00 PM, UC San Diego School of Pharmacy and San Diego County Library will host free Community Health and Wellness clinics at the Spring Valley Library.

They will offer blood pressure and blood glucose screenings, COVID-19 vaccines, behavioral health resources, public benefits, and information about general County resources.

Live Well Advance and School Summit



SAVE THE DATE!

Thursday, November 21, 2024
San Diego Convention Center
8:00 am - 5:00 pm

[Live Well Advance and School Summit Flyer](#)

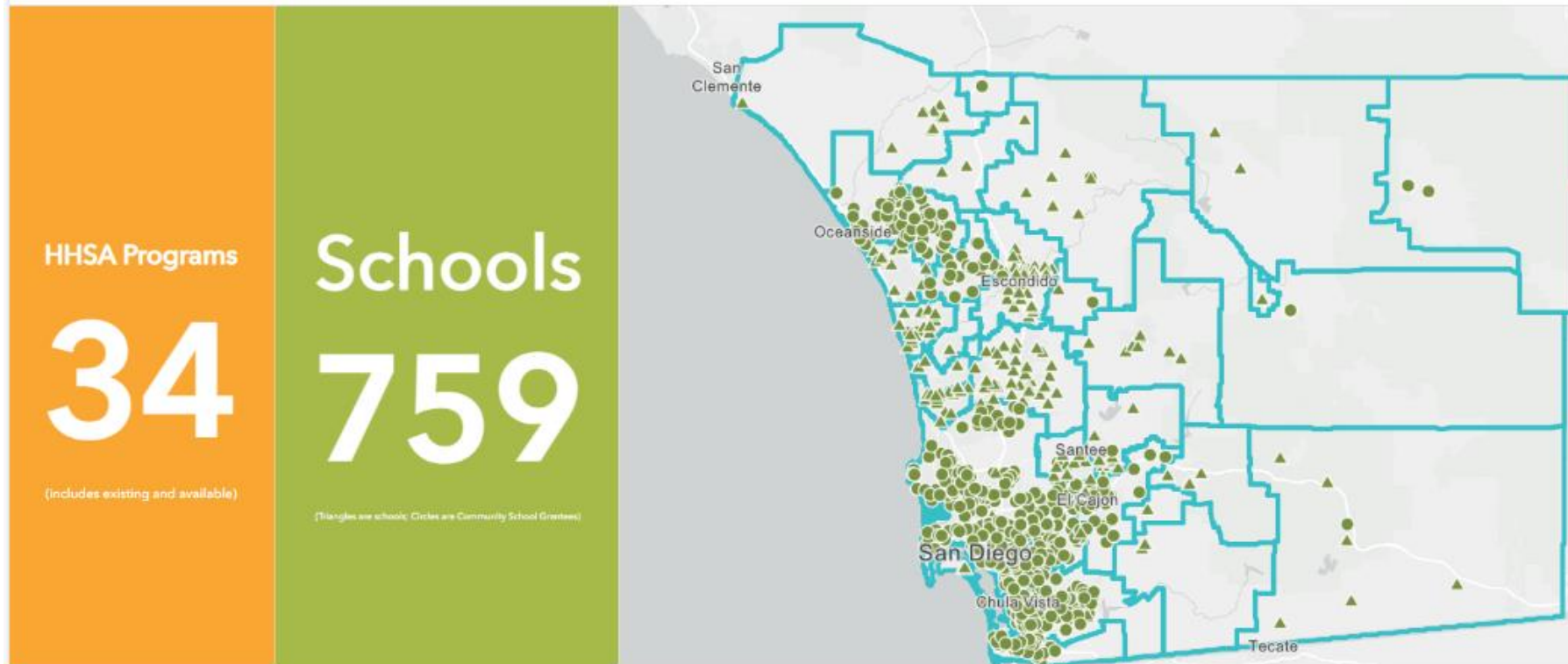
[Apply to be an Exhibitor](#)

Applications are due
September 20, 2024

Live Well Schools Map



The Live Well Schools Map shows the list of HHSA programs in, and available to, a particular district or school and who to contact for more information.



Explore the Map at [Live Well Schools Program Map | Live Well San Diego](https://livewellsd.org) (livewellsd.org)

Tools for Schools



Tools For Schools

Font Size: + -

+ Share & Bookmark Feedback Print



Don't forget to use the online searchable database with 500+ valuable resources

Visit these tools at [Tools For Schools | Live Well San Diego](https://www.livewellsd.org)
([livewellsd.org](https://www.livewellsd.org))

Live Well Schools created a searchable resource database at the request of school partners needing an easier way to find free or low-cost resources that are the most helpful in meeting immediate needs and to guide long-term planning.

Ready to Respond: Life Saving Skills for Schools

A vertical poster for a training event. At the top, it says "Live Well San Diego EDUCATION SECTOR" with a stack of books icon. Below that, it says "Join us for a hands-on training" and "READY TO RESPOND: LIFE-SAVING SKILLS FOR SCHOOLS". The date and time are "Thursday, September 19, 3:00 - 5:30 PM" at the "Southeastern Live Well Center, 5101 Market St, San Diego, CA 92114". A list of topics includes "Stop the Bleed", "Hands-Only CPR", and "AED, Naloxone, and Epi-Pen administration". At the bottom, it says "Click here or scan the QR code to register" and "Space is limited, register today!". There is a QR code and an email address: "Email LiveWellEducation@sdcounty.ca.gov with questions". The logo for the "san diego county office of EDUCATION" is also present.

Live Well San Diego
EDUCATION SECTOR

Join us for a hands-on training

**READY TO RESPOND:
LIFE-SAVING SKILLS
FOR SCHOOLS**

Thursday, September 19, 3:00 - 5:30 PM
Southeastern Live Well Center
5101 Market St, San Diego, CA 92114

This no-cost training will include:

- Stop the Bleed
- Hands-Only CPR
- AED, Naloxone, and Epi-Pen administration

Click here or scan the QR code to register
Space is limited, register today!

Email LiveWellEducation@sdcounty.ca.gov with questions

On Thursday, **September 19** from **3:00 PM** – **5:30 PM** at the Southeastern Live Well Center, the Education Sector and SDCOE will host Ready to Respond: Life-Saving Skills for School.

This no-cost training for school staff will include Stop the Bleed; Hands-Only CPR; and AED, Naloxone, and Epi-Pen administration.

Space is limited, [register today!](#)

National Immunization Awareness Month (NIAM) HPV Vaccine Week

EISB | John Licas
Health Information Specialist II



NIAM

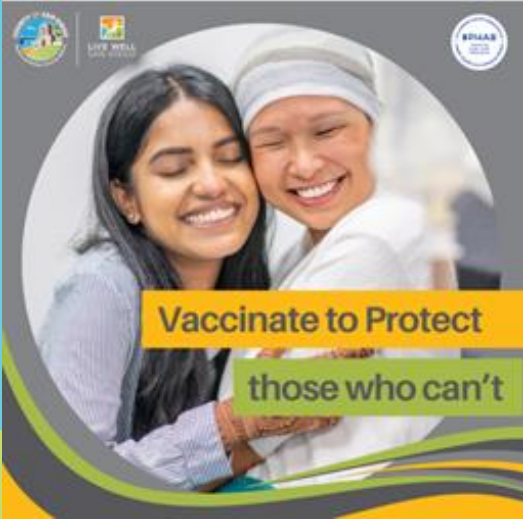
August is National Immunization Awareness Month (#NIAM) and August 4-10 is HPV Vaccine Awareness Week. The County of San Diego wants to remind everyone of the critical role vaccinations have in protecting our health and the health of the community.

Campaign materials can be found on our [National Immunization Awareness Month Webpage](#) to help promote NIAM:

- Drop in Article
- Infographic
- Social Media Messages
- HPV Vaccine Week Resources



CAMPAIGN MATERIALS: Social Media Messages



Social Media Messages – Share these immunization awareness messages with the community through different social media platforms.

Date	Message	Image
<p>Week 1 August 1-3</p> <p>Intro Vaccine Message</p>	<p>August is National Immunization Awareness Month (NIAM) and August 4-10 is HPV Vaccine Week. Vaccines are needed throughout your life. Make sure you are up to date on your vaccines!</p> <p>#ivax2protect #NIAM</p> <p>Learn more at https://tinyurl.com/ImmunizationMonth-SD</p>	



CAMPAIGN MATERIALS: Drop in Article & Infographic


NATIONAL IMMUNIZATION AWARENESS MONTH

National Immunization Awareness Month (NIAM) is observed in the month of August to highlight the importance of routine vaccinations for people of all ages and stages. The County of San Diego asks medical providers to continue to inform families on the importance of vaccines and answer their questions about vaccine safety. Patients who feel their concerns are heard, receive education, and have their questions answered are more likely to feel empowered when choosing to get a vaccine.

Staying up to date with the most current information, as per [Centers for Disease Control and Prevention](#) guidelines, to address and reinforce vaccine confidence promotes informed decision-making among healthcare teams and patients. NIAM provides a spotlight and opportunity for providers to provide encouragement and support to patients for vaccination in your practice. The sharing of clear and accurate information about the latest vaccine recommendations benefits people from all walks of life:

- Vaccines are recommended for **pregnant women** to provide protection from diseases during pregnancy and after birth for both mother and baby.
- **Infants** cannot fight diseases on their own. They need vaccines at birth, 2, 4, 6, and 12-15 months. Once fully vaccinated, infants are protected from 14 serious diseases.
- Some vaccines require multiple doses to build immunity. **Young children** ages 2-6 should receive additional vaccines for the best protection.
- **Children and adolescents** are active at school, sports, and other activities and need vaccines to protect them from illness. California schools are required to check immunization records and make sure all immunizations are up to date.
- **HPV Vaccine Week**, August 4-10, 2024, provides an opportunity to promote HPV vaccinations in adolescents.
- Vaccines and boosters are needed for **adults** to keep them protected. The protection provided by vaccines wears off over time. Additional vaccines may also be recommended based on a person's job, lifestyle, or travel plans.
- **Older adults** struggle to fight off infections and are more likely to get sick. They may also have health conditions that increase their risk of severe illness. Vaccines increase immunity to help keep them healthy.
- **Travel** vaccine resources and clinics are available in San Diego to keep our adventurers safe when traveling out of the country to destinations. It is recommended travelers to look over immunization requirements and/or recommendations when planning a trip, and for people to consult with their healthcare provider.

Promoting vaccinations contributes to the Live Well San Diego vision of creating a Healthy, Safe, and Thriving region.



7/29/2024

AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH (NIAM)

NIAM highlights the importance of routine vaccinations for people of all ages and stages.

NIAM is an opportunity for people to have conversations with their provider about vaccines.

By getting vaccinated, you can protect yourself and also avoid spreading preventable diseases to other people in your community.

Clear and accurate information about the latest vaccine recommendations helps people from all walks of life make the right choices.

Adult vaccination rates in the United States are low, and most adults are not aware that they need vaccines.

THERE IS UNITY IN IMMUNITY



7/23/2024

Drop In Article – Share this short document to help providers learn more about NIAM and why it is promoted.

Infographic - Share this visual document that outlines the purpose of the campaign.



CAMPAIGN MATERIALS: **California HPV Vaccine Week Materials**

California HPV Vaccine week is an annual observance held the first full week of August. The goal of this campaign is to increase awareness of the HPV vaccine and promote the vaccination of adolescents ages 9-13.

California HPV Vaccine Week is a great way for families, providers, coalitions supporting children's health, and local health departments to get out the message about the importance of the HPV vaccine as cancer prevention.

Older Children and Teens Vaccine Recommendations

- Tdap vaccine to protect against tetanus, diphtheria, and whooping cough (pertussis)
- HPV (human papillomavirus) vaccine to protect against cancers caused by HPV
- Meningococcal conjugate vaccine (MenACWY) to protect against the devastating effects of bacterial meningitis; teens and young adults may also be vaccinated with a serogroup B meningococcal vaccine
- Flu vaccine every year to protect against influenza
- COVID-19 vaccine for children ages 6 months and older



Older children and teens need vaccines too!

2024 Recommended Immunizations for Children 7–18 Years Old

Want to learn more?
Scan this QR code to find out which
vaccines your child might need. Or visit
www.cdc.gov/vaccines/tool/teen.html



RECOMMENDED VACCINES	7 YEARS	8 YEARS	9 YEARS	10 YEARS	11 YEARS	12 YEARS	13 YEARS	14 YEARS	15 YEARS	16 YEARS	17 YEARS	18 YEARS
HPV			ALL children in age group can get the vaccine		ALL children in age group should get the vaccine							
Tdap ¹					ALL children in age group should get the vaccine							
Meningococcal ACWY					ALL children in age group should get the vaccine					SOME children in age group should get the vaccine		
Meningococcal B										Parents/caregivers should talk to their health care provider to decide if this vaccine is right for their child		
Influenza/Flu	Every year. Two doses for some children		Every year									
COVID-19	At least 1 dose of the current COVID-19 vaccine											
RSV					If pregnant during RSV season							
Mpox												SOME children in age group should get the vaccine
Dengue			ONLY if living in a place where dengue is common AND has laboratory test confirming past dengue infection									

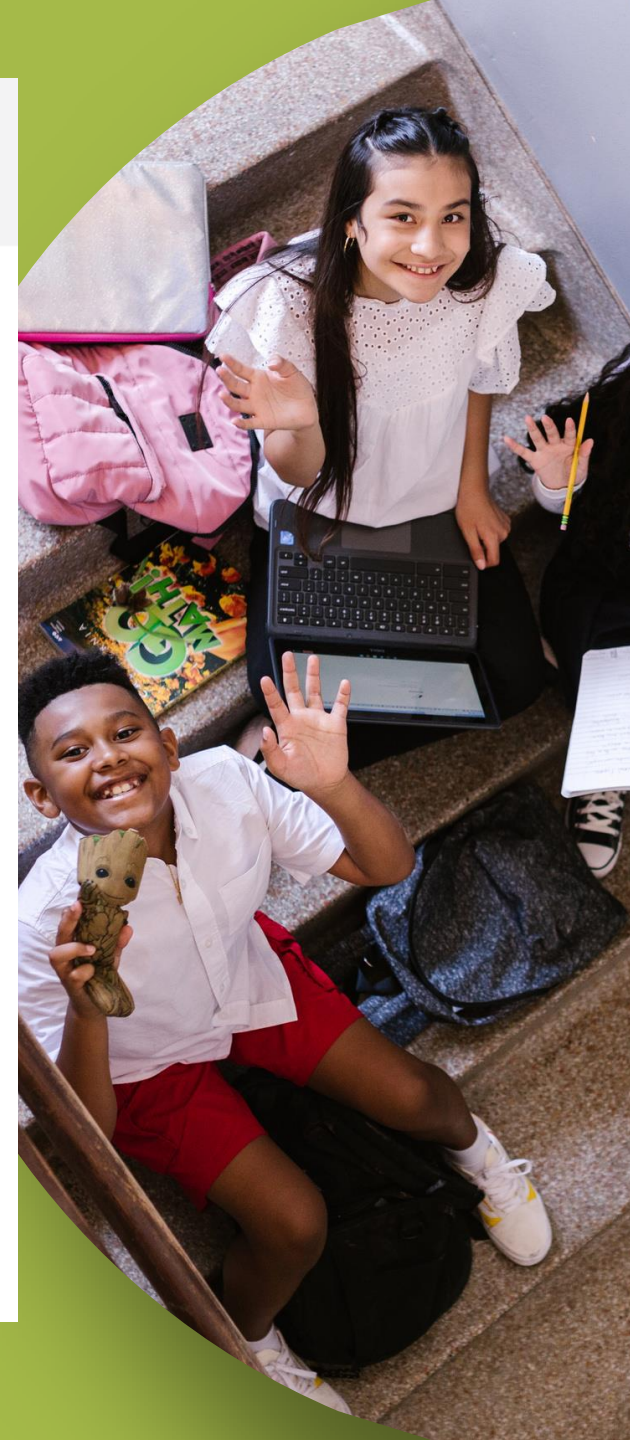
¹ One dose of Tdap is recommended during each pregnancy

KEY

-  ALL children in age group should get the vaccine
-  SOME children in age group should get the vaccine
-  ALL children in age group can get the vaccine
-  Parents/caregivers should talk to their health care provider to decide if this vaccine is right for their child

Talk to your child's health care provider for more guidance if:

1. Your child has any medical condition that puts them at higher risk for infection or is pregnant.
2. Your child is traveling outside the United States.
3. Your child misses any vaccine recommended for their age or for babies and young children.



Vaccine Requirements for Students in Grades TK/K-12 and School Staff & Volunteers

California immunization laws require TK/K-12 students to show proof of immunizations before starting school. These laws apply to children in both in-person and remote learning environments. Additional vaccines are needed for advancement to 7th grade (or for all grades for newly admitted students.)

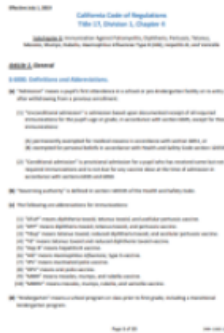
Below is a breakdown of immunization requirements for children, staff, and volunteers.

TK/K-12 Students

Students in grades TK/K-12 are required to show proof of the following vaccines:

- **DTap, DTP, Tdap, or Td**
- **Polio**
- **Hepatitis B**
- **MMR (Measles, Mumps, Rubella)**
- **Varicella**

Immunizations Required for TK/K-12



Reference document about required immunizations for childcare/preschool facilities and schools.

7th Grade Advancement

The following additional vaccines are required for students advancing to 7th grade (or for students of any grade that are newly admitted, including students from out of state.)

- **Tdap**
- **Varicella**

Ready for 7th Grade Handout (Spanish)



Flyer about immunization requirements for 7th grade advancement.

Visit the California Department of Public Health (CDPH) Immunization Branch Shots Required for TK/K-12 and 7th Grade web page for more information.





**THANK
YOU**



Working with
local
healthcare
providers

Districts: Please do not insist on health forms having *your district's logo* or even format.

- **if the information is adequately complete, accept the information in any format**

Districts: Please do not insist that the beginning of the school year always requires new health information.

- **if the information from last year is recent enough, allow medical orders to be valid for a full calendar year.**
- 



Medical Updates

Dr. Beatty

RESPIRATORY VIRUS UPDATE



COVID-19

Cases
7,742

Deaths
21

Outbreaks*
44

6/30/2024 – 8/3/2024

August 8, 2024

Influenza

Cases
395

Deaths
3

Outbreaks*
1

6/30/2024 – 8/3/2024

RSV

Cases
25

Deaths
0

Outbreaks*
0

6/30/2024 – 8/3/2024

*In residential congregate settings

[Respiratory Virus Surveillance Report](#)

Figure 1.1. San Diego County COVID-19 Confirmed and Probable Cases (N=7,742)

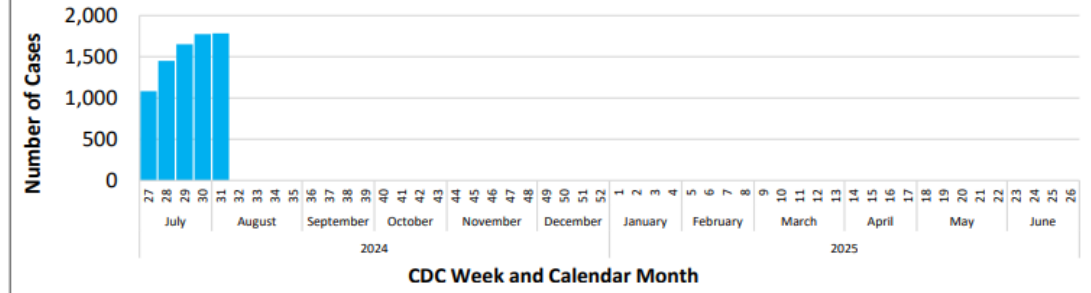


Figure 1.2. San Diego County Influenza Cases (N=395)

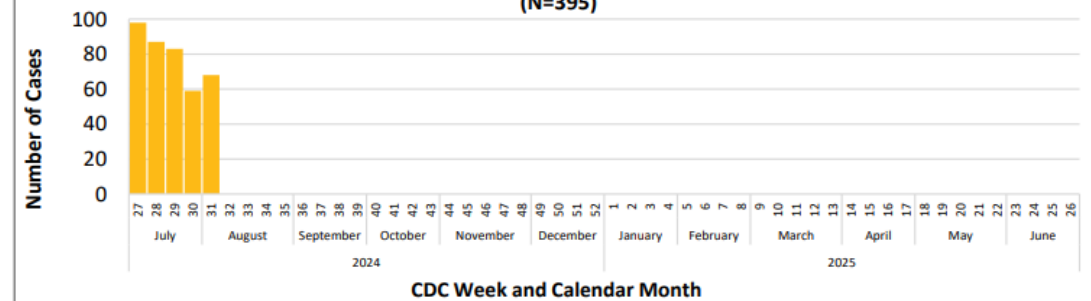
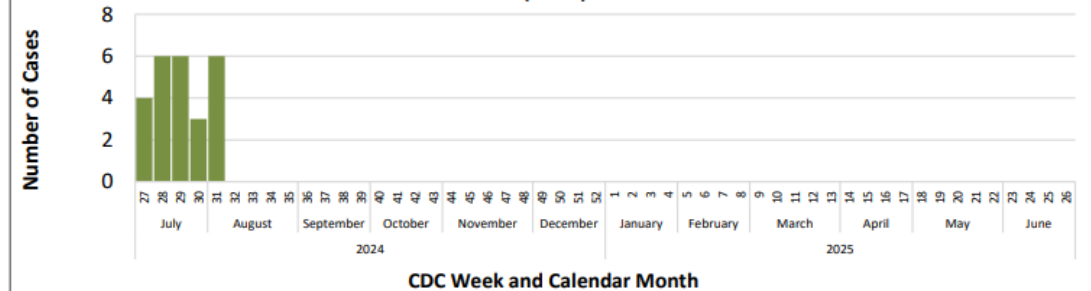


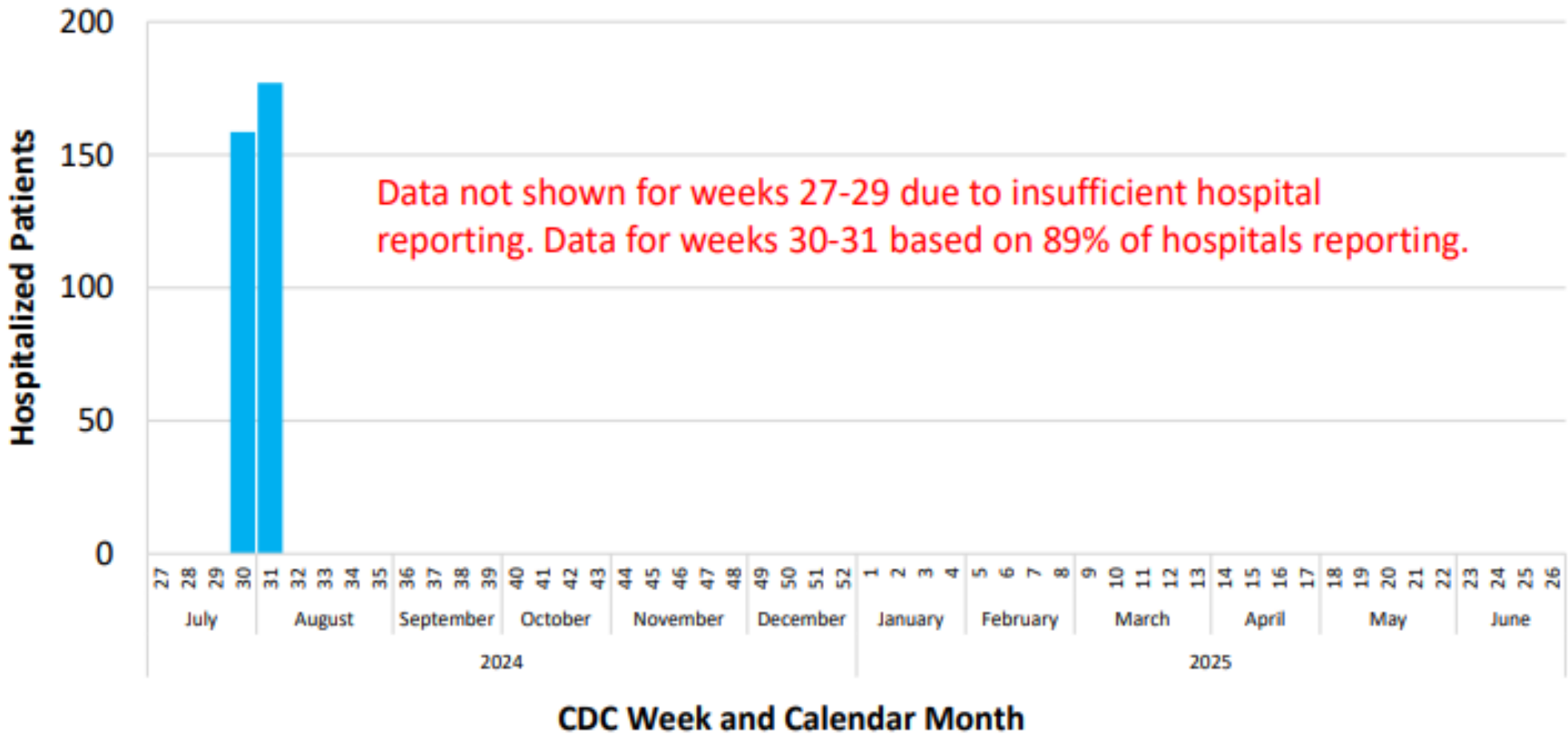
Figure 1.3. San Diego County RSV Cases (N=25)



HOSPITALIZATIONS



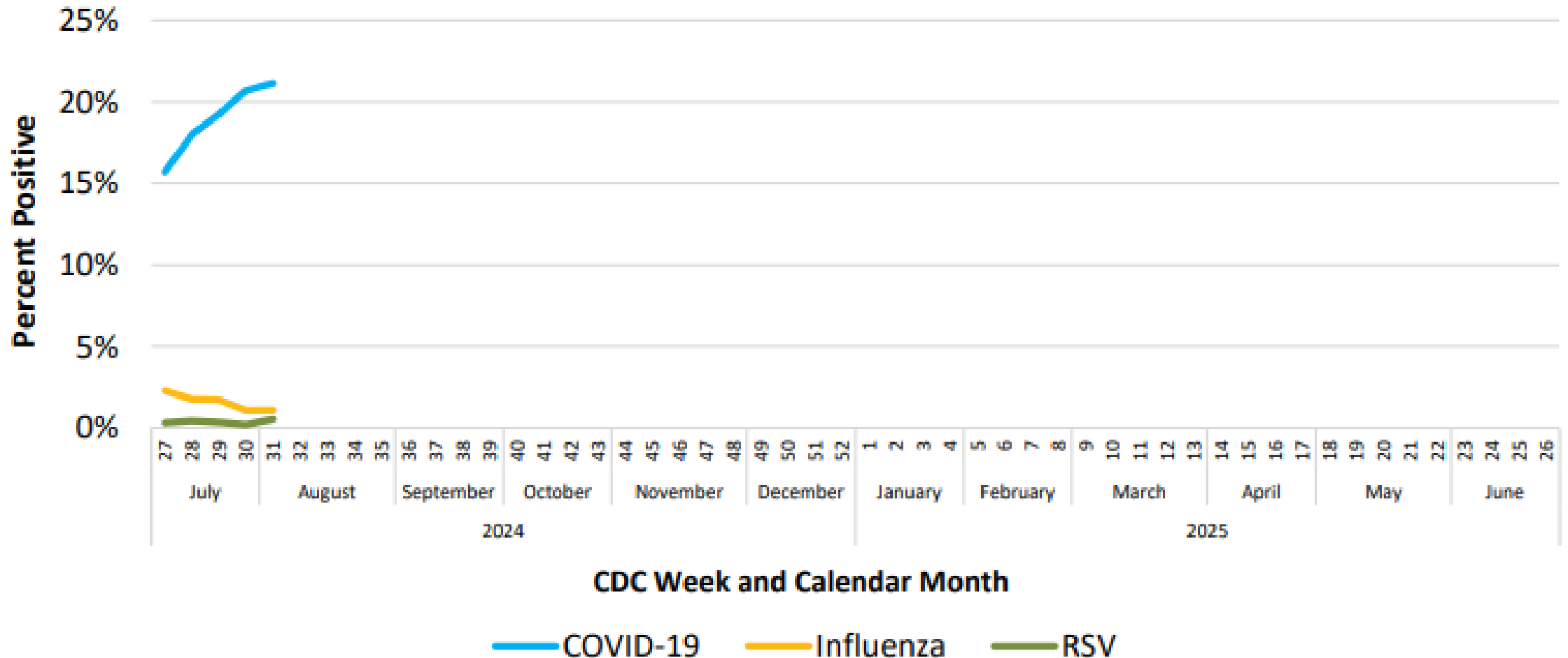
Figure 3. COVID-19-Positive Hospitalized Patients, Weekly Average Census*, San Diego County



RESPIRATORY VIRUS ACTIVITY



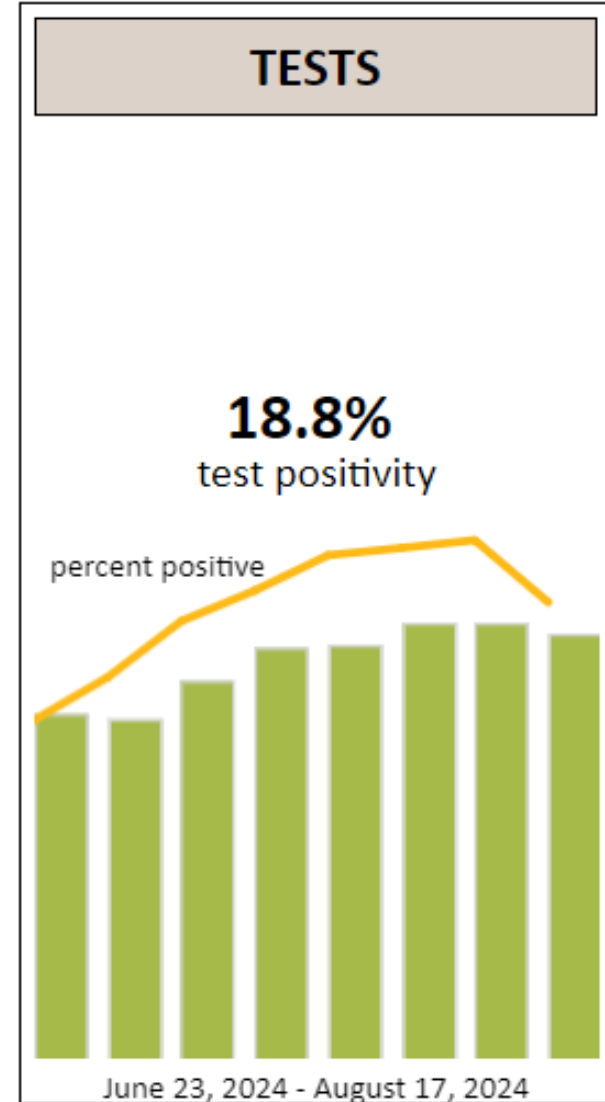
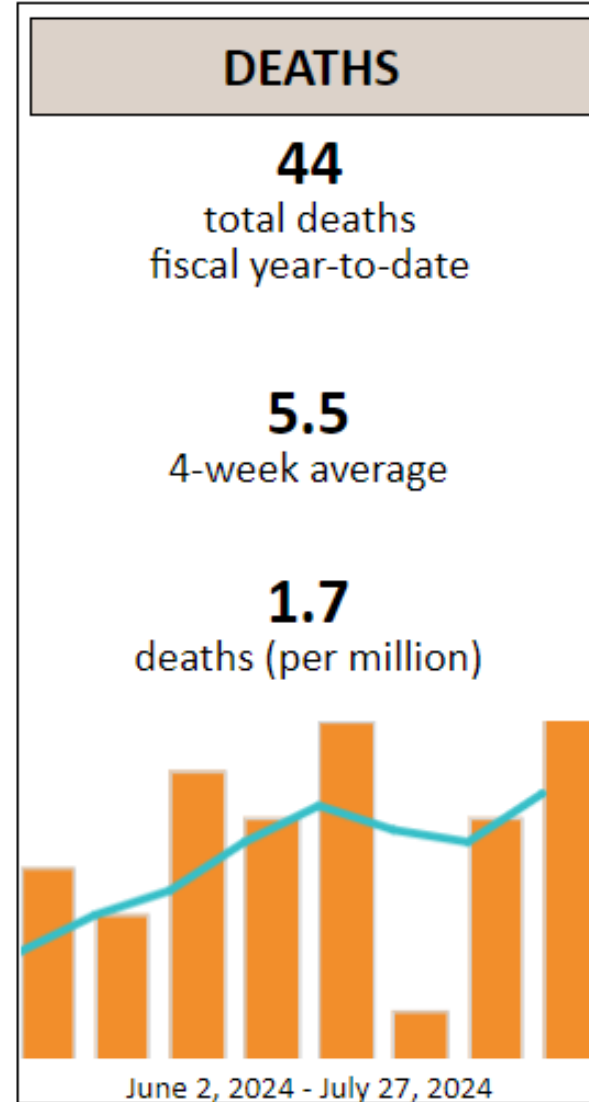
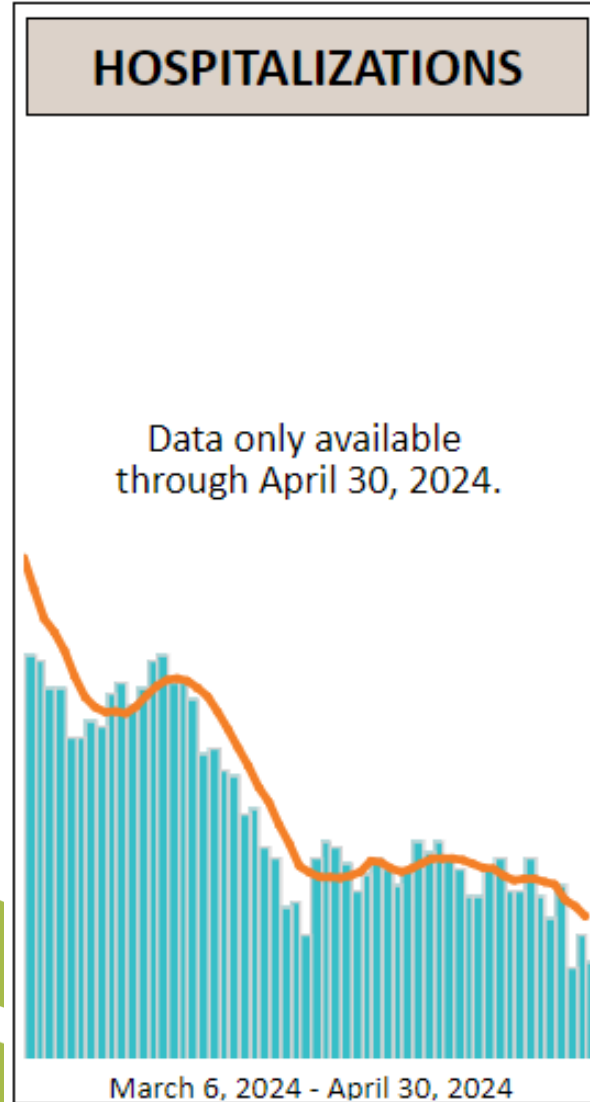
Figure 13. COVID-19, Influenza, and RSV Positivity by Week of Specimen Collection



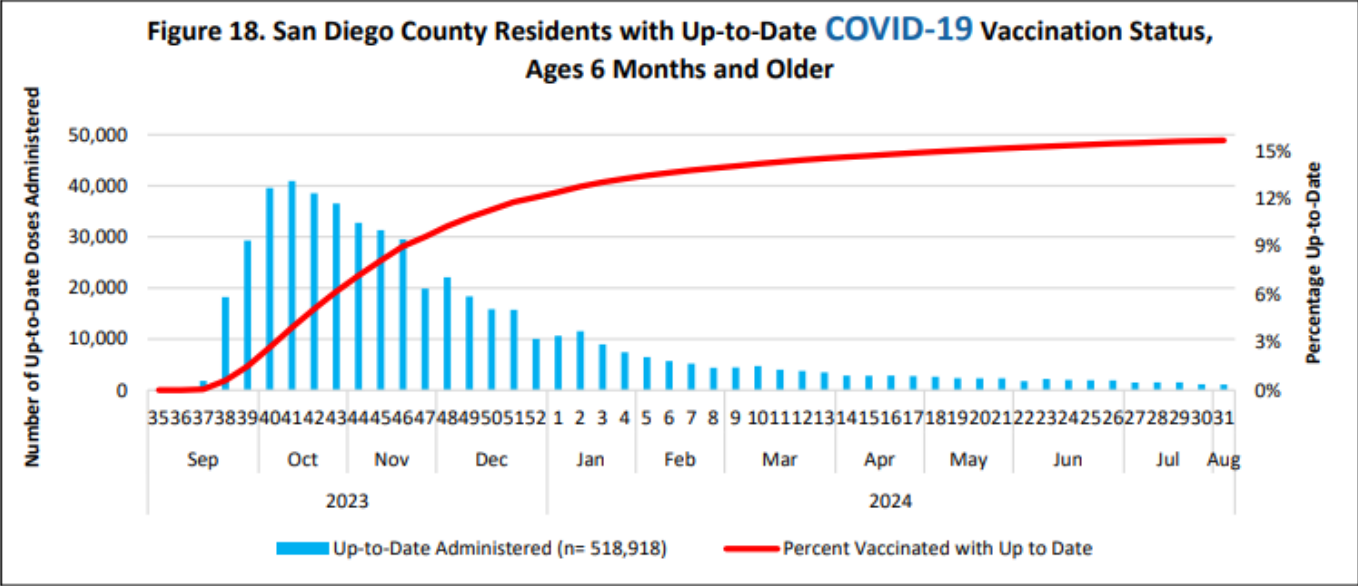
COVID-19 Current Situation



[COVID-19 in San Diego County](#)



COVID-19 VACCINATIONS



Long COVID in Children & Adolescents



- Long COVID prevalence in California has decreased since 2023 but is still ongoing
- Results from a [national NIH study](#) showed that among children ages 6-11, headache, trouble with memory or focus, or trouble sleeping and stomach pain were most commonly associated with long COVID
- The study also found that adolescents were more likely to experience low energy/tiredness while children were most likely to report headache
- Long COVID can last for months or years, ranges from mild to severe, can follow asymptomatic, mild, or severe infection, and does not require a previous diagnosis of COVID-19

Measles



- San Diego County is currently at 3 reported cases of measles in 2024 (the last case was in May). The number of cases is still on the rise in the U.S. and worldwide
- The increase in cases is due to declining vaccination rates in the U.S. and an increase in worldwide cases
- [Measles Information for Families](#)

MEASLES SYMPTOMS TYPICALLY INCLUDE

- High fever (may spike to more than 104° F)
- Cough
- Runny nose
- Red, watery eyes
- Rash breaks out 3-5 days after symptoms begin



Summer is Still Here – Stay Safe in the Heat



- While the end of summer is nearing, the summer heat is still here - remain aware of signs of heat-related illnesses and how to stay safe
- Heat-related illnesses include: heat stroke, heat exhaustion, heat cramps, sunburn, and heat rash
- Download this [CDC infographic](#) to learn what to look for and what to do in the event of a heat-related illness and/or emergency



[CDC | Symptoms of Heat-Related Illnesses](#)

Parvovirus B19: Increase in U.S.



- August 13 – CDC issued a health advisory about an increase in human parvovirus B19 activity in the U.S.
- Parvovirus is a seasonal respiratory virus that is transmitted through respiratory droplets by people with symptomatic or asymptomatic infection
- Children aged 5-9 years showed the largest increase in infection
- Can lead to adverse health outcomes among people without pre-existing immunity who are pregnant, immunocompromised, or have chronic hemolytic disorders
- Symptoms can include fever, rash, arthropathy (joint disease), or unexplained anemia with low reticulocyte count



Thank You!

San Diego County Office of Education

COVID-19 Updates

2024-2025 Public Health Guidance for TK-12 Schools and Child Care Settings to Support Safe In-Person Services and Mitigate the Spread of Communicable Diseases

- Updated on July 11, 2024
- The guidance language and terminology has been simplified to assist in applying strategies and to support schools in communicating health information to their students and communities.
- CDPH has reviewed and included updated resources from the [CDC's Preventing Spread of Infections in K-12 Schools](#) and [Preventing the Spread of Respiratory Viruses When You're Sick](#).
- CDPH recommends following the [CDPH guidance for When a Child Has Symptoms of Illness in School or Child Care](#) to support decision-making.
- CDPH recommends following the CDC guidance on [Preventing the Spread of Respiratory Viruses When You're Sick](#) for **confirmed or suspected cases of COVID-19 infection**.
- In workplaces, employers remain subject to the [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations](#).

COVID-19 Decision Table

- Highlights recommendations and requirements for TK-12 schools and childcare settings that reflect CDPH and CDC guidance and Cal/OSHA requirements

July 12, 2024

COVID-19 Decision Table for K-12 Schools



This table highlights recommendations and requirements for K-12 schools and childcare settings that reflect the [2024-2025 Public Health Guidance for TK-12 Schools and Child Care Settings to Support Safe In-Person Services and Mitigate the Spread of Communicable Diseases](#), and the [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations](#). School districts, charter schools, and private schools have authority to exceed these recommendations and requirements.

SCENARIO	STUDENTS	EMPLOYEES
<p>For Those Who Have COVID-19-Like Symptoms</p>	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for students who test positive.</p> <p>Follow the Considerations when a Child has Symptoms of Illness in Child Care or School to determine if the student should be sent home or stay at home.</p>	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for staff who test positive.</p>
<p>For Those Who Test Positive for COVID-19</p>	<p>Symptomatic Stay home when symptoms appear. May return to school when they are fever-free for 24 hours without using fever-reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at school unless symptoms develop. Then follow the symptomatic guidance above.</p> <p>All students who test positive for COVID-19:</p> <ul style="list-style-type: none"> ■ When returning to school and other normal activities, should also take added precaution over the next 5 days including: <ul style="list-style-type: none"> ▫ Maintaining hygiene practices ▫ Wearing a mask ▫ Physical distancing ▫ Testing when the student will be around others indoors 	<p>Symptomatic Stay home when symptoms appear. May return to work when they are fever-free for 24 hours without using fever reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at work unless symptoms develop. Then follow the guidance above.</p> <p>All staff who test positive for COVID-19:</p> <ul style="list-style-type: none"> ■ Must wear a mask at work indoors during day 10 after their symptom onset or positive test date. ■ When returning to work and other normal activities, should also take added precaution over the next 5 days including: <ul style="list-style-type: none"> ▫ Maintaining hygiene practices ▫ Physical distancing ▫ Testing when the staff will be around others indoors
<p>For Those Who Are Close Contacts*</p>	<p>May remain at school unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All students who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. 	<p>May remain at work unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All staff who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. <p>In an Outbreak Setting (3 or more cases in 7 days)</p> <ul style="list-style-type: none"> ■ Staff who are close contacts must wear a mask indoors or within six feet of others outdoors, until the site no longer qualifies as an outbreak setting. ■ Staff must test for COVID-19 within 3-5 days of the close contact or be treated as a positive COVID-19 case.

*Close Contact is defined as: In indoor spaces of 400,000 or fewer cubic feet per floor (such as homes, clinic waiting rooms, airplanes, etc.), sharing the same indoor airspace for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during a confirmed case's infectious period.

NOTE: The confirmed case is only considered infectious to close contacts when they are symptomatic.



COVID-19 Decision Table - Symptoms

SCENARIO	STUDENTS	EMPLOYEES
For Those Who Have <u>COVID-19-Like Symptoms</u>	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for students who test positive.</p> <p>Follow the Considerations when a Child has Symptoms of Illness in Child Care or School to determine if the student should be sent home or stay at home.</p>	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for staff who test positive.</p>

COVID-19 Decision Table – Positive Test

SCENARIO	STUDENTS	EMPLOYEES
For Those Who Test Positive for COVID-19	<p>Symptomatic Stay home when symptoms appear. May return to school when they are fever-free for 24 hours without using fever-reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at school unless symptoms develop. Then follow the symptomatic guidance above.</p> <p>All students who test positive for COVID-19:</p> <ul style="list-style-type: none">■ When returning to school and other normal activities, should also take added precaution over the next 5 days including:<ul style="list-style-type: none">▫ Maintaining hygiene practices▫ Wearing a mask▫ Physical distancing▫ Testing when the student will be around others indoors	<p>Symptomatic Stay home when symptoms appear. May return to work when they are fever-free for 24 hours without using fever reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at work unless symptoms develop. Then follow the guidance above.</p> <p>All staff who test positive for COVID-19:</p> <ul style="list-style-type: none">■ Must wear a mask at work indoors through day 10 after their symptom onset or positive test date.■ When returning to work and other normal activities, should also take added precaution over the next 5 days including:<ul style="list-style-type: none">▫ Maintaining hygiene practices▫ Physical distancing▫ Testing when the staff will be around others indoors

COVID-19 Decision Table – Close Contacts

SCENARIO	STUDENTS	EMPLOYEES
<p>For Those Who Are Close Contacts*</p>	<p>May remain at school unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All students who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. 	<p>May remain at work unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All staff who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. <p>In an Outbreak Setting (3 or more cases in 7 days)</p> <ul style="list-style-type: none"> ■ Staff who are close contacts must wear a mask indoors or within six feet of others outdoors, until the site no longer qualifies as an outbreak setting. ■ Staff must test for COVID-19 within 3-5 days of the close contact or be treated as a positive COVID-19 case.
<p>*Close Contact is defined as: In indoor spaces of 400,000 or fewer cubic feet per floor (such as homes, clinic waiting rooms, airplanes, etc.), sharing the same indoor airspace for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during a confirmed case's infectious period.</p> <p>NOTE: The confirmed case is only considered infectious to close contacts when they are symptomatic.</p>		
		<p>Report Suspected Outbreaks to Public Health 3 or more linked cases within a 7-day period. PHS.EPI-SCHOOLS.HHSA@sdcounty.ca.gov or 619-692-8636</p>

CAL/OSHA Non-Emergency Regulations - Employees



NOTIFICATIONS

The employer **shall** notify employees and independent contractors who had a close contact , as well as any employer with an employee who had close contact. Notice shall be provided as soon as possible. Notification should include where testing is available at no cost and during work hours. The authorized representative of the close contact should also be notified. (See [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations 3205 \(e\)\(1\) Notice of COVID-19 Case](#))

The employer **shall** provide notice of a COVID-19 case to the exposed group in a form readily understandable to employees. The authorized representatives of the employees at the exposed worksite should also be notified. (See [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations FAQ - Addressing COVID-19 Cases in the Workplace](#))

COVID-19 Resources

SDCOE COVID Resources:

<https://www.sdcoe.net/covid-19/home>

CDPH Considerations when a Child has Symptoms of Illness in Child Care or School

Public Health Guidance for TK-12 Schools and Child Care Settings to Support Safe In-Person Services and Mitigate the Spread of Communicable Diseases, 2024-2025 School Year
[TK-12 Guidance 2024-25 School Year \(ca.gov\)](#)


CDC Preventing the Spread of Respiratory Viruses When You're Sick.

Cal/OSHA Prevention Non-Emergency Regulations Website

https://www.dir.ca.gov/dosh/coronavirus/Non_Emergency_Regulations/

Naloxone Distribution Project

- Recent legislation allocated funding for SDCOE to purchase a minimum of two units of naloxone for each middle school, junior high, and high school within its jurisdiction. Schools serving TK-6 grades are also eligible.
- To receive your supply of naloxone, please complete this [form](#).
- LEAs that request naloxone must ensure that a minimum of two school staff members per eligible site are trained to administer naloxone. Please visit [SDCOE's event registration page](#) to register school staff for a naloxone training.



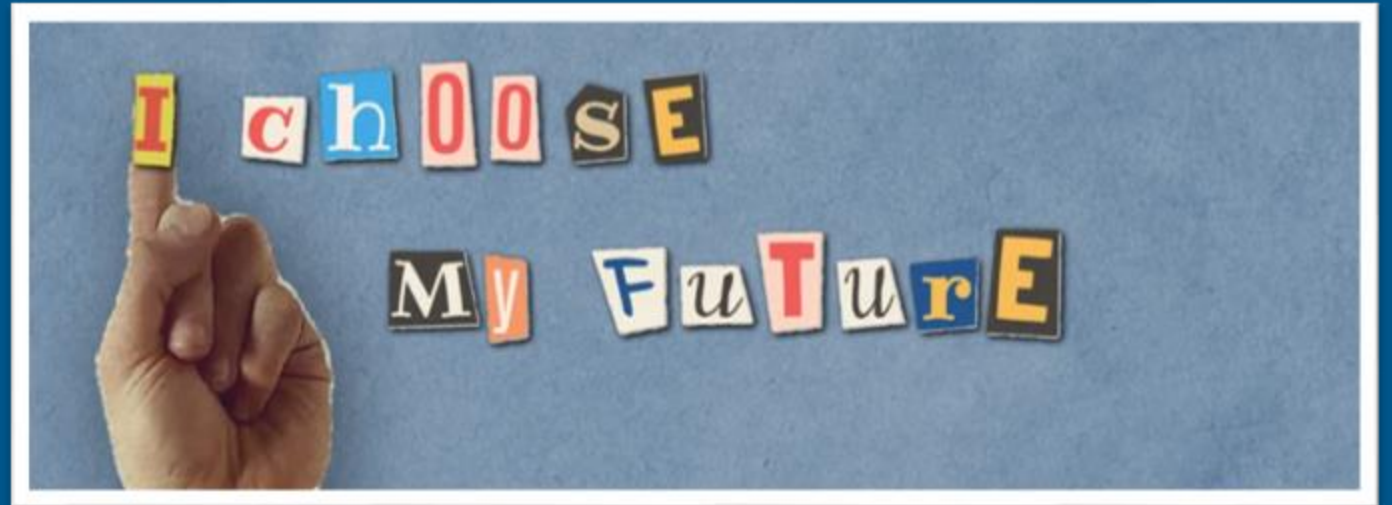
san diego county office of
EDUCATION
FUTURE WITHOUT BOUNDARIES™

San Diego County Office of Education
Naloxone Request Form

Recent legislation allocated funding to COEs to purchase a minimum of two units of an emergency opioid antagonist (Naloxone) for each middle school, junior high school, high school, and adult school site within their jurisdiction. Schools serving TK-6 grades are also eligible.

SDCOE I Choose My Future Drug Prevention Education Video Series

- The *I Choose My Future* drug prevention education video series SDCOE launched last year is now available in Spanish at www.sdcoe.net/IChoose or www.sdcoe.net/YoElijo.
- *I Choose* or *Yo Elijo Mi Futuro* explores the impacts of drug use on the developing brain; explains the dangers of vaping, marijuana, opioids, fentanyl, and other drugs; and provides strategies for handling peer pressure and getting help.
- The videos offer perspective on how substance misuse impacts individuals, their families, and society. Interviews with doctors, experts, and families highlight lived experiences of the destruction and heartache drug misuse can cause.





Q&A



THANK YOU FOR ATTENDING!

For more information, please visit our website: LiveWellSD.org/Education

You can also email us at: LiveWellEducation@sdcounty.ca.gov

Next Telebriefing: Tuesday, October 1, 10:00 AM