

K-12 TELEBRIEFING



October 1, 2024

Welcome!



SUBJECT MATTER EXPERTS



Dr. Beatty
Assistant Medical Director
County of San Diego



Tracy Schmidt
Director of Safety and
Student Engagement, SDCOE



Dr. Taras
Physician Consultant
SDCOE



Dr. Motadel
Chief Pediatric Officer
County of San Diego



Corinne McCarthy
Coordinator, School Nursing
SDCOE

EDUCATION SECTOR TEAM



Nicole Villa



Allison Hirahara



Hanna Davarmanesh



Joe Nelson



Jen Levy

AGENDA



Agenda Item	Speaker/Presenter
Welcome, Introductions, & Announcements	Nicole Villa
SDCOE & Independent Study Updates	Tracy Schmidt
CDPH Office of School Health's "Schools Hub"	Corinne McCarthy
Public Health Updates	Dr. Beatty
Q&A Session	All Panelists

SME Spotlight

Corinne McCarthy, RN, MSN

Coordinator for School Nursing, SDCOE

- Corinne received her BSN from George Mason University in Fairfax, VA, her MSN from Indiana University in Indianapolis, and her California Health Services Credential from SDSU.
- She has worked in the field of Pediatric Nursing since 1980, the last 16 years being in the school setting.
- Corinne coordinates school nurse orientation programs and professional development in San Diego County.
- She is also on staff at Rady Children's Hospital as an RN with the Resource Nurse Line.





Announcements


Youth Risk Behavior Survey



**YOUTH
RISK
BEHAVIOR
SURVEY**

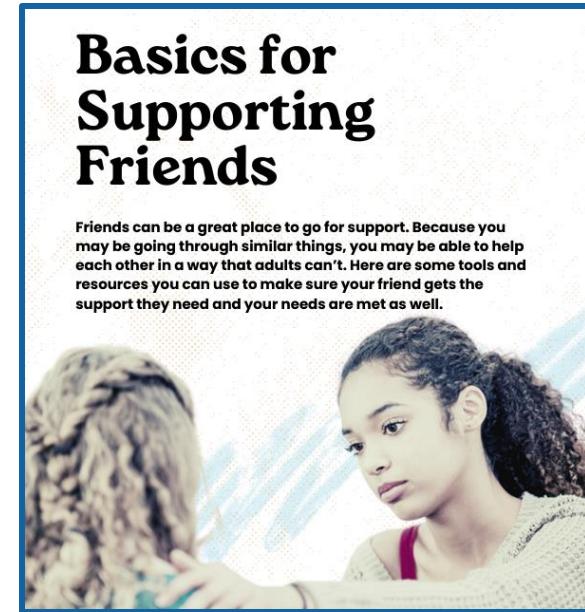
**2023
RESULTS**

cdc.gov/yrbbs



The CDC has released the [2023 Youth Risk Behavior Survey](#) (YRBS) results

Mental Health America – Basics for Supporting Friends Guide



Mental Health America has created the [Basics for Supporting Friends guide](#) to help young people support each other.

Webinar: Identifying Children with Hearing Loss



You are invited to a webinar sponsored by The National Association of School Nurses in collaboration with The National Center for Hearing Assessment and Management:

Identifying Children with Hearing Loss: The Key Role of School Nurses in Evidence-Based Screening

- [October 2nd, 2024, 12:00 pm – 1:00 pm](#)
- [October 10th, 2024, 11:00 am – 12:00 pm](#)

Register by clicking on the date you want to attend!

Engaging Young People as TUPE Peer Educators



My Voice Saves Lives: Engaging Young People as TUPE (Tobacco Use Prevention Education) Peer Educators

Wednesday, October 9, 1:00 – 2:00 pm

[Register Now!](#)



Check Your Mood Day



Check Your Mood is on October 10, 2024

We need your help to offer free mental health resources and screenings throughout San Diego County!

Please email checkyourmood@sdcountry.ca.gov to let us know how you're participating in Check Your Mood 2024.

Poster Art Contest - Deadline Extended!



NEW Submission Deadline: October 20, 11:59 PM

- **Calling all student artists!** Students of all ages are invited to participate in the 2024 Live Well Advance Conference & School Summit **Poster Art Contest!**
- Create artwork that reflects this year's theme: "Ripples of Change: The Power of Partnerships."
- **Top entries will be selected for display** during the Live Well Advance Conference & School Summit and **winning artists will be acknowledged** during the conference.
- Visit the **Poster Art Contest website** for details, submission guidelines, and how to register.



For questions, please reach out to
Rose Marks-Patton at
Rose.MarksPatton@sdcounty.ca.gov

Youth Sector Applications Open Soon



The [Live Well San Diego Youth Sector](#) is hiring 2 Youth Sector Coordinators and 15 Youth Leaders.

Encourage young people ages 16-24 to [apply by November 11, 2024!](#)





Celebrating 10 Years as a Recognized Partner!

October 2014 - October 2024



LiveWellSD.org/Partners

San Diego County Office of Education

COVID-19 Updates

COVID-19 Decision Table

- Highlights recommendations and requirements for TK-12 schools and childcare settings that reflect CDPH and CDC guidance and Cal/OSHA requirements

July 12, 2024

COVID-19 Decision Table for K-12 Schools



This table highlights recommendations and requirements for K-12 schools and childcare settings that reflect the [2024-2025 Public Health Guidance for TK-12 Schools and Child Care Settings to Support Safe In-Person Services and Mitigate the Spread of Communicable Diseases](#), and the [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations](#). School districts, charter schools, and private schools have authority to exceed these recommendations and requirements.

SCENARIO	STUDENTS	EMPLOYEES
For Those Who Have COVID-19-Like Symptoms	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for students who test positive.</p> <p>Follow the Considerations when a Child has Symptoms of Illness in Child Care or School to determine if the student should be sent home or stay at home.</p>	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for staff who test positive.</p>
For Those Who Test Positive for COVID-19	<p>Symptomatic Stay home when symptoms appear. May return to school when they are fever-free for 24 hours without using fever-reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at school unless symptoms develop. Then follow the symptomatic guidance above.</p> <p>All students who test positive for COVID-19:</p> <ul style="list-style-type: none"> ■ When returning to school and other normal activities, should also take added precaution over the next 5 days including: <ul style="list-style-type: none"> ▫ Maintaining hygiene practices ▫ Wearing a mask ▫ Physical distancing ▫ Testing when the student will be around others indoors 	<p>Symptomatic Stay home when symptoms appear. May return to work when they are fever-free for 24 hours without using fever reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at work unless symptoms develop. Then follow the guidance above.</p> <p>All staff who test positive for COVID-19:</p> <ul style="list-style-type: none"> ■ Must wear a mask at work indoors through day 10 after their symptom onset or positive test date. ■ When returning to work and other normal activities, should also take added precaution over the next 5 days including: <ul style="list-style-type: none"> ▫ Maintaining hygiene practices ▫ Physical distancing ▫ Testing when the staff will be around others indoors
For Those Who Are Close Contacts*	<p>May remain at school unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All students who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. 	<p>May remain at work unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All staff who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. <p>In an Outbreak Setting (3 or more cases in 7 days)</p> <ul style="list-style-type: none"> ■ Staff who are close contacts must wear a mask indoors or within six feet of others outdoors, until the site no longer qualifies as an outbreak setting. ■ Staff must test for COVID-19 within 3-5 days of the close contact or be treated as a positive COVID-19 case.

*Close Contact is defined as: In indoor spaces of 400,000 or fewer cubic feet per floor (such as homes, clinic waiting rooms, airplanes, etc.), sharing the same indoor airspace for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during a confirmed case's infectious period.

NOTE: The confirmed case is only considered infectious to close contacts when they are symptomatic.




COVID-19 Decision Table - Symptoms

SCENARIO	STUDENTS	EMPLOYEES
For Those Who Have COVID-19-Like Symptoms	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for students who test positive.</p> <p>Follow the Considerations when a Child has Symptoms of Illness in Child Care or School to determine if the student should be sent home or stay at home.</p>	<p>Should consider wearing a mask when experiencing respiratory symptoms and should test for COVID-19.</p> <p>If testing positive, follow the directions for staff who test positive.</p>

COVID-19 Decision Table – Positive Test

SCENARIO	STUDENTS	EMPLOYEES
<p>For Those Who Test Positive for COVID-19</p>	<p>Symptomatic Stay home when symptoms appear. May return to school when they are fever-free for 24 hours without using fever-reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at school unless symptoms develop. Then follow the symptomatic guidance above.</p> <p>All students who test positive for COVID-19:</p> <ul style="list-style-type: none"> ■ When returning to school and other normal activities, should also take added precaution over the next 5 days including: <ul style="list-style-type: none"> ▫ Maintaining hygiene practices ▫ Wearing a mask ▫ Physical distancing ▫ Testing when the student will be around others indoors 	<p>Symptomatic Stay home when symptoms appear. May return to work when they are fever-free for 24 hours without using fever reducing medication AND other non-fever symptoms are mild and improving.</p> <p>Asymptomatic Remain at work unless symptoms develop. Then follow the guidance above.</p> <p>All staff who test positive for COVID-19:</p> <ul style="list-style-type: none"> ■ Must wear a mask at work indoors through day 10 after their symptom onset or positive test date. ■ When returning to work and other normal activities, should also take added precaution over the next 5 days including: <ul style="list-style-type: none"> ▫ Maintaining hygiene practices ▫ Physical distancing ▫ Testing when the staff will be around others indoors

COVID-19 Decision Table – Close Contacts

SCENARIO	STUDENTS	EMPLOYEES
<p>For Those Who Are Close Contacts*</p>	<p>May remain at school unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All students who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. 	<p>May remain at work unless they develop symptoms. Then follow the symptomatic guidance above.</p> <p>All staff who are close contacts should test for COVID-19 if they:</p> <ol style="list-style-type: none"> 1. Develop symptoms 2. Are at higher risk for severe COVID-19 3. Are around others who are at higher risk for severe COVID-19. <p>In an Outbreak Setting (3 or more cases in 7 days)</p> <ul style="list-style-type: none"> ■ Staff who are close contacts must wear a mask indoors or within six feet of others outdoors, until the site no longer qualifies as an outbreak setting. ■ Staff must test for COVID-19 within 3-5 days of the close contact or be treated as a positive COVID-19 case.
<p>*Close Contact is defined as: In indoor spaces of 400,000 or fewer cubic feet per floor (such as homes, clinic waiting rooms, airplanes, etc.), sharing the same indoor airspace for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes) during a confirmed case's infectious period.</p> <p>NOTE: The confirmed case is only considered infectious to close contacts when they are symptomatic.</p>		

COVID-19 Decision Table – Outbreak Setting

Definition of Outbreak – Three or more COVID-19 cases within an exposed group visited the worksite during their infectious period at any time during a 7-day period.

Definition of Major Outbreak - 20 or more COVID-19 cases within an exposed group visited the worksite during their infectious period at any time during a 30-day period.

Conclusion of Outbreak – The outbreak conditions apply until there are one or fewer new COVID-19 cases detected in the exposed group for a 14-day period.

Report Suspected Outbreaks to Public Health
PHS.EPI-SCHOOLS.HHSA@sdcounty.ca.gov or 619-692-8636

CAL/OSHA Non-Emergency Regulations - Employees



NOTIFICATIONS

The employer **shall** notify employees and independent contractors who had a close contact , as well as any employer with an employee who had close contact. Notice shall be provided as soon as possible. Notification should include where testing is available at no cost and during work hours. The authorized representative of the close contact should also be notified. (See [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations 3205 \(e\)\(1\) Notice of COVID-19 Case](#))

The employer **shall** provide notice of a COVID-19 case to the exposed group in a form readily understandable to employees. The authorized representatives of the employees at the exposed worksite should also be notified. (See [Cal/OSHA COVID-19 Prevention Non-Emergency Regulations FAQ - Addressing COVID-19 Cases in the Workplace](#))

COVID-19 Resources

SDCOE COVID Resources:

<https://www.sdcoe.net/covid-19/home>

CDPH Considerations when a Child has Symptoms of Illness in Child Care or School

Public Health Guidance for TK-12 Schools and Child Care Settings to Support Safe In-Person Services and Mitigate the Spread of Communicable Diseases, 2024-2025 School Year
[TK-12 Guidance 2024-25 School Year \(ca.gov\)](#)

CDC Preventing the Spread of Respiratory Viruses When You're Sick.

Cal/OSHA Prevention Non-Emergency Regulations Website

https://www.dir.ca.gov/dosh/coronavirus/Non_Emergency_Regulations/

San Diego County Office of Education

Senate Bill 153

Changes to Independent Study

Independent Study

- An optional educational program which LEAs **may** offer
- Independent Study (IS) must be **voluntary**
- All students in IS must be offered the instructional minutes and days required by grade level and setting

School Districts

Students must complete work products that are equivalent in time value to a minimum school day of attendance depending on grade and school setting

Charter Schools

Students must complete work products that are equivalent to a full school day as determined by the charter school

Grade

TK/K: 180 minutes

1-3: 230 minutes

4-8: 240 minutes

9-12: 240 minutes

Independent Study

ADA Computation

Time Value of Student Work Product

- Time completing assignments
- Time on online platforms



Time in Synchronous Instruction



Attendance (ADA)

Sum must meet the hours of the minimum school day

Independent Study

Beginning in the 2024-2025 School Year:

Short-term Independent Study

- Students may participate in short-term IS for up to **15** cumulative days in a school year
- The duration of a short-term IS may be as little as **one** day for all LEAs
- Students participating in short-term IS may submit a signed written agreement **anytime** during the same school year

Long-term Independent Study

- Long-term IS is **16** or more cumulative days in a school year up to one school year
- For students participating in long-term IS the requirements of tiered reengagement, synchronous/live instruction will apply
- Students participating in long-term IS must submit a signed written agreement prior to commencement

Independent Study

◆ Senate Bill 153

No Minimum Offering

- Elimination of the 3-day minimum requirement for participation
- Independent Study (IS) agreements may be as short as one day



Length of Participation

- Long-term IS = 16 or more schooldays
- Short-term IS = 15 or fewer schooldays

Written Agreements

- Long-term IS agreements must be signed before participation
- Short-term IS agreements can be signed anytime during the year after participation



ADA Computation

- ADA= The time value of student work product plus synchronous instruction
- ADA computation can include time spent on computer-based or online platforms

◆ All LEAs must update board policies and independent study written agreements to include these new requirements



CDPH Schools Hub

Corinne McCarthy



Public Health Updates

Dr. Beatty

RESPIRATORY VIRUS UPDATE



COVID-19

Cases
15,227

Deaths
91

Outbreaks*
104

6/30/2024 – 9/7/2024

September 12, 2024

Influenza

Cases
637

Deaths
4

Outbreaks*
1

6/30/2024 – 9/7/2024

RSV

Cases
45

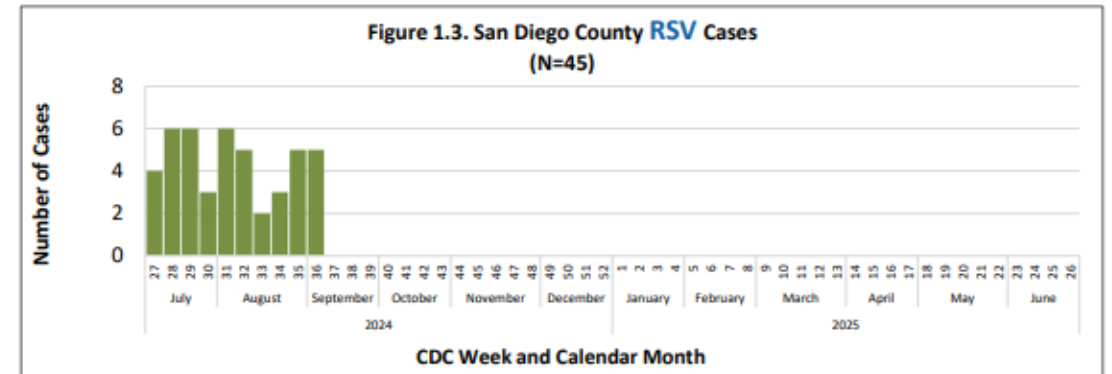
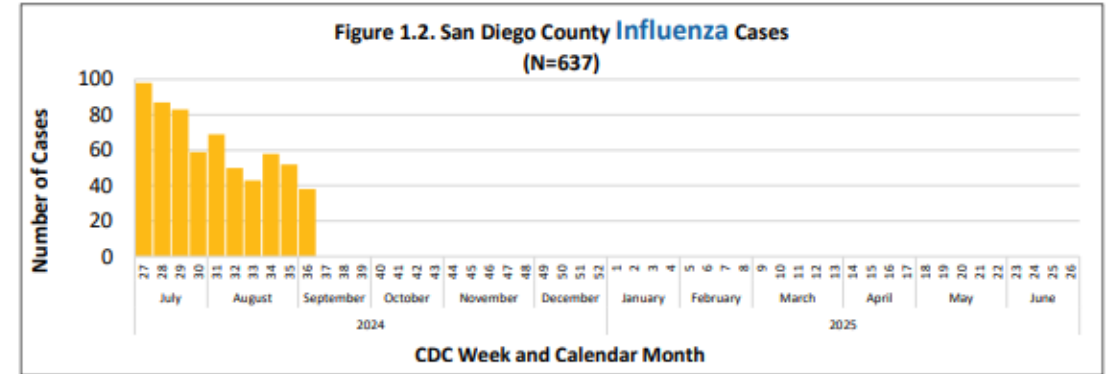
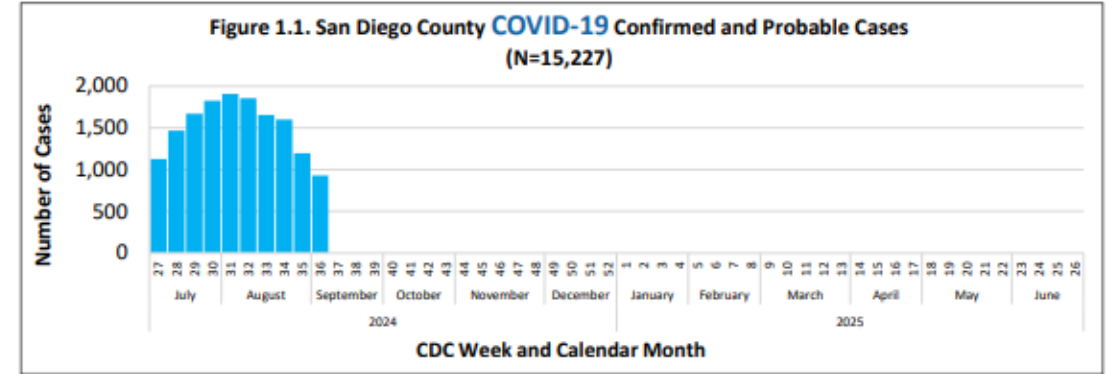
Deaths
0

Outbreaks*
0

6/30/2024 – 9/7/2024

*In residential congregate settings

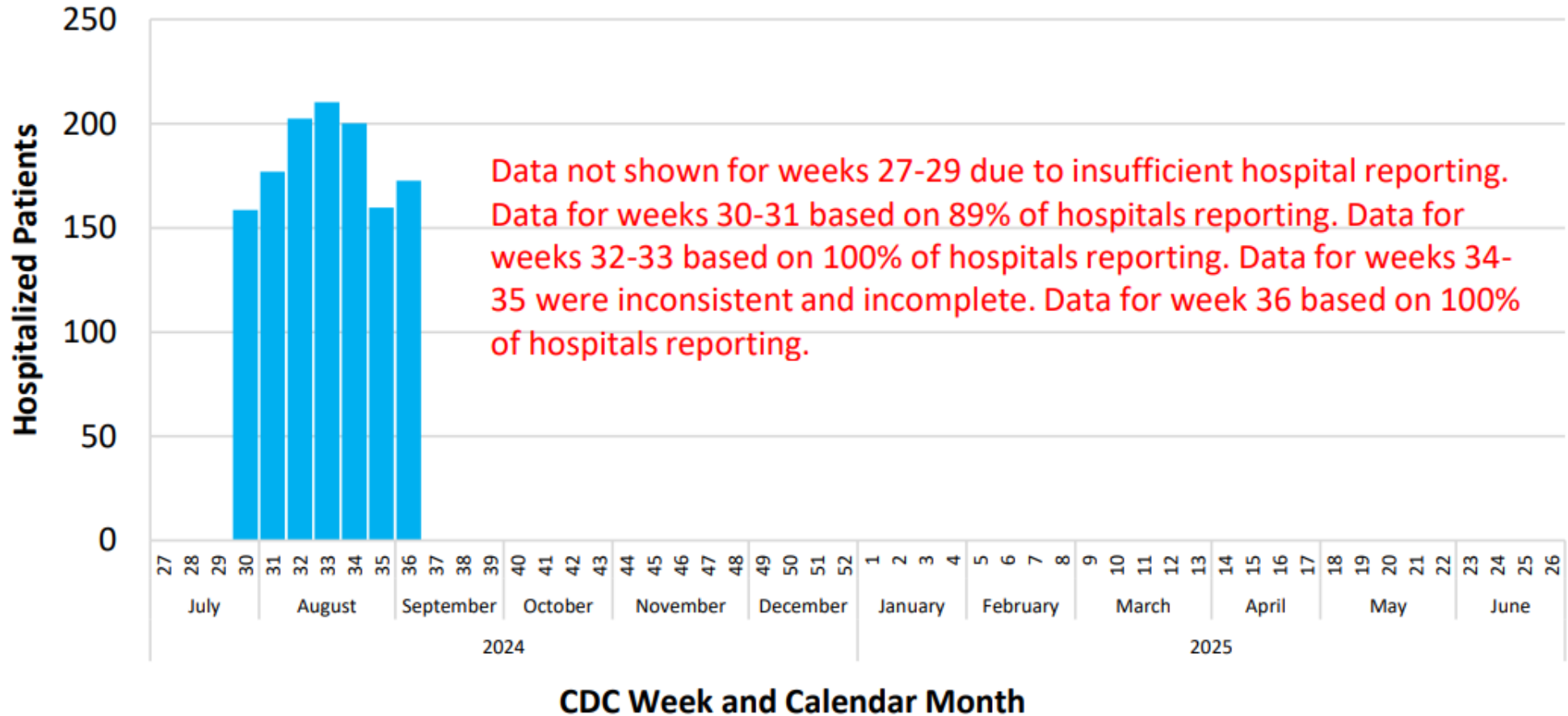
[Respiratory Virus Surveillance Report](#)



HOSPITALIZATIONS



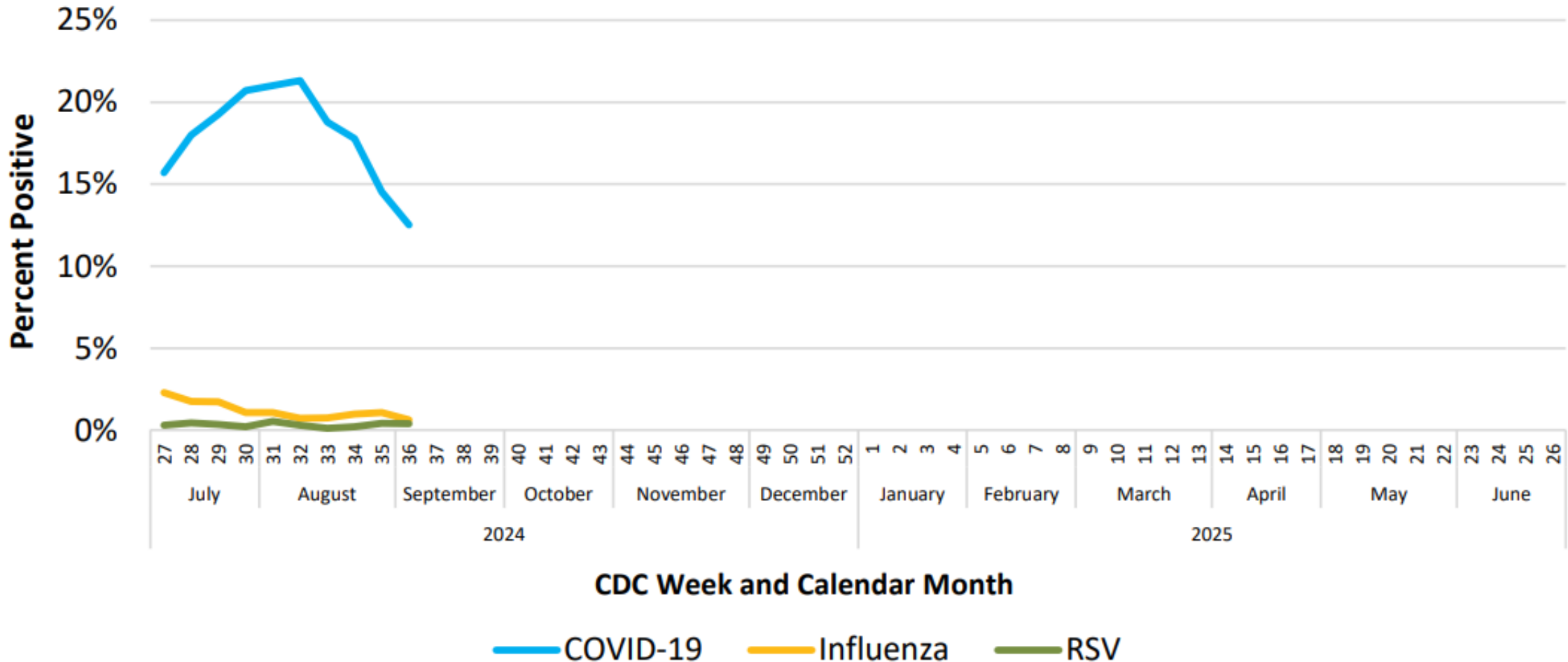
Figure 3. **COVID-19-Positive Hospitalized Patients, Weekly Average Census***, San Diego County



RESPIRATORY VIRUS ACTIVITY



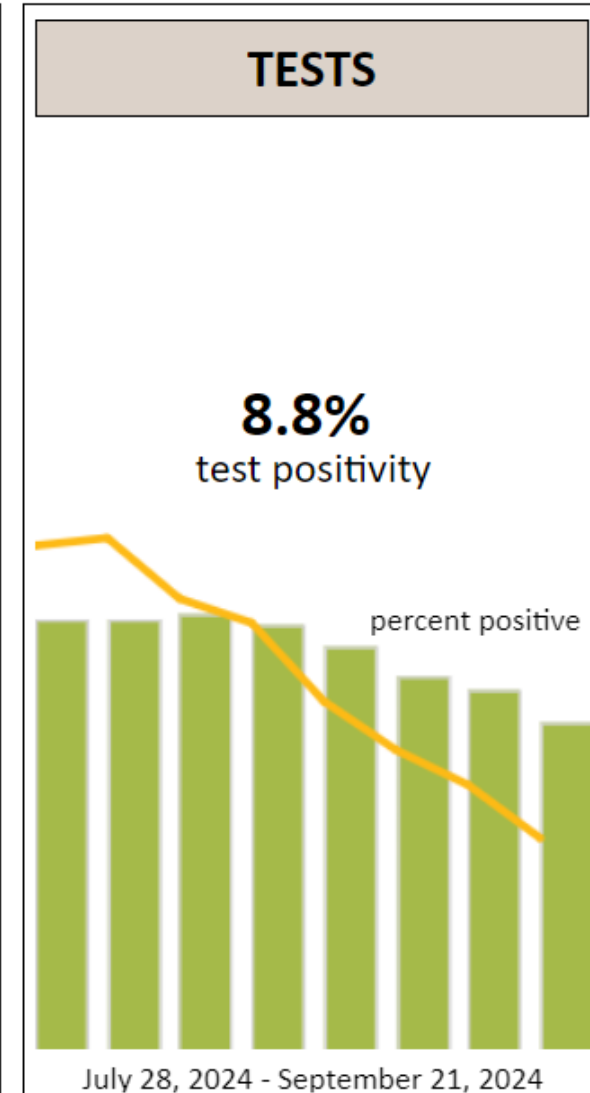
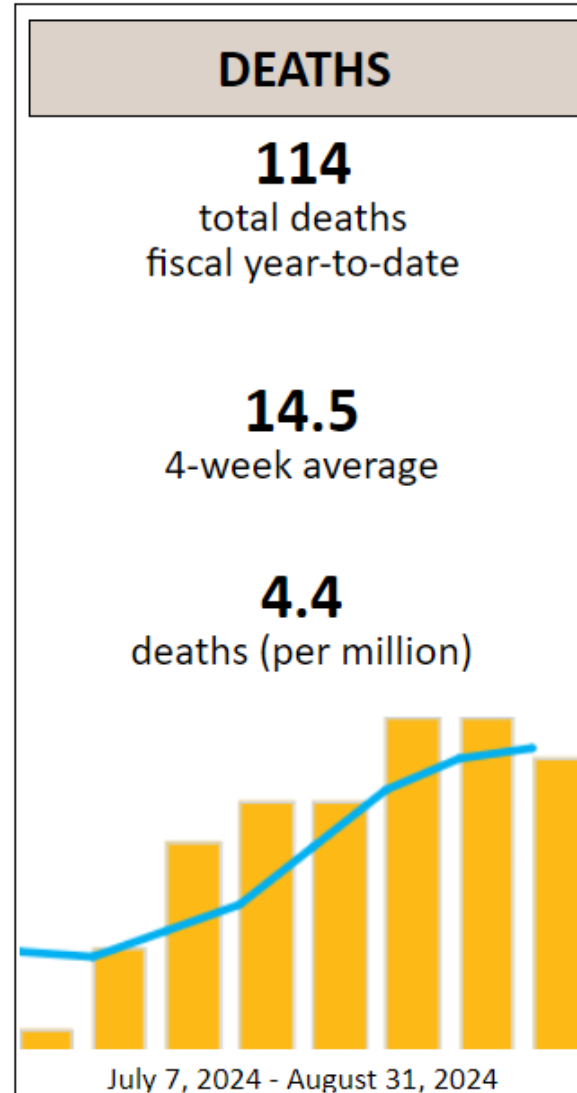
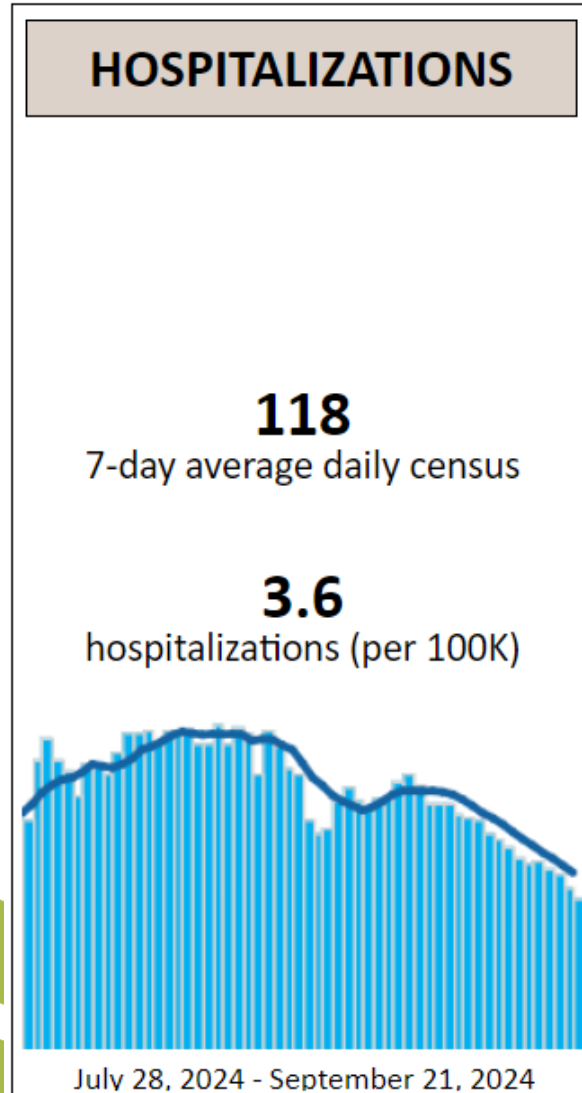
Figure 13. COVID-19, Influenza, and RSV Positivity by Week of Specimen Collection



COVID-19 Current Situation



[COVID-19 in San Diego County](#)



Stay Up-To-Date on Vaccines in the Fall



- As Fall has arrived, make sure to [stay up-to-date on vaccines](#) for fewer sick days as we head into colder months.
- If you or someone you know is homebound and would like to receive the updated COVID-19, flu, and/or high dose flu vaccine(s) at home, contact the [Homebound Vaccine Program](#).
 - Call 2-1-1, or email covid-questions@sdcounty.ca.gov
 - This service is available at no cost for San Diego County residents who have difficulty leaving their homes. [Learn more here](#).



COVID-19: Free Home Test Kits Program Restarted



- The free At-Home COVID-19 Testing program was restarted in late September.
- Residential households can place one order of 4 free at-home COVID-19 tests.
- Visit the County website to find out how to get tested, order test kits, and find a test site near you.



West Nile Virus: 1st Case Confirmed



- The first case of West Nile virus for this year has been confirmed in a 71-year-old man.
- The individual is currently hospitalized and had recently traveled to rural Colorado, where he likely contracted the virus.
- West Nile virus is mainly a bird disease but can be transmitted to people by some species of local mosquitoes – the occurrence of the virus in the County is still considered rare at this time.
- 80% of people who get West Nile virus do not have any symptoms.

Tuberculosis Exposure



- Current and former residents of the La Jolla Post-Acute Care Center are being notified by the County of potential exposure to tuberculosis (TB).
- Location: La Jolla Post-Acute Care Center | 7160 Fay Ave., La Jolla, CA, 92037
- Dates of potential exposure: **February 17, 2024 to September 16, 2024.**
- Visit this [CNC article](#) to learn more.





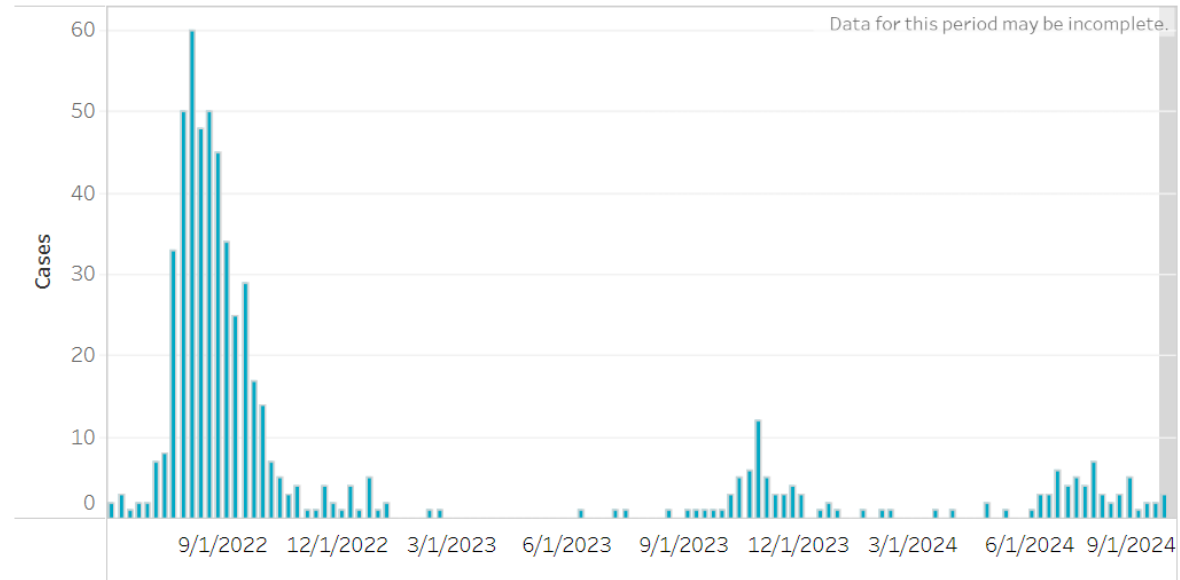
Mpox Update

- There have been 49 reported cases of Mpox in the County since June 1st, 2024.
- 587 cumulative cases reported in the County since June 2022
- 0 cases reported as of 9/7/2024

[County HHSA | Mpox](#)

Cumulative Cases*	Cases Since Last Report	Cumulative Hospitalizations	Cumulative Deaths
592	5	23	1

MPOX Confirmed and Probable Cases* by Episode Date, ^ San Diego County



*Data through 9/21/2024

Measles

- San Diego County confirms its 4th measles case of 2024 in a 13-month old resident who recently traveled overseas.
 - This case is unrelated to the previous 3 County cases.
- Before 2024, the last confirmed measles case in the County was in 2019.

[County HHS | Measles \(Rubeola\)](#)

[CNC | County Confirms New Case of Travel-Related Measles](#)



Traveling Abroad?

Protect Against Measles



Before you travel internationally, make sure you are up-to-date on your measles-mumps-rubella (MMR) vaccines.

INFANTS 6-11 MONTHS OLD	CHILDREN 12 MONTHS & OLDER <small>with no evidence of immunity*</small>	TEENS & ADULTS <small>with no evidence of immunity*</small>
		
Get an early dose at 6-11 months. Follow the recommended schedule and get another dose at 12-15 months and a final dose at 4-6 years.	Get first dose immediately. Get second dose 28 days after first dose.	Get first dose immediately. Get second dose 28 days after first dose.

*Evidence of immunity includes one of the following: Written documentation of adequate vaccination, laboratory evidence of immunity, laboratory confirmation of measles, birth in the United States before 1957.

Plan to be fully vaccinated against measles at least 2 WEEKS before you travel. If your trip is less than 2 weeks away, you should still get a dose of MMR vaccine.

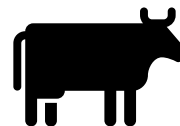
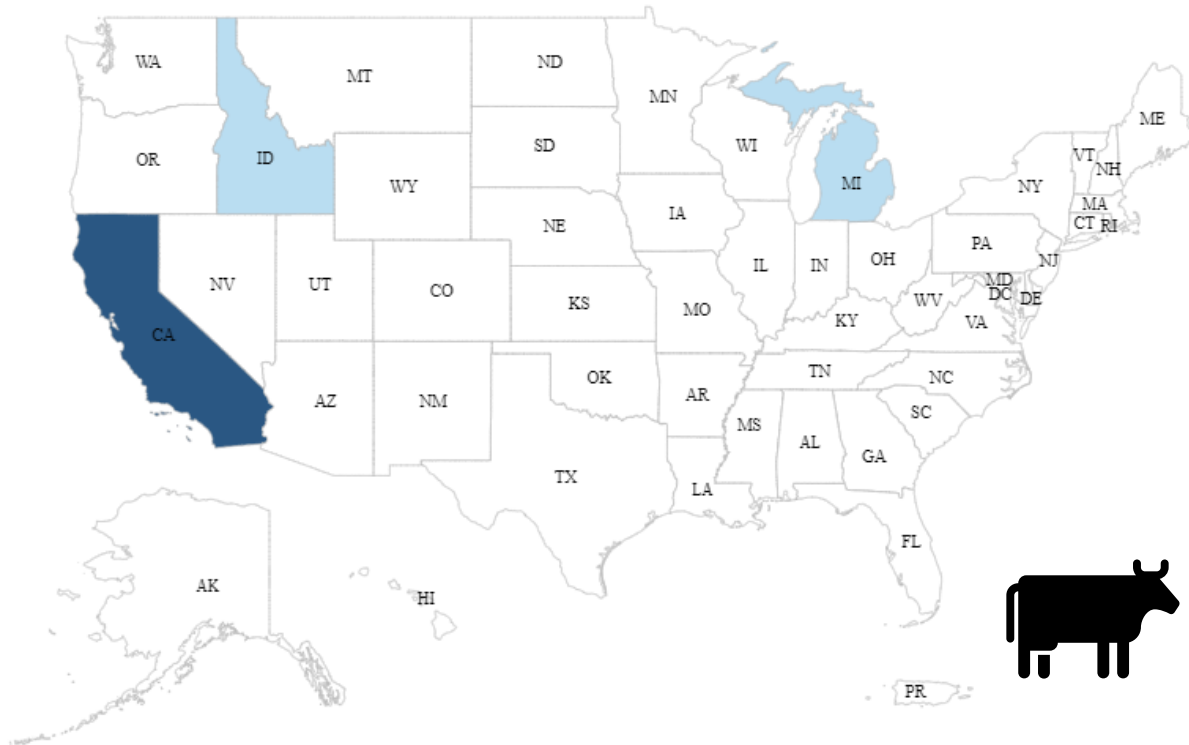
Current Situation Nationally

207 herds of dairy cows; over 100,000,000 poultry;
15 human cases as of 9/19/2024

Confirmed Cases Last 30 Days
12

States Affected Last 30 Days
3

Number of Confirmed Cases by State



Outbreak Situation Last 30 Days

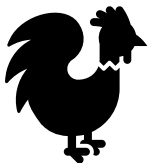
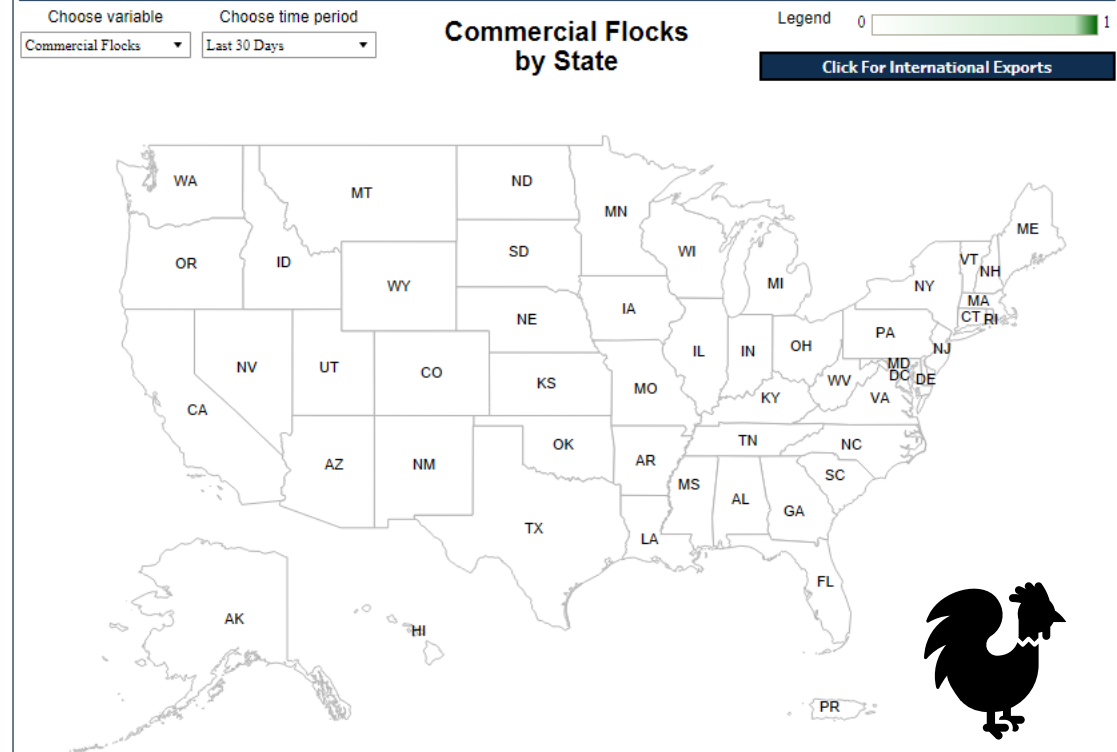
1 Confirmed Flocks
Flocks tested and confirmed having HPAI

Commercial Flocks
0.0

Backyard Flocks
1.0

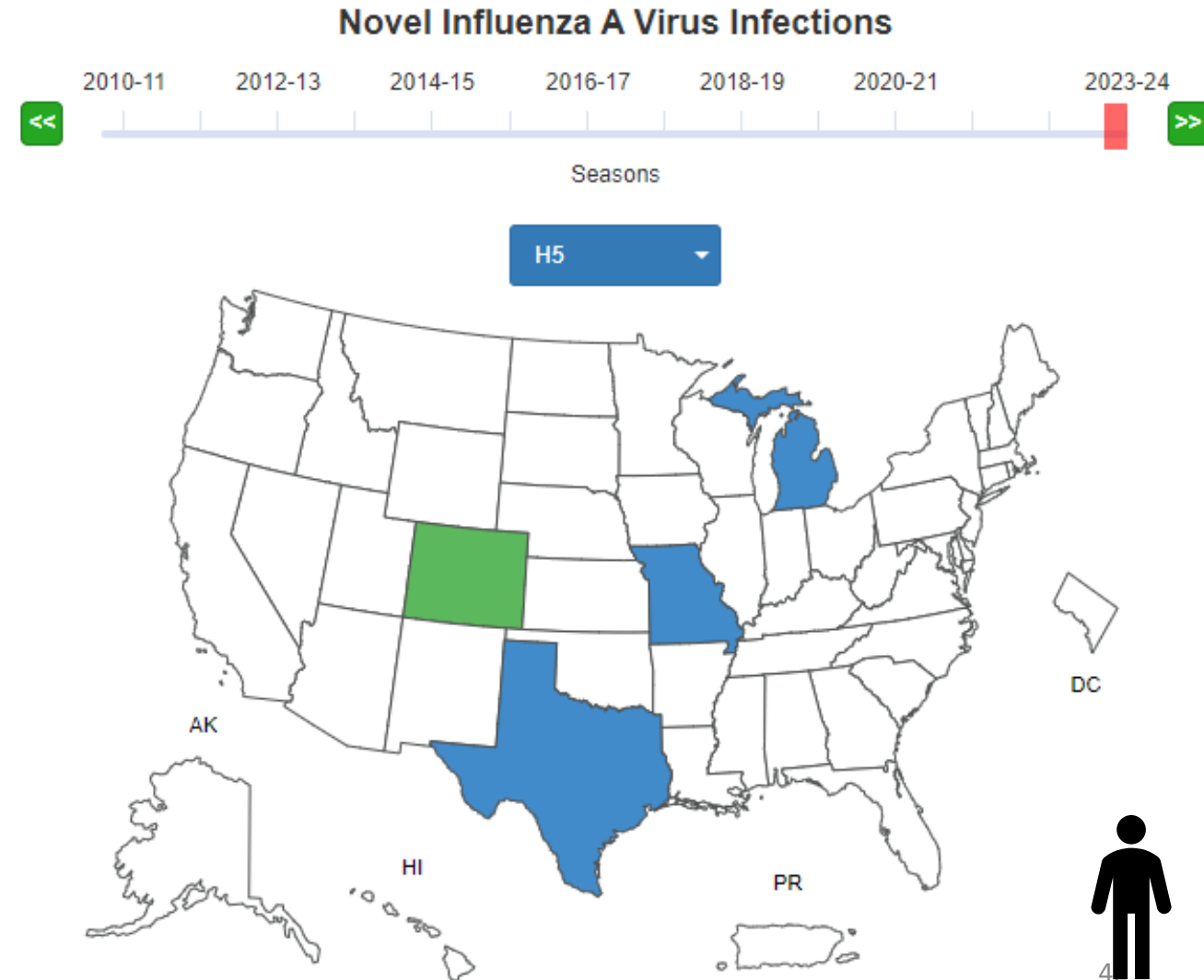
Birds Affected*
0.00M

*Number of birds on confirmed infected premises.



Human Cases = 15 cases associated with direct animal contact, no human-to-human transmission detected at this time

- September 6th 2024 – CDC confirmed human case of avian influenza.
- Tested positive for Flu A, did not subtype, triggering additional testing.
- Patient had underlying medical conditions, was hospitalized, treated with antiviral medications.
- Was discharged and has recovered.
- No known animal exposure.
- No close contact transmission, one ill household member was not tested.



Avian Influenza (HPAI/H5N1)



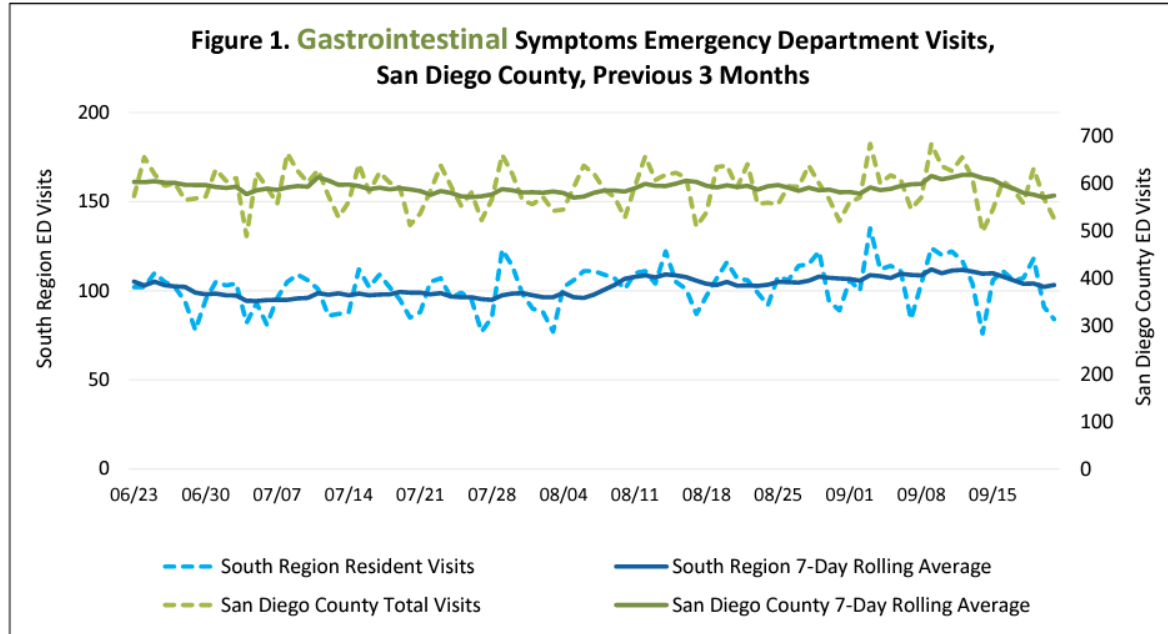
- San Diego County has become the 5th location in California to report the environmental detection of H5 influenza virus, commonly referred to as bird flu.
- This detection was made through wastewater testing conducted on September 1st, 2024 – regular follow-up sampling has not detected any virus.
- H5 influenza regularly circulates in wild birds and occasionally causes human cases.



South Region Health Concerns



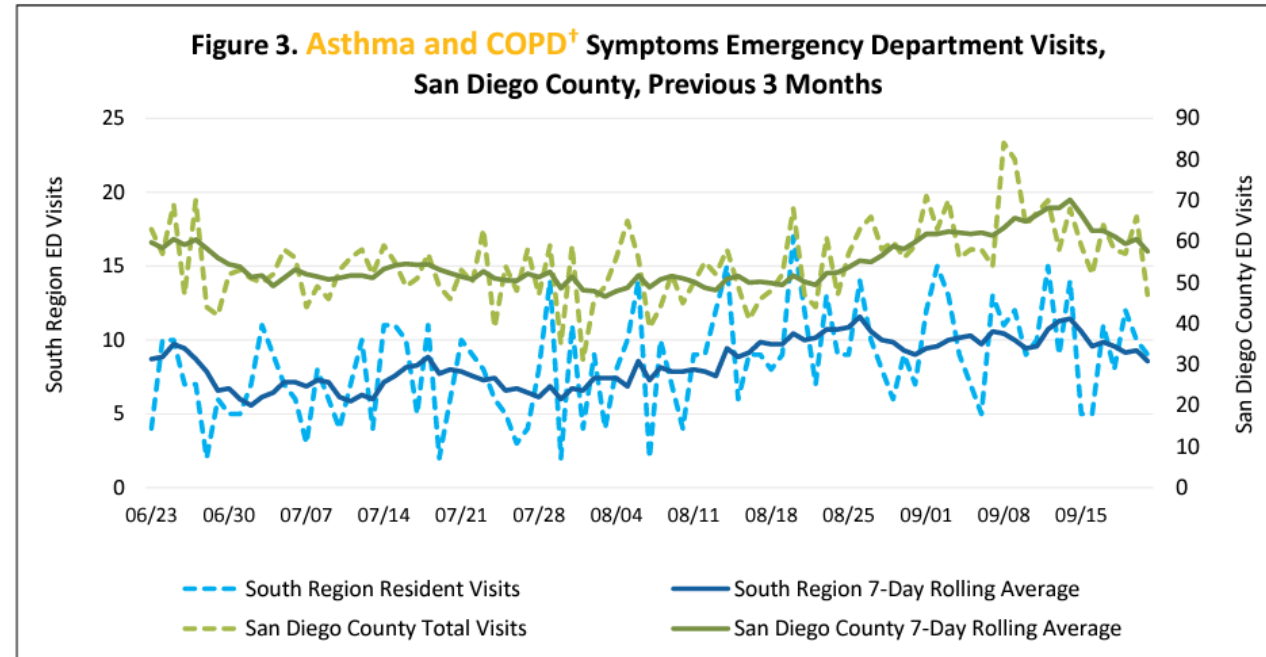
Data through 9/21/2024, updated 9/24/2024.



[South Region Health Concerns Website](#)

[Surveillance Bulletin: South Region Health Concerns](#)

Data through 9/21/2024, updated 9/24/2024.



Environmental Odors & School Guidance



The health impact of environmental odors depends on the person's sensitivity, intensity of the activity, and length of exposure. People may experience nausea, headaches, throat irritation, and breathing problems.

Steps to Take

- 1. Reduce Exposure:** Limit outdoor activities when odors are bothersome, provide disposable masks, and keep windows and doors closed when odors have intensified
- 2. Improve Air Quality:** Use HVAC systems and MERV-rated filters with activated charcoal, and certified portable HEPA filters with activated charcoal
- 3. Watch for Symptoms:** Students with asthma should have their medications available at school offices, advise parents of children with respiratory or heart conditions to talk with their family doctor, and seek medical care for anyone with persistent or worsening symptoms

Report Air Quality Concerns



The [San Diego County Air Pollution Control District](#) is actively investigating numerous odor complaints from communities surrounding the Tijuana River Valley.

Report odor complaints to the San Diego County Air Pollution Control District by:

- Mobile app,
- Phone at (858) 586-2650,
- Email to apcdcomp@sdapcd.org, or
- Visit [online](#).



Thank You!





Q&A



THANK YOU FOR ATTENDING!

For more information, please visit our website: LiveWellSD.org/Education

You can also email us at: LiveWellEducation@sdcounty.ca.gov

Next Telebriefing: Tuesday, November 5, 10:00 AM