



2023-2024 *Live Well San Diego* ANNUAL IMPACT REPORT



LIVE WELL
SAN DIEGO

LiveWellSDAnnualReport.org

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INTRODUCTION

The *Live Well San Diego* vision is a shining example of our region’s continued commitment to community engagement, collective impact, and the power of partnerships. This annual report highlights the efforts of Recognized Partner organizations to positively impact the health and safety of our communities so that all can have the opportunity to thrive.

Now in its 14th year, the *Live Well San Diego* vision has grown from an audacious idea in 2010, to a growing, thriving social change movement in 2024. Over 571 Recognized Partner organizations have committed to the vision. Together, they have worked tirelessly to advance policies, improve infrastructure, and create changes that will positively shape our communities for years to come.

Building Better Health, Living Safely, and Thriving is the mantra of the *Live Well San Diego* vision. These three ideas summarize the individual and community drivers of health and provide a simplified message that guides our partner organizations toward achievable goals. These accomplishments and stories of impact are highlighted in this 2024 *Live Well San Diego* Annual Impact Report.



2023 Live Well Advance Conference and School Summit Staff

In addition to sharing these remarkable stories, the *Live Well San Diego* Top 10 Indicators are also highlighted in this report. These indicators help us measure the combined efforts to improve wellbeing across our region and provide a visual gauge to mark the progress we are making toward the vision as a collective.

As you read through this report, know that each smiling face captured in the photos across these pages is an individual who has contributed their own unique talents, skills, and ideas to this movement. From the boots on the ground to the policy makers, from the innovators to the activators, from the engaged community resident to the partner representative – each individual’s diverse qualities and perspectives are needed to create the type of lasting change that our communities deserve.

Together, we must continue to look for innovative ways to support active living and healthy eating, public safety and resiliency, education and economic growth, and access to quality care and services.

Everyone is welcome to take part in this movement because **together, we can do more than each of us can do alone.**



INCREDIBLE IMPACTS

No single entity can effectively address community issues in isolation, it takes a village. The impacts outlined below and across the pages of this report serve as a testament to the remarkable successes we are achieving collectively in our region to advance the *Live Well San Diego* vision.



26,053

Hours served by 8,590 volunteers, completing 5,313 projects in 2023.

Source: [Hands on San Diego](#)



5,449

Participants in job readiness and career navigation workshops, with 1,822 employment and/or education placements in 2023.

Source: [San Diego Workforce Partnership](#)



\$1 million

Grants awarded to 30 environmental champions, including *Live Well San Diego* Recognized Partners, to support local environmental initiatives through habitat restoration and urban greening projects.

Source: [SDG&E](#)

2,423

Trees planted throughout San Diego County in 2023.

Source: [Tree San Diego](#)



1,062

Local patient lives saved with 354 pints of blood from 24 community blood drives, in partnership with the County of San Diego.

Source: [San Diego Blood Bank](#)



63,522

Naloxone kits distributed directly into the hands of community members and via naloxone vending machines to prevent opioid overdose.

Source: [County of San Diego](#)



9,005

People permanently housed during FY 2023-2024.

Source: [Regional Taskforce on Homelessness Community Analysis Dashboard](#)



158,000+

Pounds of food donated by residents and transported by the postal service during the nation's largest single-day food drive.

Source: [Jacobs & Cushman San Diego Food Bank](#)



9,147

Backpacks filled with 220,290 school supplies for students experiencing homelessness during the annual Stuff the Bus Campaign.

Source: [San Diego County Credit Union](#)



WHO WE ARE

A vision. A movement. A collective.

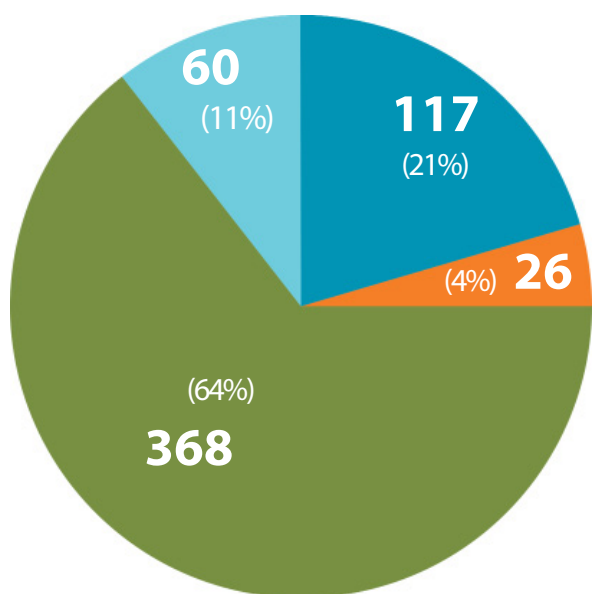
Live Well San Diego is a collective impact movement that relies on the collaboration of community members and individuals who represent a diverse group of organizations, businesses, schools and agencies, to create the type of positive change that can significantly improve people’s lives. These changemakers are committed to advancing equity, justice, and sustainability through community engagement – united by the principle that together we can create a region that is **Building Better Health**, **Living Safely**, and **Thriving**.

**Act like an organization but
THINK LIKE A MOVEMENT.**

The key driver to achieving this vision is through the **power of partnerships**. Our Partners encompass a wide range of organization types, including 117 business and media, 26 city and government, 60 school and education, and 368 community and faith-based organizations, totaling 571 Recognized Partners as of June 30, 2024.

The County of San Diego is the foundational support and backbone agency for the *Live Well San Diego* vision. Using the collective impact model, the County facilitates connections between organizations that offer different skills, resources, ideas, and approaches to create high-impact initiatives that can create ripples of change towards a better future for all.

Recognized Partners by Sector



Business & Media

Community & Faith-Based

Cities & Government

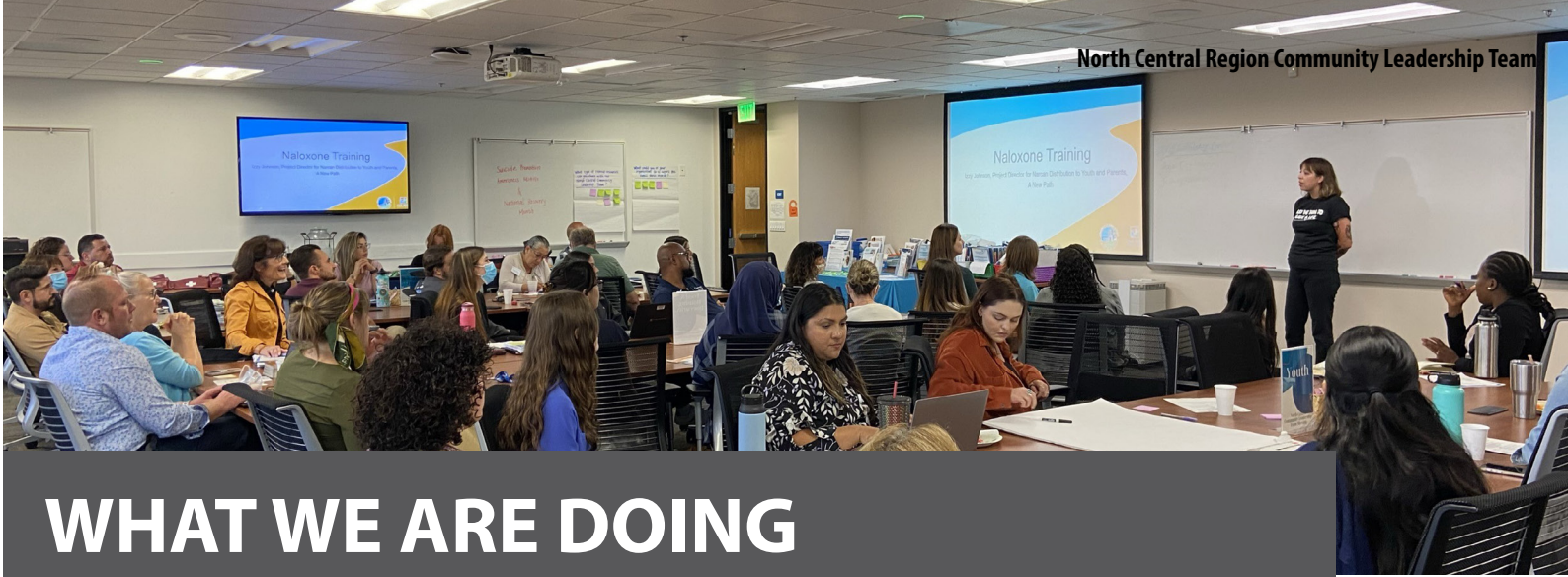
Schools & Education

Each of our Recognized Partners have made a formal commitment to the *Live Well San Diego* vision so that wherever you live, work, play, or pray, an organization or individual is nearby, working to improve your wellbeing and the health of your community.



This icon has been placed next to each Recognized Partner’s name in bold who is celebrating 10 years or more of active partnership. Join us in congratulating these early adopters, who have helped to grow the movement into what it is today! Visit page 15 to see a full list of Partners who turned 10 in 2024.

Want to join the movement? [LiveWellSD.org/BecomeAPartner](https://www.livewellsd.org/BecomeAPartner)



WHAT WE ARE DOING

It all starts with data.

REGIONAL ASSESSMENTS AND ACTION PLANS

Our regional *Live Well San Diego* Community Leadership Teams use a data-driven, outcomes-focused, and community-centered process to prioritize health and safety issues in our communities. The process requires collaboration and partnership and is based on the principle that everyone’s concerns and ideas should be heard, and the community should drive and take ownership of the resulting plan.

Data-Driven

First, a Community Health Assessment is completed by collecting information and data to help educate the Teams about the status of each region’s health and safety metrics, including presentations on health statistics, demographics, and social drivers of health such as income, education, and access.

Outcomes-Focused

A Community Enrichment Plan is then developed based on the community health and safety needs identified by the Assessment.

The Plan helps County staff and community members work together to set priorities, direct the use of resources, and outline actions to address strategic focus areas that can improve community health and wellbeing over the long term.

Community-Centered

Together, our Recognized Partners work with local leaders and community members, alongside County of San Diego staff to form workgroups and plan specific actions in support of each priority area. Partners from all sectors and backgrounds are needed to help create innovative solutions to address our communities’ most pressing needs.

Your voice is needed. Get involved.

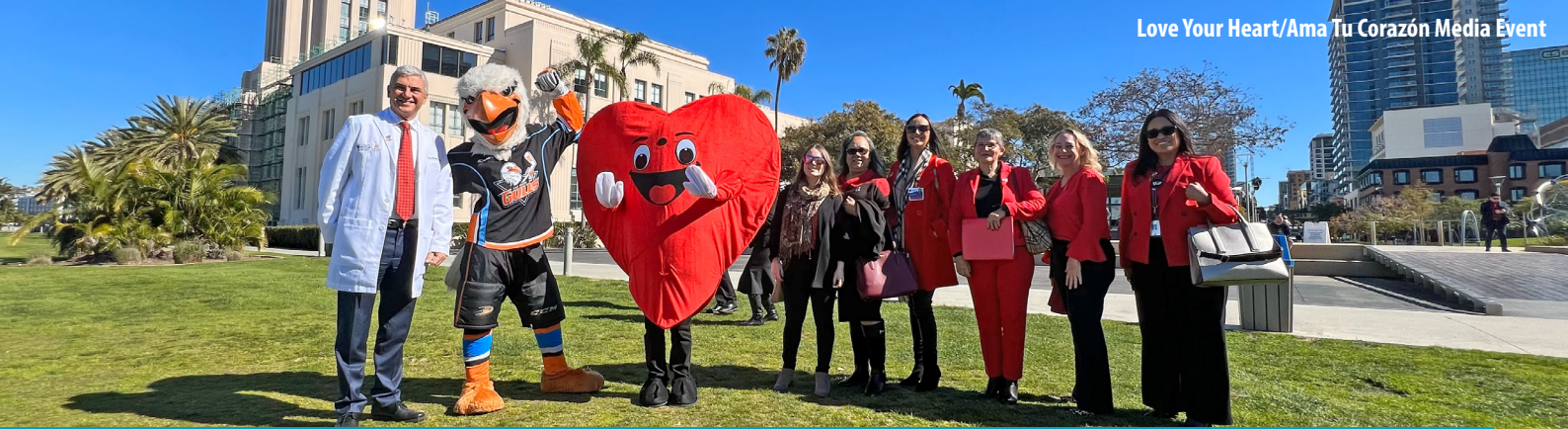
Find a region and priority theme below and learn more about the Community Leadership Team workgroup process.

[LiveWellSD.org/CLT](https://www.livewellsd.org/CLT)

Common Themes Across the Regions:

Housing and Homelessness, Behavioral Health, Economic and Food Insecurity

Region	THREE PRIORITIES		
South	Homelessness	Behavioral Health	Food Insecurity
East	Thriving and Inclusive Communities	Behavioral Health Solutions: Prevention and Early Intervention	Resilient Youth and Families
Central	Housing for All	Health and Wellbeing	Education and Economic Development
North Central	Food and Housing Insecurity	Behavioral Health	Youth
North County (Coastal and Inland)	Homelessness	Mental Health	Substance Abuse



BUILDING BETTER HEALTH

Building Better Health aims to improve the health of all residents and support healthy choices through access to quality care, physical activity, healthy eating, and preventing tobacco and other drug use. Our partners collaborate regularly, each contributing in unique ways to advance the shared vision and make a greater impact on the health of the 3.3 million residents living in the region.

RECOGNIZED PARTNER SUCCESS STORIES

- **California Schools VEBA** has been honored as the San Diego Business Journal's 2024 Outstanding Benefits Advisor of the Year serving 73 employers and over 153,000 public sector workers and their families. The awards also honored Healthcare Heroes from **10 Kaiser Permanente**, **10 Palomar Health**, **Rady Children's Hospital**, **St. Paul's Senior Services**, **10 TrueCare**, and **Neighborhood Healthcare**.
- The **American Pacific Health Foundation** provides health education and free health screenings to nearly 300 individuals annually, with the help of over 100 pharmacy and medical student volunteers.
- **Eric Paredes Save a Life Foundation** provided free youth heart screenings for over 41,000 youth, finding 642 with cardiac abnormalities requiring follow-up with a doctor—275 of those were specifically at risk for sudden cardiac arrest.
- 10 Olivewood Gardens and Learning Center** graduated over 500 Kitchenistas from their "Cooking for Salud" bilingual parent nutrition education program and served about 5,000 students from **National School District** for hands-on lessons in their school's garden and at Olivewood's gardens through a field trip.
- 10 Cardiff 101 Main Street** celebrated the 1st anniversary of their Cardiff Farmers' Market, the only market in Encinitas to accept EBT and WIC, ensuring locally grown produce is readily available to all community members.
- **Mama's Kitchen** is the first organization on the west coast, and second in the nation, to earn accreditation from the Food is Medicine Coalition for their dedication to providing medically tailored meals to people living with critical illnesses.
- **Community Health Systems**, through a partnership with the **Fallbrook Regional Health District** and **Fallbrook Union Elementary School District**, graduated 73 youth across 5 cohorts through their Wellness, Health, Education, & Empowerment for Life (WHEEL) Program.



San Diego Padres



Eric Paredes Save a Life Foundation



Cardiff 101 Main Street Association

- **The Parkinson's Association of San Diego** held its annual Step by Step 5K Walk attracting nearly 1,100 walkers, 55 sponsors and vendors, and an incredible flash mob, to support those impacted by Parkinson's.
- **Paradise Valley Hospital** in National City celebrated the 30th anniversary of their CLUB Walk program with over 200 regular attendees who walk the Plaza Bonita Mall and participate in a low impact Zumba class every Thursday.
- The **Live Well on Wheels** bus engaged with 31,662 community members providing 3,474 EBT cards at 441 community events, and partnered with over 100 organizations including **10 Champions for Health** who provided vaccines to over 400 people.
- The **County of San Diego**, in partnership with **Planned Parenthood** and Youth Will, installed over 1,000 Free4ME menstrual product dispensers in over 300 public-facing facilities across the region to promote menstrual equity and increase access to menstrual products.

SPORTS TEAM HIGHLIGHTS

- **Padres Foundation** - \$3.3 million distributed to communities in San Diego and Baja California, supporting over 500 charities with over 8,000 volunteer hours.
- **San Diego Legion Community Foundation** – Partnered with community organizations, including **San Diego Blood Bank** and **San Diego Food Bank**, and empowered students through the Read With Legion program and Imagine Rugby- a free rugby clinic at schools.
- **San Diego Gulls Foundation** – Supported over 300 classrooms through their Reading is the Goal program to help students grow a love for reading and increased access to hockey through free youth clinics.
- **San Diego Wave FC** – Partnered with PNC Bank to restore the soccer field at **Border View Family YMCA** on April 28 and welcomed soccer back into the community.
- **San Diego Seals** – Promoted lacrosse and healthy living with over 25 player appearances at schools, over 35 community events attended, and free lacrosse clinics reaching over 100 youth.
- **San Diego Strike Force** – Supported youth football by hosting a free football camp for boys and girls ages 5-17 years of age called "Boltz Day: A Junior Seau Legacy Camp."

SIGNATURE EVENT HIGHLIGHTS

- More than 5,500 people ran, walked, cheered, and exercised during the **2023 Live Well San Diego 5K and Fitness Challenge**, with 258 teams, 81 volunteers, and 62 community exhibitors coming together in support of better health for all ages.
- The **2023 Check Your Mood** depression screening event took place in October with 599 digital and in-person depression screenings conducted at 63 sites in 8 different languages.
- The **2023 Live Well Advance Conference and School Summit** was held on November 1 and had over 2,100 people register for the event, with nearly 40 learning sessions and 50 exhibitor booths in the Connection Hub.
- The **2024 Love Your Heart** blood pressure screening event brought 58,079 participants to one of 506 screening sites across the U.S. and Mexico, identifying 806 participants with a blood pressure at hypertensive crisis levels, a screening that potentially saved their life.

HEALTHY EATING Olivewood Gardens & Learning Center



ACTIVE LIVING The Parkinson's Association of San Diego



ACTIVE LIVING Paradise Valley Hospital



ACTIVE LIVING San Diego Seals





LIVING SAFELY

Living Safely addresses both the community’s perception of overall safety in the San Diego region as well as the actual incidence of crime, injury, and abuse. It encourages cooperation and collaboration between public agencies and partners to make our communities safer. Living Safely is a commitment by our partners to ensure our residents are protected from crime and abuse; our neighborhoods are safe to work, live, and play; and our communities are resilient to disasters and emergencies to create one of the safest communities in the nation.

RECOGNIZED PARTNER SUCCESS STORIES

- **SANDAG** launched the development of the Regional Vision Zero Action Plan, encompassing 19 jurisdictions, 17 federally recognized tribes, and over 3.3 million people in San Diego County; the Action Plan advances safe street initiatives and identifies areas at higher risk of traffic fatalities.
- 10 **Casa Familiar** won the Merit Award from the American Institute for Architects San Diego for their innovative project, La Semilla, a Climate Resiliency Research Center in San Ysidro, showcasing Environmental Justice in action.
- The **Identity Theft Resource Center** assisted more than 13,000 individuals who were reported victims of identity crimes or compromises and provided education to help avoid becoming a victim.
- 10 **Urban Corps of San Diego County** led 5 community safety projects, cleared 10,715,760 square feet of brush, collected and recycled 470,160 pounds of e-waste, removed 33,666 square feet of graffiti, and installed 500 feet of accessible side walks and 8 ADA ramps.
- 10 **Facilitating Access to Coordinated Transportation (FACT)** launched a pioneering transportation service called RideFACTNOW offering on-demand, affordable, and wheelchair- accessible transportation to San Diego County residents with barriers to mobility.
- The **Center for Community Research**, the **County of San Diego**, and other substance use and overdose prevention groups launched a new map to help individuals find resources, including medication assisted treatment (MAT) facilities, naloxone vending machines, and prescription drug drop off locations.



Escondido Education COMPACT



10 SBCS Resident Leadership Academy



Meals on Wheels

10 **Escondido Education COMPACT's** Project Hero youth mentors reached 84 youth, providing them with case management, field trips, trainings, and family fun nights to build strong relationships and create community.

- **Just In Time For Foster Youth** empowered nearly 3,000 young people in transition to become confident, capable, and connected through a commitment of over 5,000 volunteer hours and more than 150 collaborations.
- **Boys to Men Mentoring** established mentorship groups in 39 middle and high schools, serving over 800 participants through 46 weekly groups with the help of 114 active mentors, providing essential support to young men in our community.
- **Learn4Life Innovation High Schools** partnered with Community Wraparound to provide vital gang prevention and mentoring programs, serving 60 students daily across six schools.

PUBLIC AGENCY HIGHLIGHTS

- The **City of Santee** partnered with IMPACT Melanoma and **Grossmont Healthcare District** to increase awareness of the dangers of exposure to the sun's UV rays and encourage the adoption of sun safe habits by installing 7 sunscreen dispensers throughout City parks and at Santee Lakes and the Cameron Family YMCA.
- The **City of Carlsbad** achieved several important milestones towards its goal of reducing homelessness and its impacts on the community, including 37 people transitioned to permanent housing, 21 new shelter placements, and over 350 people served.
- 10** The **City of Chula Vista** Fire Department hosted the San Diego County Multi-Agency Wildland Preparedness Exercise with over 750 firefighters and 200 law enforcement officers participating in drills and trainings to maintain the skills needed to contain fires.
- The **City of Escondido** celebrated the Park Avenue Community Center's 50th anniversary and the grand opening of its outdoor senior nutrition area on May 6.
- 10** The **City of Lemon Grove** repaired 3,247 potholes, fixed 424 incidents of graffiti, and cleaned up 328 illegal dumping sites.
- 10** In 2023, the **City of La Mesa** housed 42 individuals and completed 1,657 service calls through their Homeless Outreach and Mobile Engagement (HOME) program.
- 10** During the statewide Shoulder Tap operation in March, the **City of National City** cited 5 individuals for furnishing alcoholic beverages to minors, preventing underage drinking and increasing the quality of life within the community.
- The **County of San Diego** partnered with UCSD School of Public Health to announce Revive & Survive San Diego, a new initiative created to save lives by training 1 million San Diegans in hands-only CPR.
- **Multiple agencies** throughout San Diego County launched a new evacuation notification technology called Genasys EVAC that will help emergency managers and dispatchers send out more-precise location-based alerts during an emergency evacuation.

PREVENTION

Center for Community Research



PROTECTION

City of Santee



PREVENTION

Boys to Men Mentoring



PREPAREDNESS

San Diego Blood Bank





THRIVING

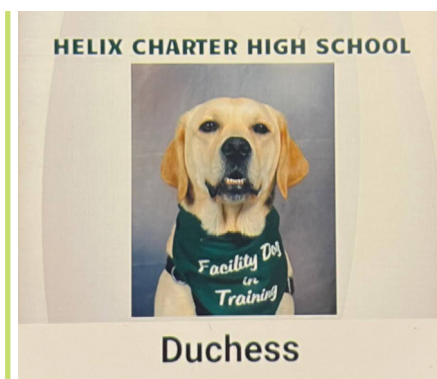
Thriving focuses on cultivating opportunities for all people and communities to grow, connect, and enjoy the highest quality of life. It focuses on the Built and Natural Environment; Enrichment; and Prosperity, Economy and Education. Our partners have developed goals and strategies to work on improving transportation, built environment and neighborhoods, housing, natural environment, civic life, community activities, workforce, and economic development.

RECOGNIZED PARTNER SUCCESS STORIES

- **Helix High School**, a charter school through the **Grossmont Union High School District**, adopted a campus Facility Dog named “Duchess” to provide social and emotional support and help students and staff feel confident, comfortable, and safe which supports a healthy learning environment.
- **A Reason To Survive (ARTS)** creative youth development art programs, in partnership with **The San Diego Foundation, National School District, San Diego Unified School District, and Sweetwater Union High School District**, reached over 750 youth in the South County of San Diego.
- The **Mission Trails Regional Park Foundation** made its first donation of land to the **10 City of San Diego** to expand the park by 55 acres to preserve habitat, protect the San Diego River watershed, and grow Mission Trails.
- **Project NEXT**, through a partnership with the **San Marcos Unified School District** and the **University of San Diego**, brought 25 high schoolers through their Real Estate Awareness and Diversity Initiative.
- **DETOUR** partnered with Our Genetic Legacy for an inaugural “Thrive Outside” trip to Africa in November for a group of local girls interested in STEM fields to learn to pilot drones and map historical sites significant to Black, Indigenous, and People of Color (BIPOC) Americans.
- **SANDAG** has partnered with the **City of San Diego, National City, Caltrans**, and the community-based organizations **Urban Collaborative Project, Groundworks San Diego-Chollas Creek, and Mundo Gardens** to reclaim 57 acres along the 805 corridor to create a vibrant, green space that integrates cultural art, reforestation efforts, and sustainable transportation.



SANDAG, City of San Diego, National City, Urban Collaborative Project



Helix Charter High School



American Academy of Pediatrics, California Chapter 3

10 **Bayside Community Center** served 7,502 congregate meals to participants in their daily Senior Lunch Program, in partnership with **10** **Jewish Family Service of San Diego**.

- **ElderHelp of San Diego** celebrated its 50th anniversary helping more than 260,000 seniors to remain independent and live with dignity in their own homes with the support of over 462,000 volunteer hours.
- The **San Diego Foundation** distributed \$131.1 million throughout the region to 2,577 nonprofits in 8,925 grants to continue building equitable and resilient communities.
- The **Escondido Creek Conservancy** partnered with the **10** **Escondido Union School District** to have every district 3rd grader — 1,500 students — participate in their “Habitats: Inquiry into Action” program and engaged 150 additional 1st and 2nd graders in their “Schoolyard Safari After School Enrichment” program.
- **Boys and Girls Clubs of Greater San Diego** served 23,366 youth through their programs and provided \$382,152 in scholarship assistance and served 218,783 free and healthy snack/meals.
- **Grossmont Union High School District** received the Classroom of the Future Foundation’s 2024 Innovation in Education Impact Award for its Patient Care Pipeline Program which prepares high school students for a variety of healthcare career
- **San Diego Unified School District** unveiled a state-of-the-art food truck to provide work-based learning for culinary students at Mira Mesa, Hoover, San Diego, Garfield, and Morse high schools.
- **The Elizabeth Hospice**, in partnership with the Rob Benzon Dan Ferbal Foundation, has supported over 1,100 children through Camp Spero, a bereavement camp for children and teens to help them find hope during their grieving process.
- **SAY San Diego** completed a community engagement project at their Healthy Start Military Family Resource Center to install playground stencils to help increase physical activity and reduce obesity in the community.
- **The Live Well San Diego Sector Teams** hosted telebriefings, workshops, panels, town-halls, and trainings covering public health, mental health, emergency preparedness, career preparation, equity and inclusion, social impact, and more, reaching over 9,000 participants across the San Diego County region.

LITERACY HIGHLIGHTS

- 10** **ABC 10News**, in partnership with the **San Diego Council on Literacy** and support from the **10** **San Diego County Office of Education**, distributed more than 2,000 books to students in 9 Title 1 schools across the county, enough for each student to take home 2 free books.
- The **American Academy of Pediatrics, California Chapter 3** celebrated the 30th anniversary of their Reach Out and Read San Diego program which has distributed over 2 million books to children through local pediatric offices in San Diego and Imperial Counties since 1995.
- 10** **SDCCU** in partnership with the **San Diego County Library** collected 11,058 books through their Lift Up Literacy book drive to increase access to reading and improve literacy.
- From 2022-2023, **Words Alive** connected with 5,675 children, teens, and families, with the support of 1,083 volunteers, to reading through their Family Literacy Program, Read Aloud Program, and Adolescent Book Group.

CONNECTING
ElderHelp



ENGAGING
Escondido Creek Conservancy



CONNECTING
The Elizabeth Hospice



FLOURISHING
ABC 10 News





HOW WE MEASURE PROGRESS

Capturing our collective impact.

The *Live Well San Diego* Top 10 Indicators are divided into five Areas of Influence essential for overall wellbeing: health, knowledge, standard of living, community, and social. These Indicators define what it means to live well in San Diego County. Measured across the lifespan among all residents, the *Live Well San Diego* Top 10 Indicators capture the collective impact of programs, services, and interventions provided by government, businesses, schools, organizations, and community stakeholders striving to improve wellbeing so that all San Diego County residents can be healthy, safe, and thriving. LiveWellSD.org/Data

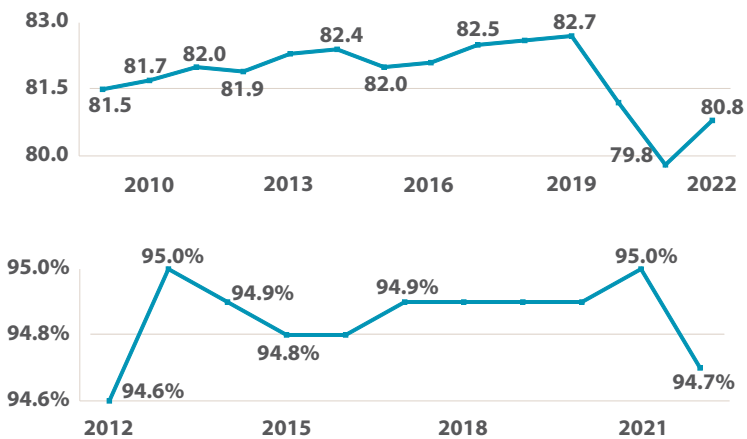
HEALTH - ENJOYING GOOD HEALTH AND EXPECTING TO LIVE A FULL LIFE

80.8

LIFE EXPECTANCY:
LENGTH OF LIFE EXPECTED AT BIRTH, IN YEARS (2022)

94.7%

QUALITY OF LIFE:
PERCENT OF THE POPULATION SUFFICIENTLY HEALTHY TO LIVE INDEPENDENTLY (2022)



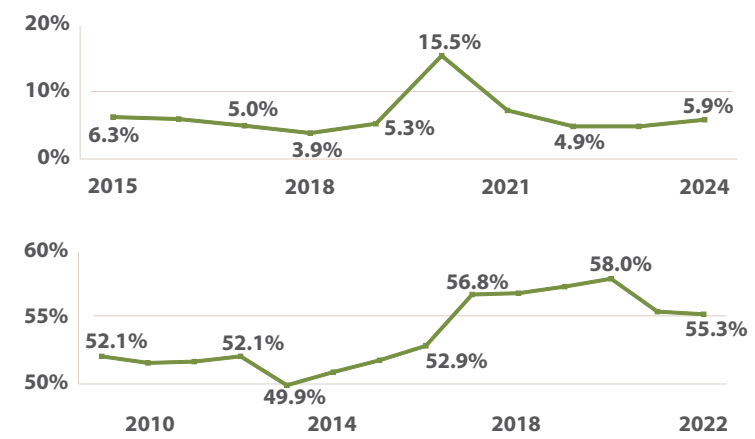
STANDARD OF LIVING - HAVING ENOUGH RESOURCES FOR A QUALITY LIFE

5.9%

UNEMPLOYMENT RATE:
PERCENT OF THE TOTAL LABOR FORCE THAT IS UNEMPLOYED (2024)

55.3%

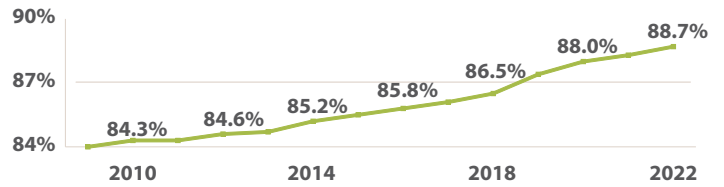
INCOME:
PERCENT OF POPULATION SPENDING LESS THAN 1/3 OF INCOME ON HOUSING (2022)



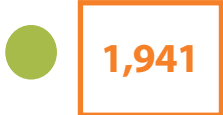
KNOWLEDGE - LEARNING THROUGHOUT THE LIFESPAN



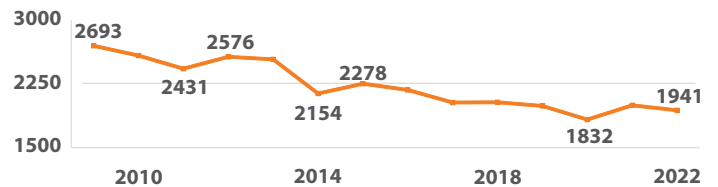
EDUCATION:
PERCENT OF POPULATION AGED 25 AND OVER WITH AT LEAST A HIGH SCHOOL DIPLOMA OR EQUIVALENT (2022)



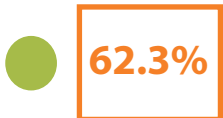
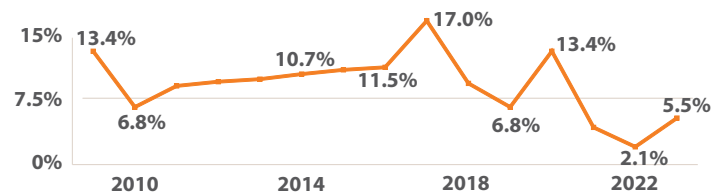
COMMUNITY - LIVING IN A CLEAN AND SAFE NEIGHBORHOOD



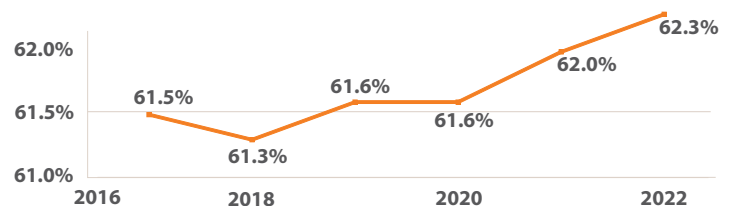
SECURITY:
NUMBER OF CRIMES PER 100,000 PEOPLE (2022)



PHYSICAL ENVIRONMENT:
PERCENT OF DAYS THAT AIR QUALITY WAS RATED AS UNHEALTHY FOR SENSITIVE POPULATIONS (2023)



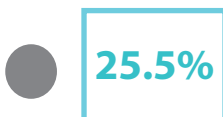
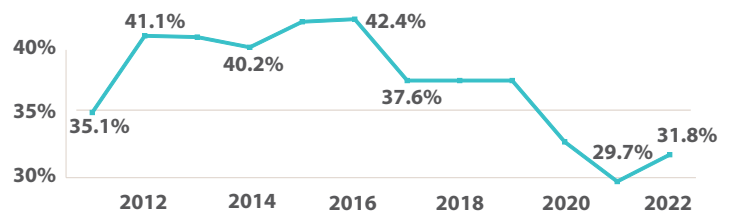
BUILT ENVIRONMENT:
PERCENT OF POPULATION LIVING WITHIN A QUARTER MILE OF A PARK OR COMMUNITY SPACE (2022)



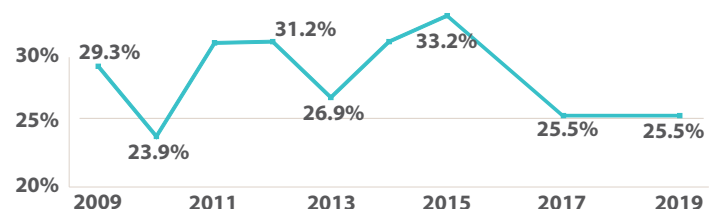
SOCIAL - HELPING EACH OTHER TO LIVE WELL



VULNERABLE POPULATIONS: PERCENT OF POPULATION WITH INCOME OF 200% OR LESS OF THE FEDERAL POVERTY LEVEL, WHO HAVE EXPERIENCED FOOD INSECURITY (2022)



COMMUNITY INVOLVEMENT:
PERCENT OF POPULATION WHO VOLUNTEER (2019)



● Positive Change
 ● Negative Change
 ● No Change

NEW! LIVE WELL REGIONAL DATA HUB

Promoting data availability and accessibility.

We've gathered a variety of local data reports and dashboards to help you find the right information to make data-driven decisions, including:

- Community Health Assessment and Improvement Plans focused on the health of specific regions
- The new *Live Well San Diego* Children and Families Data Hub focused on the health of youth and their families

LiveWellSD.org/RegionalDataHub



WHERE WE ARE GOING

Forward thinking. Taking action.

The collective actions made toward achieving the *Live Well San Diego* vision play a crucial role in meeting the needs of our region and enhancing the wellbeing of our residents.

SHARE YOUR IMPACT

Recognized Partners across San Diego County are the driving force behind the strength, reach, and impact of the *Live Well San Diego* vision. Read their inspiring success stories, subscribe to our newsletter, and learn how to share your impacts at [LiveWellSD.org/news](https://www.livewellsd.org/news)

ENGAGE AND NETWORK

The Virtual Connection Hub is a space for Partners, local leaders, and community members to share ideas, discuss important topics, provide feedback on policy and planning, and contribute to the future of the *Live Well San Diego* vision. Engage with us at [Engage.LiveWellSD.org](https://www.livewellsd.org/engage)

COMMUNITY LEADERSHIP TEAMS

Community Leadership Teams provide a central point for planning and organizing collaborative action. Together, Recognized Partners and community leaders use data to develop and address priority needs, identify resources, and plan actions to improve the regions' health and wellbeing. Join a team at [LiveWellSD.org/CLT](https://www.livewellsd.org/clt)

SECTOR ENGAGEMENT TEAMS

Sector Engagement Teams bring population-specific organizations together to collaborate and share resources and best practices. Promoting healthy, safe and thriving communities is the goal within each sector, and providing relevant and tailored resources to address disparities is a priority. [LiveWellSD.org/sectors](https://www.livewellsd.org/sectors)

SIGNATURE EVENTS

Local leaders are needed to help support events:

- **Love Your Heart** - Host a blood pressure screening site or educational event; Provide general or medical volunteers (25,000+ participants).
- **5K & Fitness Challenge** - Provide sponsorship, host an exhibitor booth, join a race team (5,000+ participants).
- **Live Well Advance Conference & School Summit** - Present a breakout session, host an exhibitor booth, or provide sponsorship (2,000+ participants).

ACTIONS YOU CAN TAKE



Participate

Attend, host, or sponsor a Signature Event



Speak

Share your expertise at the next Sector or Leadership Team meeting or Live Well Advance



Host

Organize your own event or work with other organizations to create one



Collaborate

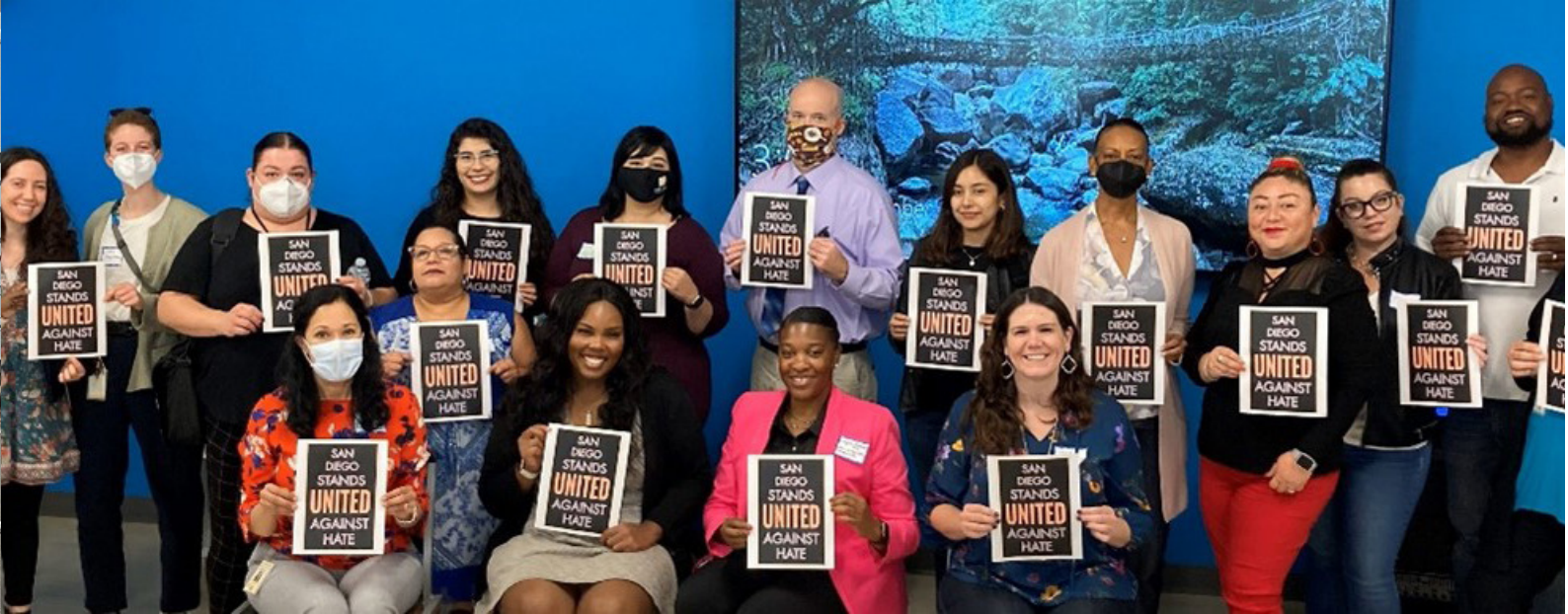
Take action in community and sector-based work groups



Communicate

Share your stories to help others learn best practices

Reach out directly to your Partner Liaison or contact LWSD.HHSA@sdcounty.ca.gov to create customized connections and actions steps.



IN RECOGNITION:

COMMUNITY LEADERSHIP TEAM CO-CHAIRS

Our Community Leadership Teams do tremendous work in our communities to support a healthy, safe, and thriving region. These teams are co-led by a representative from a local organization and County of San Diego staff who are invested in the success of each region. The leadership of each of our co-chairs has been vital to creating the type of collective impact that moves the *Live Well San Diego* vision forward.

North County Regions Community Leadership Team Co-Chairs

Nannette Stamm

Chief Community Health Officer,
Vista Community Clinic

Jaime Figueroa

Donor Relations Manager
TrueCare

North Central Region Community Leadership Team Co-Chair

Karen Lenyoun

Research Project Coordinator,
UCSD School of Public Health

East Region Community Leadership Team Co-Chairs

Rynna Herwehe

Health Program Specialist,
All Kids Academy Headstart

Kenya Taylor

Licensed Marriage and Family
Therapist (LMFT)

Seraphina Eberhardt

Program Manager, East
Institute of Public Strategies

Central Region Community Leadership Team Co-Chair

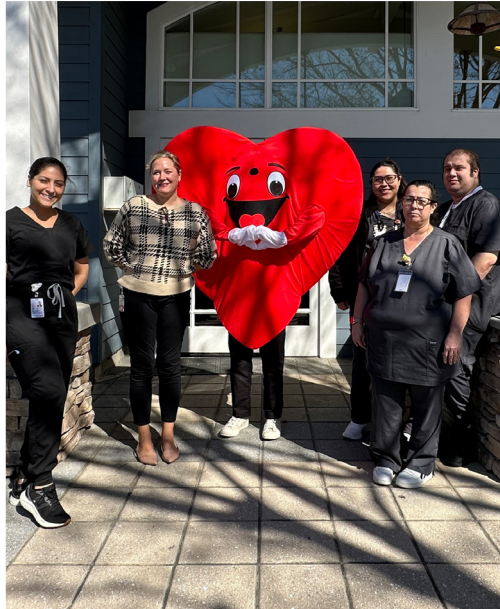
Brian "Barry" Pollard

Executive Director,
The Urban Collaborative Project

South Region Community Leadership Team Co-Chair

Valerie Brew

Director Child Well Being and Family Wellness,
SBCS



The following Recognized Partners have been active since 2014 and are celebrating 10 years of collective action. Join us in congratulating these early adopters, who have helped to grow the movement into what it is today. Find our full list of Partners: [LiveWellSD.org/partners](https://www.LiveWellSD.org/partners)

2-1-1 San Diego
 American Lung Association
 American Medical Response
 Anthem Blue Cross
 Arthritis Foundation
 Bayside Community Center
 Cajon Valley Union School District
 Cardiff 101 Main Street Association
 Cardiff School District
 Casa Familiar
 Champions for Health
 Chula Vista Community Collaborative
 City of Encinitas
 City of San Marcos
 Community Alliance for Healthy Minds
 Community Health Improvement Partners
 Community Information Exchange
 CVS Health
 Dirty Dogs
 Encinitas 101 MainStreet Association
 Encinitas Chamber of Commerce
 Escondido Education COMPACT
 Escondido Union High School District

George G. Glenner Alzheimer's Family Centers
 Institute for Public Strategies
 Institute of Contemporary Art San Diego
 Jacobs & Cushman San Diego Food Bank
 Jewish Family Service of San Diego
 Jimbo's...Naturally!
 Julian Union Elementary School District
 Kaiser Permanente
 Lake San Marcos Community Association
 Lakeside Union School District
 Lemon Grove School District
 Leucadia 101 Main Street Association
 Live Well San Diego Lions Club
 Mental Health Systems, Inc.
 MiraCosta Community College District
 Mountain Health and Community Services Inc.
 North County Community Action Network
 North County Lifeline
 Olivewood Gardens & Learning Center
 OptumHealth San Diego

Project New Village
 San Diego County Breastfeeding Coalition
 San Diego County Credit Union
 San Diego County Office of Education
 San Dieguito Union High School District
 San Ysidro Health Center
 Santee School District
 Serving Seniors
 SBCS
 Spencer Valley Elementary School District
 Terra American Bistro
 TrueCare
 United Way of San Diego County
 Urban Corps of San Diego
 VIP Village Preschool
 Vista Community Clinic
 Vista Unified School District
 Vons

10 YEAR RECOGNIZED PARTNERS

Thank you for helping us grow the *Live Well San Diego* vision and your commitment to creating a region that is Building Better Health, Living Safely, and Thriving!



LIVE WELL
 SAN DIEGO

[LiveWellSDAnnualReport.org](https://www.LiveWellSDAnnualReport.org)

