

K-12 TELEBRIEFING



December 3, 2024

Welcome!



SUBJECT MATTER EXPERTS



Dr. Beatty
Assistant Medical Director
County of San Diego



Tracy Schmidt
Director of Safety and
Student Engagement, SDCOE



Dr. Taras
Physician Consultant
SDCOE



Dr. Motadel
Chief Pediatric Officer
County of San Diego



Corinne McCarthy
Coordinator, School Nursing
SDCOE

SPECIAL GUESTS



Patty Baker
Human Services Program Manager
Self Sufficiency Services



Mimi Hernandez
Program Specialist II
Self Sufficiency Services

EDUCATION SECTOR TEAM



Nicole Villa



Tiffany Su



Samantha Mendoza



Jen Levy

AGENDA



Agenda Item	Speaker/Presenter
Welcome, Introductions, & Announcements	Nicole Villa
CalWORKs Outcomes and Accountability System Improvement Plan	Patty Baker & Mimi Hernandez
End-of-Year Feedback Opportunity	Nicole Villa
Shaping Smartphone Use in Schools	Tracy Schmidt
Public Health Updates	Dr. Beatty
Q&A Session	All Panelists

Tracy Schmidt

- Tracy is the Director of Attendance, Safety, and Student Engagement for the San Diego County Office of Education.
- She has served as an educational student services administrator for 16 years, with 13 years working in San Diego County school districts (Escondido Union and Oceanside Unified).
- Before that, Tracy supported students, families, and school staff as a clinical school social worker.
- Tracy is the proud mom of a 7th grader in the San Dieguito school district and an avid sports fan of both Los Angeles and San Diego teams.





Announcements

National Influenza Vaccination Week



[National Influenza Vaccination Week](#) (December 2-6) is a national awareness week highlighting the importance of influenza vaccination. Visit the [County website](#) for more information and resources on seasonal influenza.

National Handwashing Awareness Week



National Handwashing Awareness Week

is dedicated to helping people remain healthy one handwash at a time.

Practicing good hand hygiene is a simple yet effective way to prevent infections and the spread of germs.

Check out [downloadable handwashing resources](#) from the CDC.

National Handwashing Awareness Week
December 1 - 7, 2024

Will Sawyer MD
Infection Prevention Expert

CHAMPION HANDWASHER

www.henrythehand.org

The graphic features a blue background with white bubbles. On the left is the yellow cartoon character Henry the Hand, wearing a white t-shirt with "HENRY THE HAND" and blue shorts. In the center is a photo of Will Sawyer MD, an infection prevention expert, with a stethoscope. On the right is a circular badge with a red border and white stars, containing the text "CHAMPION HANDWASHER" and a smaller version of Henry the Hand. The website address "www.henrythehand.org" is at the bottom.

The Adverse Effects of Youth Cannabis Use & Mental Health Concerns



RESIDENT LEADERSHIP ACADEMY

SUPPLEMENTAL TRAINING ONLINE COURSE: THE ADVERSE EFFECTS OF YOUTH CANNABIS USE & MENTAL HEALTH CONCERNS

NEW DATE: DECEMBER 5, 2024
TIME: 3:00PM-5:00PM

SPANISH INTERPRETATION AVAILABLE

OBJECTIVES:

- List two ways the brain is still growing until age 25
- Identify cannabis use as a risk factor for psychosis
- Learn how to use Drugs.com to check for medication interactions
- Identify how delta THC products are different from traditional marijuana products



SPEAKER BIO:

Dr. Roneet Lev, MD, is board-certified in emergency and addiction medicine. She was the first Chief Medical Officer of the White House Office of National Drug Control Policy (2018-2020) and previously served as chief of the emergency department at Scripps Mercy Hospital in San Diego. Currently, she chaired the San Diego Community Response to Drug Overdose (CRDO) Task Force and lead the San Diego Prescription Drug Abuse Medical Task Force, which she founded in 2012. Her "Death Diaries" research examined prescription patterns of overdose victims. Dr. Lev is also the Executive Director of the Independent Emergency Physicians Consortium (IEPC), founder and VP of the International Academy on the Science and Impact of Cannabis (IASIC), and hosts the podcast "High Truths on Drugs and Addiction."

REGISTER NOW

[HTTPS://US06WEB.ZOOM.US/MEETING/REGISTER/TZKC--QRDMQG9FGQ3QB3N8VBZQ2MTFEAML](https://us06web.zoom.us/join/zoom/register/tzkc--QRDMQG9FGQ3QB3N8VBZQ2MTFEAML)

FOR MORE INFORMATION

EMAIL: LPUEBLA@SDCHIP.ORG OR
CALL 858-609-7971

FUNDING FOR THIS PROGRAM IS PROVIDED BY THE COUNTY OF SAN DIEGO, HHS-A, DEPARTMENT OF HOMELESS SOLUTIONS AND EQUITABLE COMMUNITIES



RESIDENT LEADERSHIP ACADEMY
BY COMMUNITY HEALTH AND WELLNESS PARTNERS

School Medicaid Expansion



Join a panel of state experts who will discuss the status of school Medicaid expansion today and the necessary work ahead to increase and sustain student access to essential health services on **December 10** at 12 PM.

[Learn more and register.](#)

Reimagining Student Discipline: A Trauma-Informed Perspective



Join Alliance for a Healthier Generation for a webinar on **December 11** at 12 PM to learn how to use a trauma-informed approach to reimagine student discipline.

[Learn more and register.](#)



Family Engagement Solutions

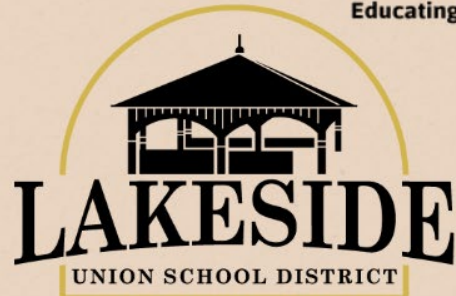


[Family Engagement Solutions](#) is a new online tool from the [National PTA](#) and Johns Hopkins University to help district and school leaders, educators, and advocates find evidence-based programs that strengthen family-school partnerships and improve student outcomes.



Celebrating 10 Years as Recognized Partners!

December 2014 - December 2024



LiveWellSD.org/Partners

**CalWORKs
(Cal-OAR)
Outcomes and Accountability
Review
(Cal-SIP)
CalWORKs System Improvement
Plan**



Cal-OAR Background



- Established by Senate Bill (SB) 89 (Statutes of 2017) as [Welfare and Institutions Code \(WIC\) 11523](#)
- Cal-OAR is the State's CalWORKs Outcomes and Accountability Review
- Cal-OAR institutes a local data-driven program management system that facilitates continuous improvement of county CalWORKs programs by collecting, analyzing, and disseminating outcomes and best practices regarding specified performance measures

Cal-OAR Background (continued)



- To develop the Cal-OAR principles, the California Department of Social Services (CDSS) convened workgroups composed of various stakeholders, including current and former CalWORKs recipients, representatives from county human services agencies, and statewide advocates
- The Cal-OAR workgroups developed recommendations for the Cal-OAR components/measures and the work plan by which Cal-OAR would be conducted in California

Cal-OAR Purpose & Structure



- The purpose of Cal-OAR is to promote continuous quality improvement (CQI) and customer engagement in county CalWORKs programs
- The Cal-OAR process is structured into 5-year cycles
- Following an implementation delay from July 2020 through June 2021 due to the COVID pandemic, the first Cal-OAR cycle began on July 01, 2021, and ends on June 30, 2026

Cal-OAR Components Overview



- Cal-OAR is comprised of 6 components
 1. Performance Measures data
 2. The CalWORKs County Self-Assessment (Cal-CSA)
 3. Planning for the System Improvement Plan
 4. The CalWORKs System Improvement Plan (Cal-SIP)
 5. Implement and evaluate Cal-SIP strategies
 6. Provide progress reports to the State



Components Overview (continued)



- The Cal-OAR components reflect the CalWORKs Continuous Quality Improvement (Cal-CQI) Process of planning, analysis, implementation and evaluation
- Cal-CQI includes an in-depth self-assessment of the county CalWORKs program, development of a plan to improve the county CalWORKs program, implementation of the improvement plan, and progress updates. Each component is a multi-step process and includes certain reporting requirements.

#1 – Performance Measures



- A requirement of Cal-OAR is to include process and outcome performance measures within specified categories developed by CDSS in consultation with the Cal-OAR Workgroup
- There are a total of 26 performance measures
- The Cal-OAR performance measures provide counties with a data-based, comprehensive view of their CalWORKs program's outcomes to enable in-depth analyses and strategic planning for program improvement

#1 - Performance Measures (continued)



- During the first cycle of Cal-OAR performance measures will be reviewed:
 - Initial Engagement
 - Ongoing Engagement
 - Supportive Services
 - Education
 - Employment and Wages
 - Exits and Re-entries
- Cal-OAR performance measures align with the CalWORKs logic model and emphasize CalWORKs ES activities that lead to meaningful participant progress toward key outcomes, including participant engagement, supportive services, and program exits and reentries
- Data for Cal-OAR performance measures is pulled from various systems by CDSS, reported to counties monthly, then added to an Online Cal-OAR Data Dashboard

#2 - CalWORKs County Self-Assessment (Cal-CSA)



- The Cal-CSA identifies strengths and weaknesses of current practices and resource development, and considers how local operations and systemic factors affect program outcomes
- The Cal-CSA outlines the areas of improvement the county would like to focus on in their system improvement plan
- To develop the Cal-CSA, San Diego County reviewed performance measure data and utilized the San Diego County Access and Enrollment Assessment Report to identify strengths and weaknesses within our CalWORKs and ES programs

#3 – Planning for the CalWORKs System-Improvement Plan(Cal-SIP)



- Creation of a System Improvement Plan is the next step of the Cal-OAR process
- Counties are required to develop a CalWORKs System Improvement Plan (Cal-SIP) in consultation with a peer county
- The Cal-SIP identifies focus areas based on the Cal-CSA and describes how a county intends to improve their CalWORKs/Employment Services program outcomes in specified areas

#3 – Planning for the CalWORKs System-Improvement Plan (Cal-SIP)



- The peer review process focuses on the county's selected areas for improvement and provides additional insight and technical assistance
- During the peer review process, San Diego County partnered with Tulare County to work together to review the Cal-CSA reports and form strategies for improvement in the identified Cal-SIP focus area

#4 - Cal-SIP



San Diego County selected the following performance measures to focus on for our Cal-SIP:

1. Increase the Attendance Rate Regarding the First ES Activity
 - Our goal is to increase the attendance rate for parent participation in their first ES activities from 33% to 75% within 2 years for a total of a 42% improvement

#4 - Cal-SIP (continued)



2. Decrease the Rate of Program Reentries of ES Participants

- Our goal is to decrease the rate of program re-entries of ES participants into the CalWORKs program from 18% to 15% within 2 years for a total of a 3% improvement

#4 - Cal-SIP (continued)



3. Equity Goal Requirement

- San Diego County also included an Equity Goal in the Cal-SIP related to the 2nd targeted performance measure
- The Equity Goal is to ensure that the rate of program re-entries for Haitian/Creole language cases also decreases during the 2-year period

#5 – Implement and Evaluate



Once the Cal-SIP is approved by the County Board of Supervisors, we will implement the following strategies:

- A warm handoff process to ES staff to engage non-responsive customers
- Improve ES knowledge base of eligibility staff to serve as messengers of the benefits of the program
- Increased monitoring of staff actions
- Leverage existing partner relationships to encourage customer engagement and participation
- Issue policy reminders to eligibility staff regarding rescinding application denials and discontinuances

#5 – Implement and Evaluate



- Continue discussion promoting ES during Policy Accuracy Review meetings
- Issue reminders to staff on the various methods customers can utilize to submit documentation to prevent denials/discontinuances
- Monitor Haitian/Creole cases to ensure intensive case management to prevent discontinuances

Evaluation of outcomes will continuously be monitored through a review of the performance measure data

#6 – Progress Report



- Counties will also complete annual progress reports regarding the status of their Cal-SIP
- The Progress Report process will include a continuation of the peer review process and completion of reports on the outcomes of the Cal-SIP
- The Cal-SIP Progress Report will describe the results of the improvement strategy implementation by sharing progress, successes, barriers and challenges, and adjustments to the improvement strategies

Next Steps



- San Diego County will seek approval on 12/10/24 from the County Board of Supervisors for the Cal-SIP Report
- Following Board of Supervisor approval, San Diego County will implement the Cal-SIP strategies we have identified
- Cal-SIP strategies will be continuously monitored for outcomes and re-adjustment if needed



LIVE WELL
SAN DIEGO

Questions?

Patty Baker

Patty.Baker@sdcounty.ca.gov

619-884-3289

PROVIDE YOUR FEEDBACK!



Complete our [Feedback Form](#) by **December 20th** to be entered for an opportunity to receive a \$50 gift card!

Your input will help shape our sector activities in the new year!



San Diego County Office of Education

**Assembly Bill 3216
Phone-Free School Act**

AB 3216

On September 23, 2024, Governor Gavin Newsom signed Assembly Bill 3216, the **Phone-Free School Act**, to require every school district, charter school and county office of education to develop a policy **limiting the use of smartphones** on school campuses **by July 1, 2026**.

Jan.
2020

AB 272 goes into effect which allows schools to adopt policy to limit or prohibit the use of smartphones.

Aug.
2024

Governor Newsom through a letter urges every school district to act to restrict smartphone use on campus to begin the new academic year.

Sept.
2024

Governor Newsom signs the Phone-Free School Act requiring schools to adopt policy to limit or prohibit the use of smartphones by July, 2026.

“We know that excessive smartphone use increases anxiety, depression, and other mental health issues – but we have the power to intervene. This new law will help students focus on academics, social development, and the world in front of them, not their screens, when they’re in school.”

Governor Gavin Newsom

Research Behind AB 3216

Dr. Jean Twenge, a professor of psychology at San Diego State University, published a book in 2017 entitled “iGen,” which presents evidence of an increase in depression and suicide among American teenagers that may be caused by increased mobile device screen time and social media use.

- Grade 8 pupils who spend 10 or more hours per week on social media are:
 - 56 percent more likely to describe themselves as unhappy
- Teenagers who spend three hours per day or more on their devices are:
 - 35 percent more likely to demonstrate risk factors for suicide
- Teenagers who spend five or more hours per day on their devices are:
 - 71 percent more likely to demonstrate a risk factor for suicide

Key Elements of AB 3216

1. The goal of the policy shall be to promote evidence-based use of smartphone practices to support pupil learning and well-being
2. The development of the policy shall involve significant stakeholder participation to ensure that the policies are responsive to the unique needs and desires of pupils, parents, and educators in each community
3. The policy should include enforcement mechanisms that limit access to smartphones
4. Pupils must not be prohibited from using their phones in the case of an emergency or perceived threat of danger, as allowed by their teachers, and if indicated by a physician or a pupil's individualized education plan



Medical Updates

Dr. Beatty

RESPIRATORY VIRUS UPDATE



COVID-19

Cases
19,124

Deaths
169

Outbreaks*
146

6/30/2024 – 11/16/2024

November 21, 2024

Influenza

Cases
1,432

Deaths
7

Outbreaks*
1

6/30/2024 – 11/16/2024

RSV

Cases
203

Deaths
0

Outbreaks*
0

6/30/2024 – 11/16/2024

*In residential congregate settings

[Respiratory Virus Surveillance Report](#)

Figure 1.1. San Diego County COVID-19 Confirmed and Probable Cases (N=19,124)

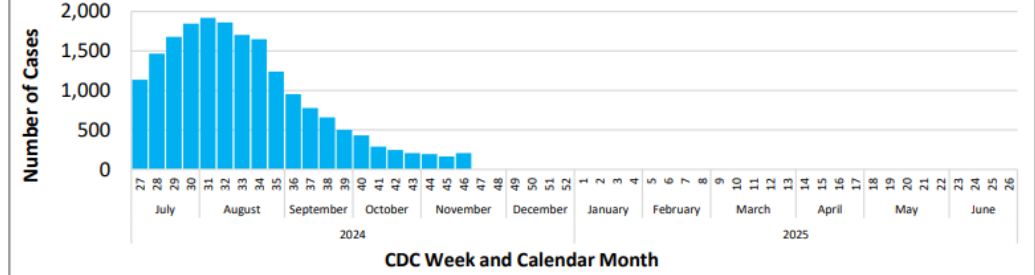


Figure 1.2. San Diego County Influenza Cases (N=1,432)

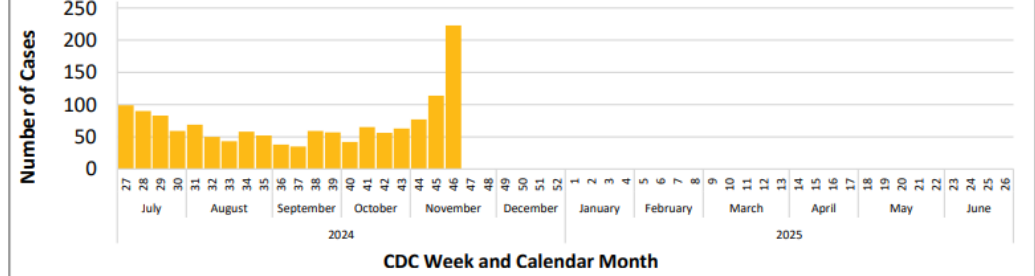
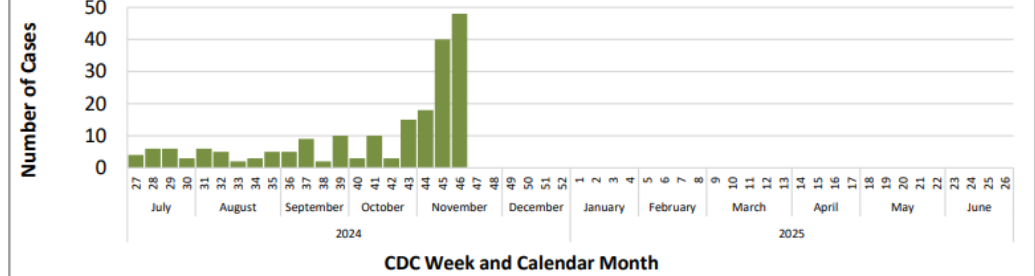


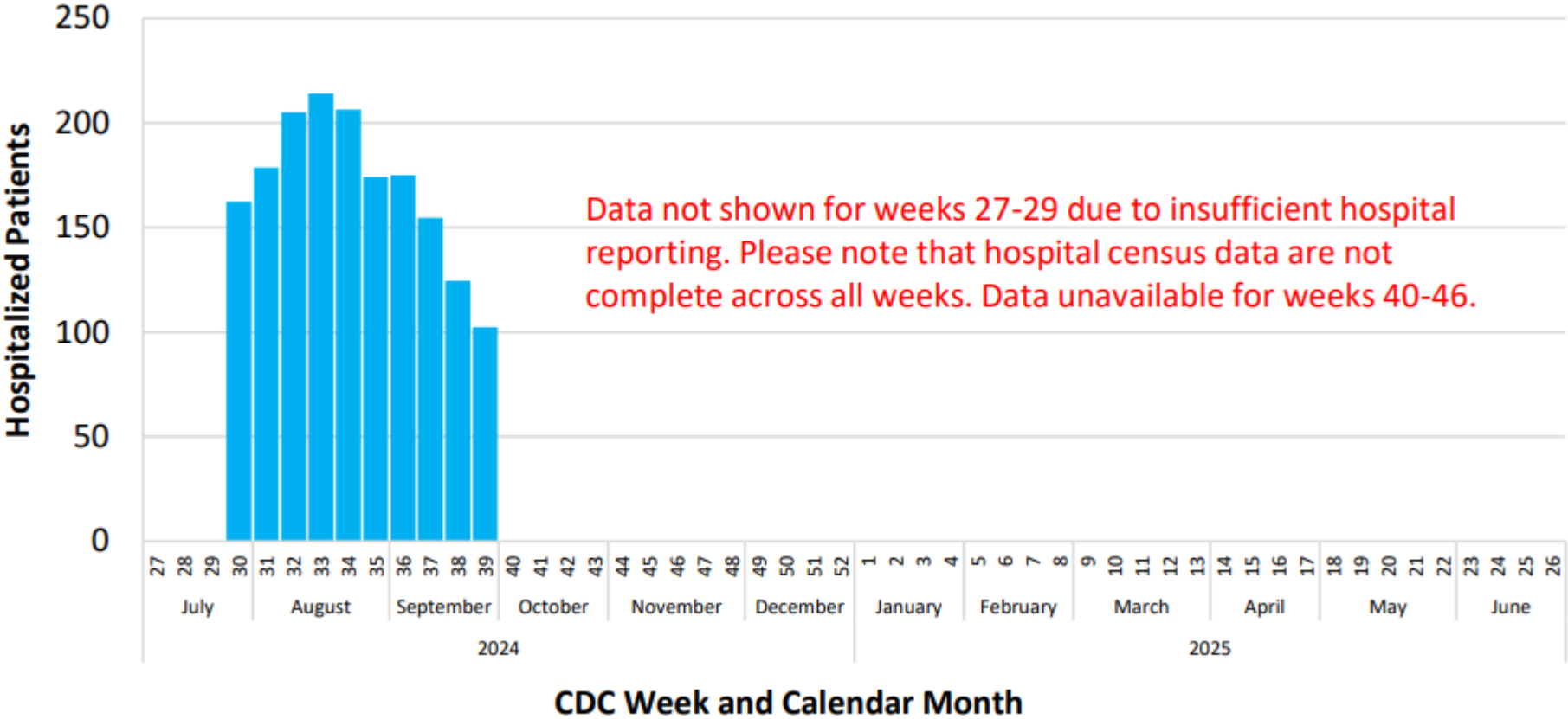
Figure 1.3. San Diego County RSV Cases (N=203)



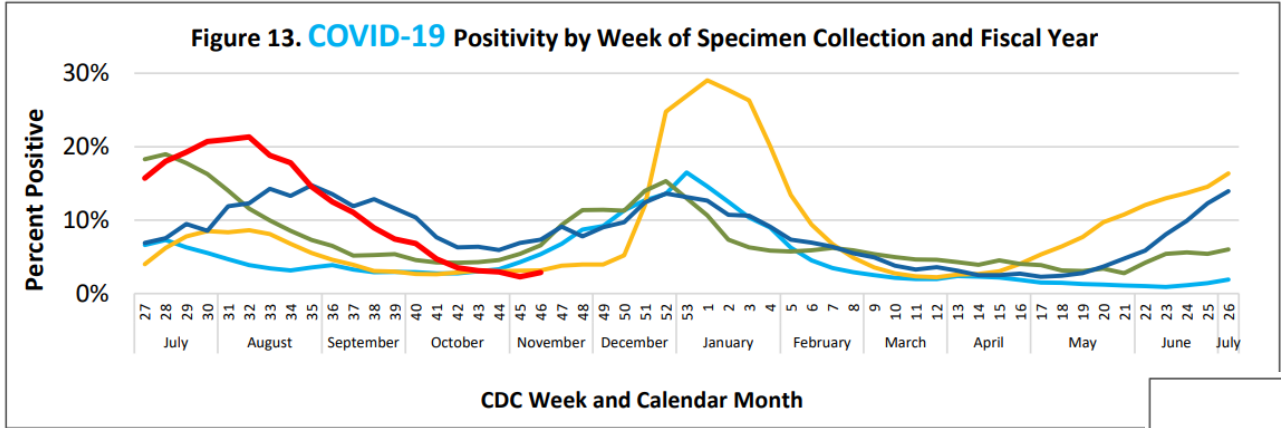
HOSPITALIZATIONS



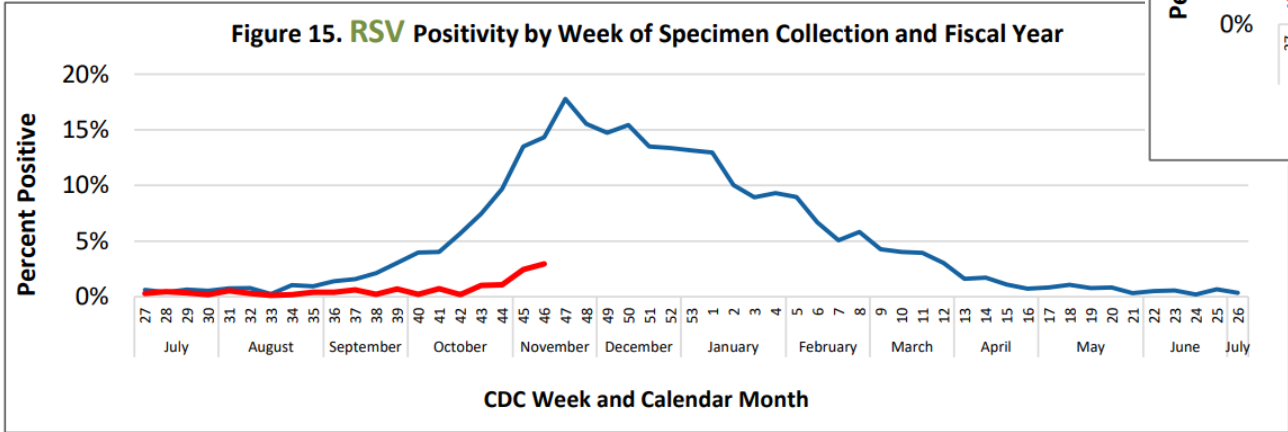
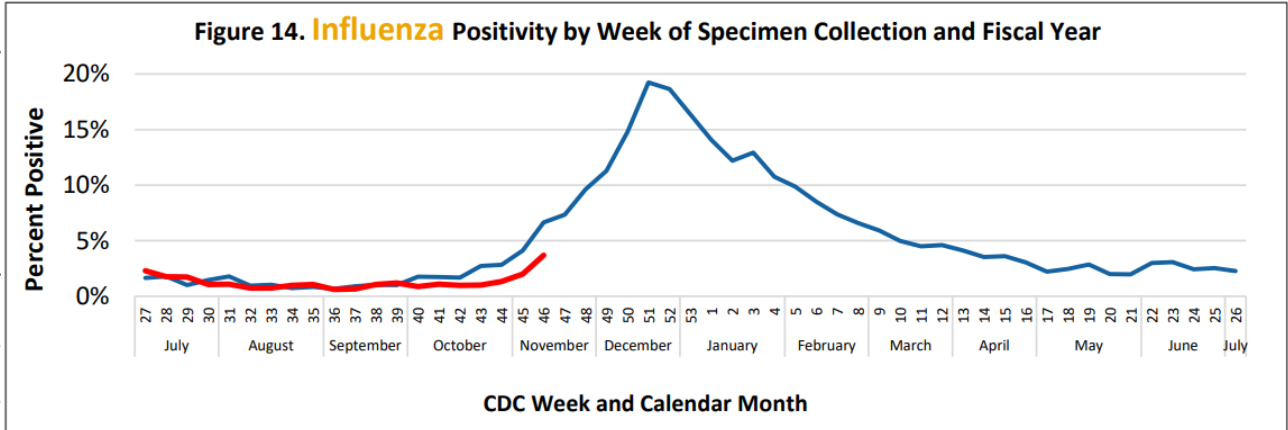
Figure 3. COVID-19-Positive Hospitalized Patients, Weekly Average Census,* San Diego County



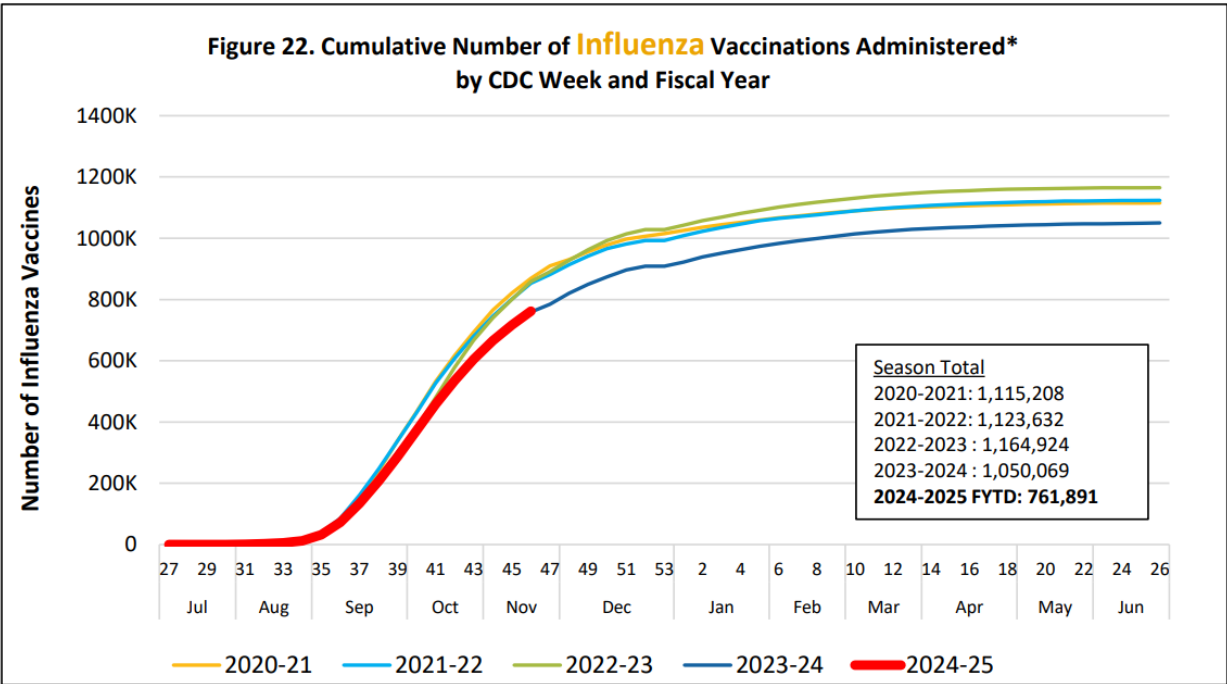
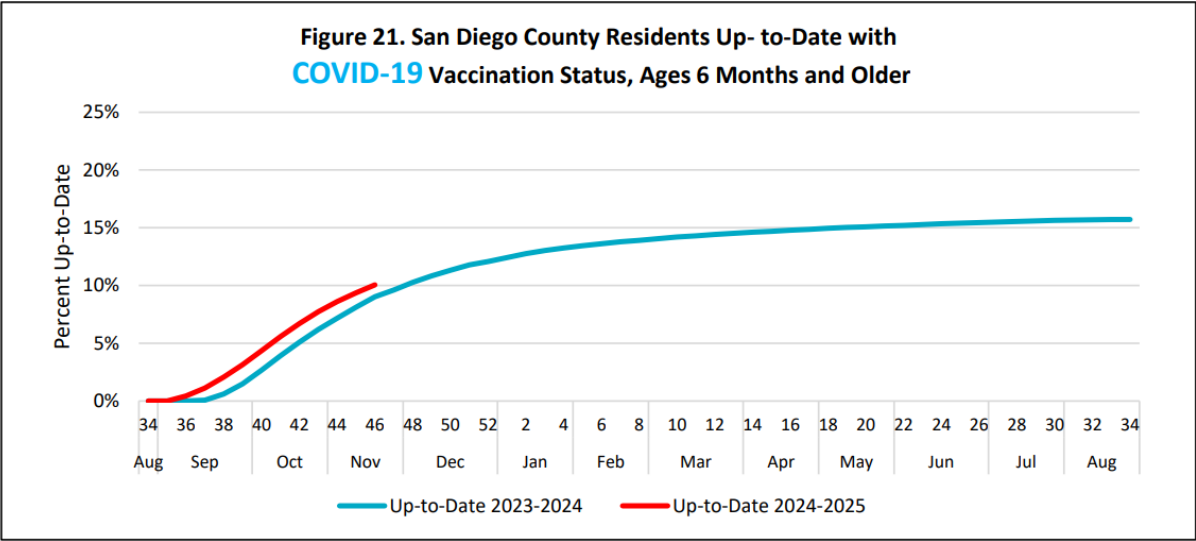
COVID-19, INFLUENZA, & RSV POSITIVITY



— 2024-25 — 2023-24 — 2022-23 — 2021-22 — 2020-21



COVID-19 & INFLUENZA VACCINATIONS



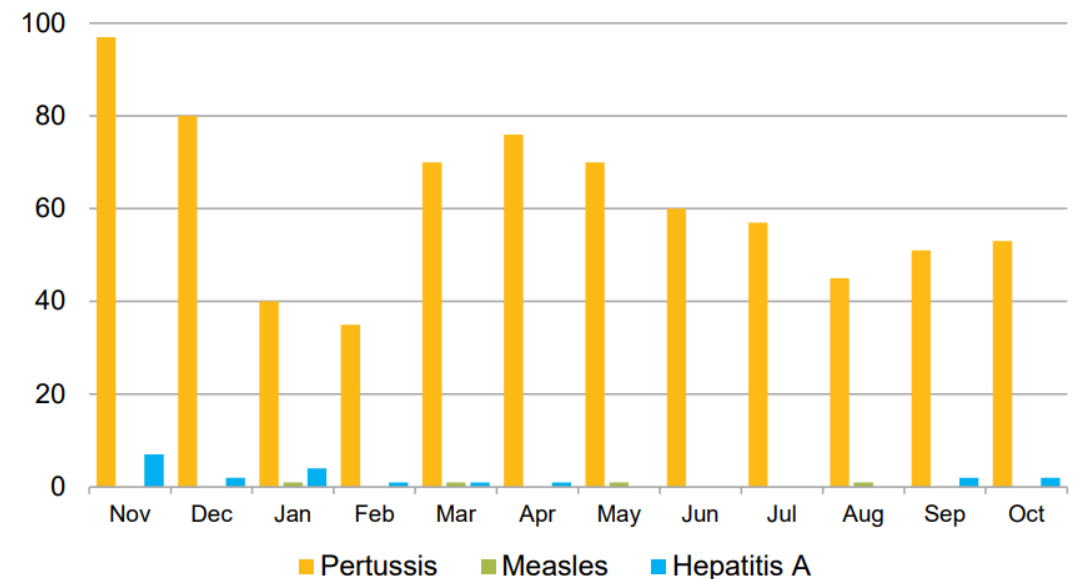
*Week 52 data are repeated for week 53 for years that do not include week 53.

PERTUSSIS



- Pertussis cases in San Diego County have increased in 2024 with 547 cases reported to date.
 - Majority of cases this year have been among youth ages 11 – 17.
- Pertussis vaccines are recommended for:
 - Young children before they enter kindergarten
 - Students entering 7th grade
 - Pregnant people during the 27th – 36th week of each pregnancy
 - Adults ages 19 and older who didn't get Tdap as an adolescent

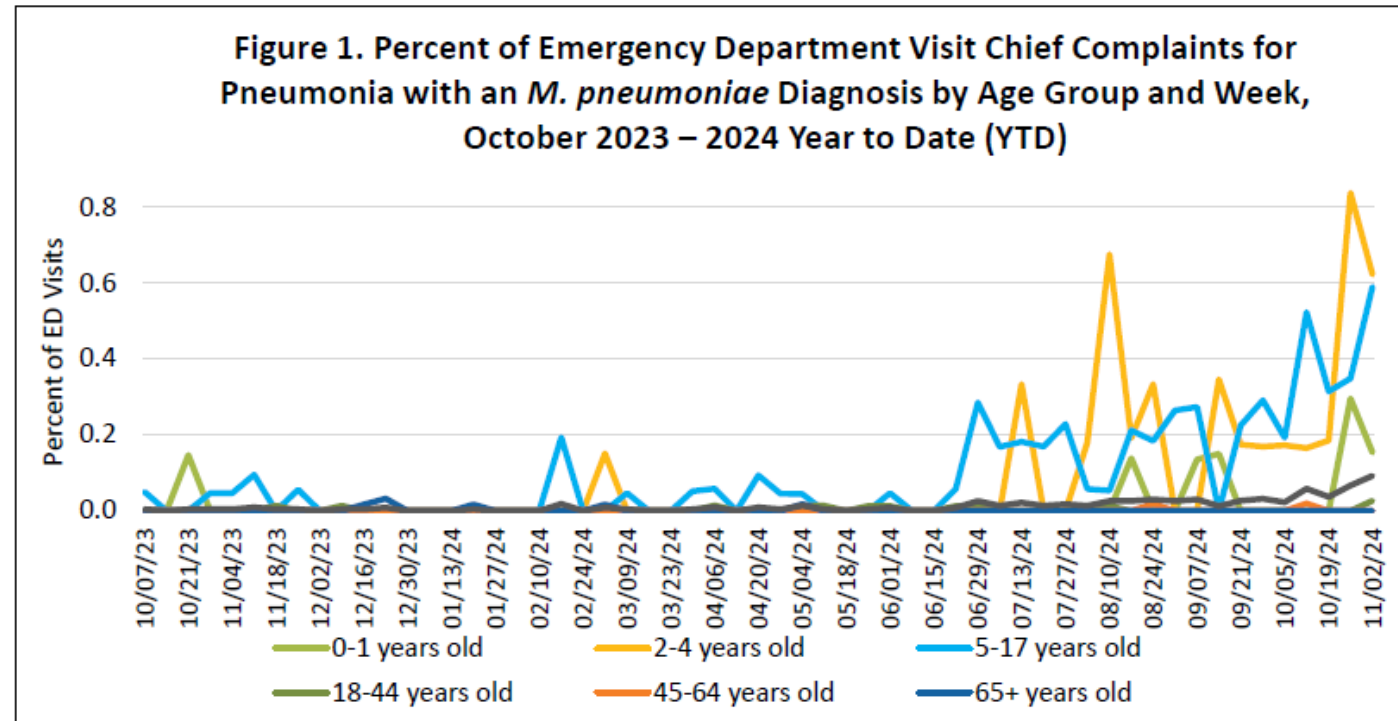
Figure 3. Select Vaccine-Preventable Infections by Month
November 2023 – October 2024



MYCOPLASMA PNEUMONIAE



- [Respiratory infections caused by the bacteria *Mycoplasma pneumoniae*](#) have increased in the US, especially in young children.
- *M. pneumoniae* is a bacterial respiratory pathogen that is transmitted through respiratory droplets during close contact.
- In San Diego County, the percentage of emergency department visits for pneumonia with an *M. pneumoniae* diagnosis has been increasing in the 2-4 and 5-17 age groups (Figure 1).



Source: County of San Diego Syndromic Surveillance Data through 11/2/2024.

AVIAN INFLUENZA (H5N1)



Targeted H5 surveillance (since March 24, 2024)

Total people monitored	Total people tested	Human cases
7,900+ after exposure to infected animals	390+ after exposure to infected animals	55 cases detected through targeted H5 surveillance

[H5 Bird Flu: Current Situation](#)

[CDC confirms H5N1 Bird Flu Infection in a Child in California](#)

- The CDC confirmed a human infection with avian influenza A (H5N1) in a child in California.
 - The CDC is monitoring influenza surveillance systems, particularly in states where widespread outbreaks of H5N1 bird flu have been detected in wild birds, domestic poultry, and dairy herds.
- To date, there has been no person-to-person spread identified with any of the H5N1 bird flu cases reported in the United States.
- H5N1 risk is low for the general public. People with exposure to infected or potentially infected animals are at higher risk of infection.

News Release

California Department of Public Health



FOR IMMEDIATE RELEASE

November 27, 2024

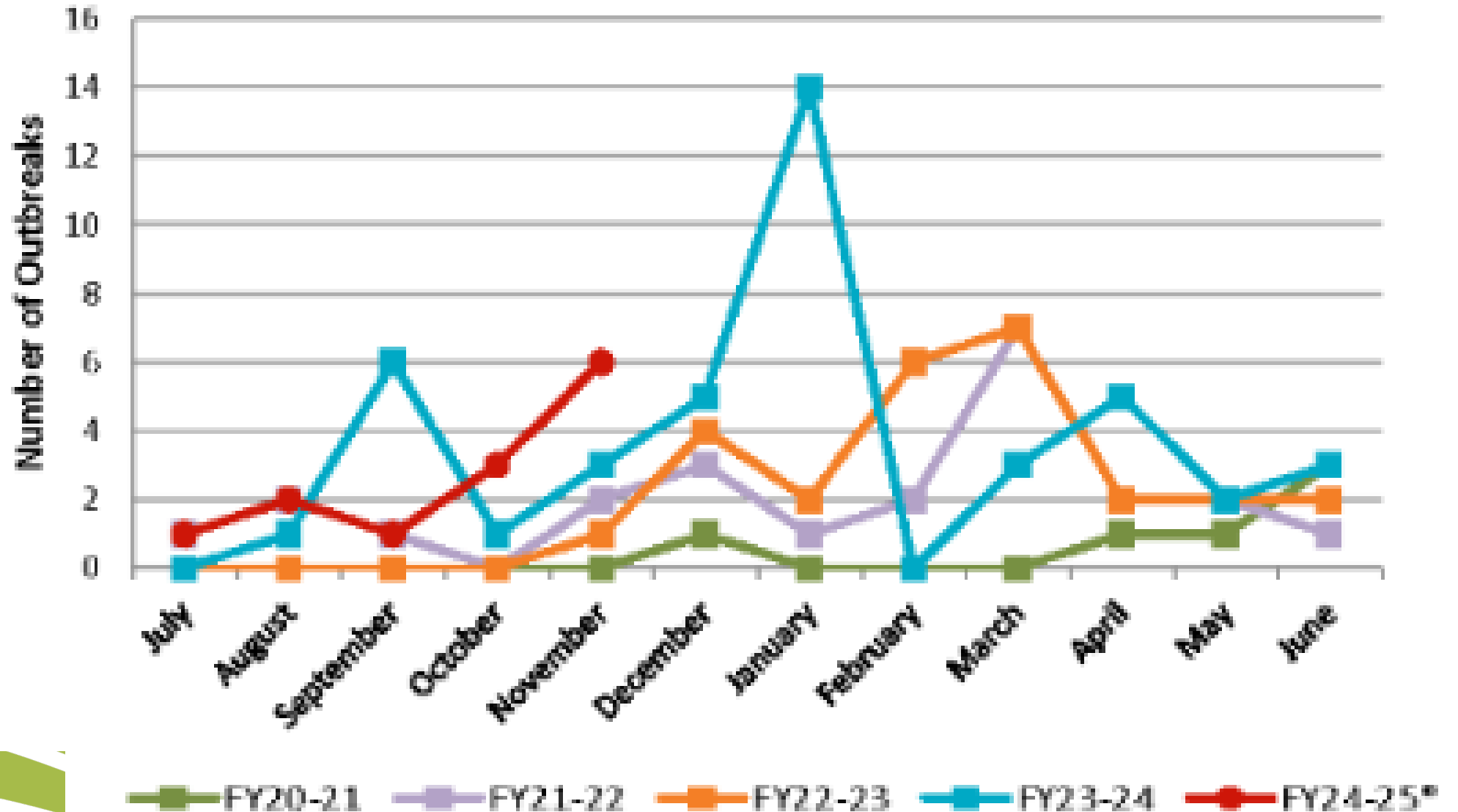
NR24-040

CDPH Reminds Public of Rabies Precautions following Death of Fresno County Resident

The resident was suspected to have been bitten by a bat in Merced County

NOROVIRUS

Norovirus Outbreaks by Month of Report Fiscal Years 2020-2024 YTD



[Norovirus](#)



Thank You!



Q&A



Thank You and Happy Holidays!

On behalf of the entire *Live Well San Diego* Education Sector, we thank you for your continued partnership and dedication to keeping our communities healthy, safe, and thriving. We wish you a wonderful holiday season and a happy new year, and look forward to reconvening in 2025!





THANK YOU FOR ATTENDING!

For more information, please visit our website: LiveWellSD.org/Education

You can also email us at: LiveWellEducation@sdcounty.ca.gov

Next Telebriefing: January 2025 – Date TBD