



LOVE HEART

February 10-14, 2025

**“Join the Heart Health Movement”
with a free blood pressure screening
at sites across San Diego County and Mexico,
celebrating fourteen years of Love Your Heart**

visit LOVEYOURHEARTSD.ORG to learn more

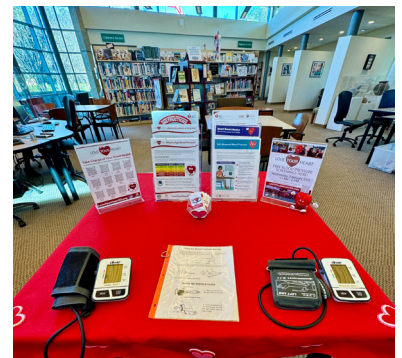


GET INVOLVED WITH LOVE YOUR HEART!

Love Your Heart is an annual event in which organizations from across the U.S. and Mexico join together to provide **free blood pressure screenings** to the public. Love Your Heart annually helps tens of thousands of people get to know their blood pressure numbers and take charge of their own heart health.

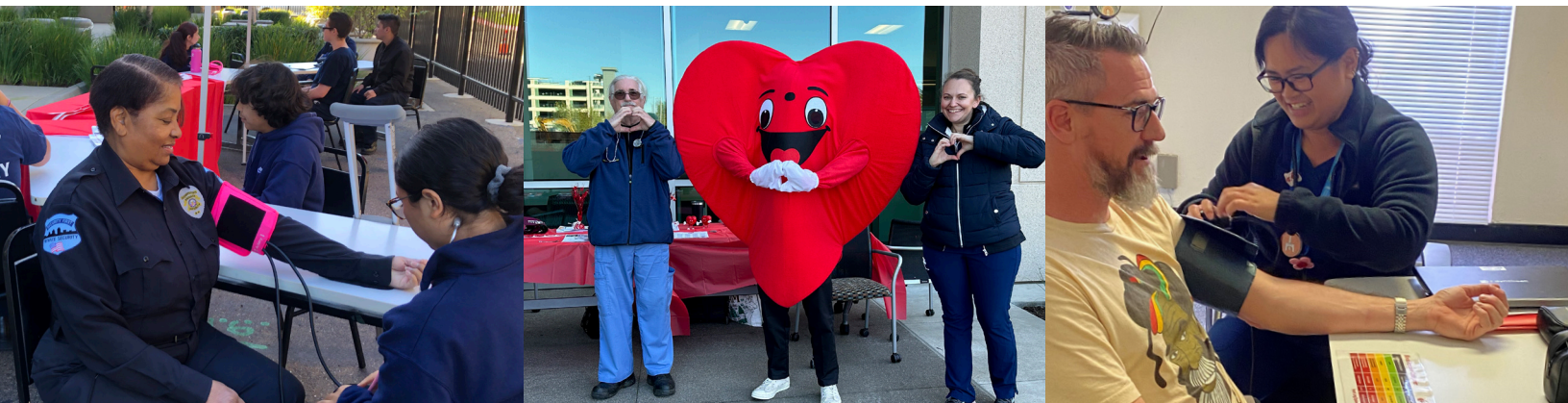
Apply to host a blood pressure screening site!

Organizations from every sector - business, healthcare, education, non-profit, faith-based – are needed to host screening sites and help promote the event. Your organization can offer free blood pressure screenings to the public or your clients and employees.



Please visit [LOVEYOURHEARTSD.org](https://www.loveyourheart.org) to complete the Blood Pressure Screening Site Application by January 31, 2025

If you have any questions please email: loveyourheart@sdcounty.ca.gov.



LOVE  YOUR HEART