

# BUILDING BETTER HEALTH COMPONENT FRAMEWORK



## Vision

Improving the health of residents and supporting healthy choices

## Themes

- Improve Access to Quality Care
- Increase Physical Activity
- Support Healthy Eating
- Stop Tobacco and Other Drug Use

## Goal Areas

- Provide Quality and Efficient Care
- Improve Access to Quality Care
- Improve Systems
- Advance Active Living
- Call for Active Communities
- Encourage Healthy Eating
- Promote Access to Healthy Foods
- Support Tobacco- and Drug-Free Lives
- Favor Tobacco- and Drug-Free Environments

## Strategic Approaches



**Building a Better Service Delivery System**

Improving the quality and efficiency in the delivery of services, contributing to better outcomes and results.



**Supporting Positive Choices**

Inspiring residents to take action and responsibility for their health, safety and well-being.



**Pursuing Policy and Environmental Changes**

Improving communities and encouraging involvement to make it easier for everyone to live well.



**Improving the Culture from Within**

Increasing understanding among employees about what it means to live well and their role helping others live well.