



LIVE WELL
SAN DIEGO

1 VISION

of a
region
that is

Building
Better
Health | Living
Safely | Thriving

4 STRATEGIC APPROACHES

Building a
Better Service
Delivery
System | Supporting
Positive
Choices | Pursuing
Policy &
Environmental
Changes | Improving
the
Culture
Within



5 AREAS OF INFLUENCE



HEALTH



KNOWLEDGE



STANDARD OF
LIVING



COMMUNITY



SOCIAL

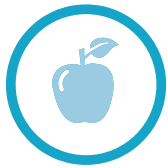
TOP 10 LIVE WELL SAN DIEGO INDICATORS

Life Expectancy	Education	Unemployment Rate	Security Physical Environment	Vulnerable Populations
Quality of Life		Income	Built Environment	Community Involvement

that measure the impact of collective actions by partners and the County to achieve the vision of a region that is Building Better Health, Living Safely and Thriving.

MEASURING PROGRESS

AREAS OF INFLUENCE



HEALTH

Enjoying good health and expecting to live a full life



KNOWLEDGE

Learning throughout the lifespan



STANDARD OF LIVING

Having enough resources for a quality life



COMMUNITY

Living in a clean and safe neighborhood



SOCIAL

Helping each other to live well

TOP 10 *LIVE WELL SAN DIEGO* INDICATORS



LIFE EXPECTANCY

Measure of length of life expected at birth and describes the overall health status of a population.



QUALITY OF LIFE

Percent of population that is sufficiently healthy to be able to live independently.



EDUCATION

Percent of the population with a High School diploma or equivalent. Education has a positive influence on a variety of economic, social and psychological factors which impact the health and well-being of a population.



UNEMPLOYMENT RATE

Percent of the total labor force ages 16 and over that is unemployed and actively seeking employment. Unemployment has a strong negative influence on the financial health and overall well-being of the population. Unemployment is also linked to an increased risk of poor health outcomes, including higher mortality rates.



INCOME

Percent of the population spending less than 1/3 of their household income on housing. Sufficient income to cover basic living costs has a positive influence on the overall financial health and well-being of the community.



SECURITY

Measured as the rate of property and violent crimes per 100,000 people. Crime can have a significant impact on the well-being of the population and contributes to premature death and disability, poor mental health and lost productivity.



PHYSICAL ENVIRONMENT

Percent of days that air quality is rated as unhealthy. The quality of the community's physical environment greatly impacts the health and well-being of the population.



BUILT ENVIRONMENT

Percent of the population living within a half mile of a park. Access to parks can influence choices to engage in physical activity and community involvement which has been shown to have positive impacts on well-being.



VULNERABLE POPULATIONS

Percent of the population who have experienced food insecurity. The inability to afford enough food on a regular basis, including access to healthier foods essential for good nutrition, impacts the health and well-being of the population.



COMMUNITY INVOLVEMENT

Percent of residents who volunteer. Volunteering can benefit the physical and mental health of the population, as well as creating a more interconnected community.

To learn more, visit LiveWellSD.org/data-results