









## CRAFT A CULTURE OF HEALTH FOR YOUR EMPLOYEES

Join a network of organizations that are creating healthier workplaces. Get the tools to accelerate employee wellness by enrolling in our <u>free</u> online platform.

Your goals for workplace wellness are as unique as your employees. We can help you build a wellness initiative tailored specifically for your organization's needs.

Through our online assessment, see how well your organization currently supports physical activity, healthy eating, and other wellness efforts. Based on the results, create your company's personalized Healthy Workplace action plan, utilizing the following resources:

**STRATEGIES -** Get the resources needed for organizational buy-in and support at every level of your organization.

**TOOLS** - Learn about effective wellness programs and policies that are easy to implement and fit well within your organization. Boost employee engagement and productivity by using our tools, templates, and free resources.

**SUPPORT -** Collaborate with a peer network committed to building cultures of health and wellness in the workplace.

Visit <u>LiveWellSD.org/Accelerator</u> to register for the Accelerator Program and participate in a range of activities to help your employees be healthy, safe, and thriving.

**COUNTY OF SAN DIEGO** 







## How to help your organization be a Healthy Workplace

Whether you have a smaller business or a larger company, we have made it easy to use our online resources and peer connections to help you build a wellness action plan that suits your organization's needs. Follow these steps in our online platform to develop your employee wellness action plan.



1. https://www.cdc.gov/workplacehealthpromotion/initiatives/healthscorecard/introduction.html

Join the Live Well @ Work Healthy Workplace Accelerator Program today to craft a culture of health and improve employee morale, productivity, and attendance.



