

# LIVING SAFELY

Residents are **protected** from crime or abuse

Neighborhoods are **safe** to work, live and play

Communities are **resilient** to disasters and emergencies

Citizen involvement is essential to combat crime and reduce risks in an emergency.

## You Can Help:

### BE AWARE

If you see something, say something. Contact law enforcement if you see something suspicious.

### REDUCE RISK

Promote safety at home and work to reduce trips, slips and falls.

### BE PREPARED

Create an emergency disaster plan and supply kit with enough food, water and supplies to last 72 hours.



**LIVE WELL**  
SAN DIEGO

**LIVWELLSD.ORG**