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Thank You for Participating in Love Your Heart 2018!

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Thank you for participating in the seventh year of Love Your Heart!

Through your collective efforts, over 300 sites hosted screenings with over 150 sites in San Diego County. Screenings were also provided by partners in Arizona, Massachusetts and Mexico, taking the message of heart health across the continent. And, as a "*Matter of the Heart*," Sunday morning screenings were piloted at faith-based organizations in San Diego County on February 11th!

We sincerely thank you for your efforts to help members of your local community get to know their blood pressure numbers and take charge of their own heart health. In doing so, you are supporting the *Live Well San Diego* vision of healthy, safe and thriving communities.

To view photos and videos from Love Your Heart visit the [Live Well San Diego Facebook page](#).

**Save the date for next year's Love Your Heart event to be held
Thursday, February 14th, 2019!**



**If you have any questions please email: riskcheck@sdcounty.ca.gov.
Please visit the loveyourheartsd.org for more information.**



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