



**LIVE WELL  
SAN DIEGO**

**YOUTH ENGAGEMENT IN SERVICE:  
DEVELOPMENT OF A  
*LIVE WELL SAN DIEGO*  
YOUTH SECTOR**

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**TUESDAY, OCTOBER 27, 2020**

**ITEM #5**

# Returning to the Board of Supervisors

## **Youth Engagement in Service**

Explore the development of a new  
***Live Well San Diego Youth Sector***

### **Components:**

- Hire two, part-time Youth Advisors
- Youth participation on Boards and Commissions
- Youth leadership and training
- Mentorship opportunities

# Live Well San Diego Sectors



LIVE WELL  
SAN DIEGO



Schools and  
Education



Business and  
Media



Cities and  
Government



Community &  
Faith-Based



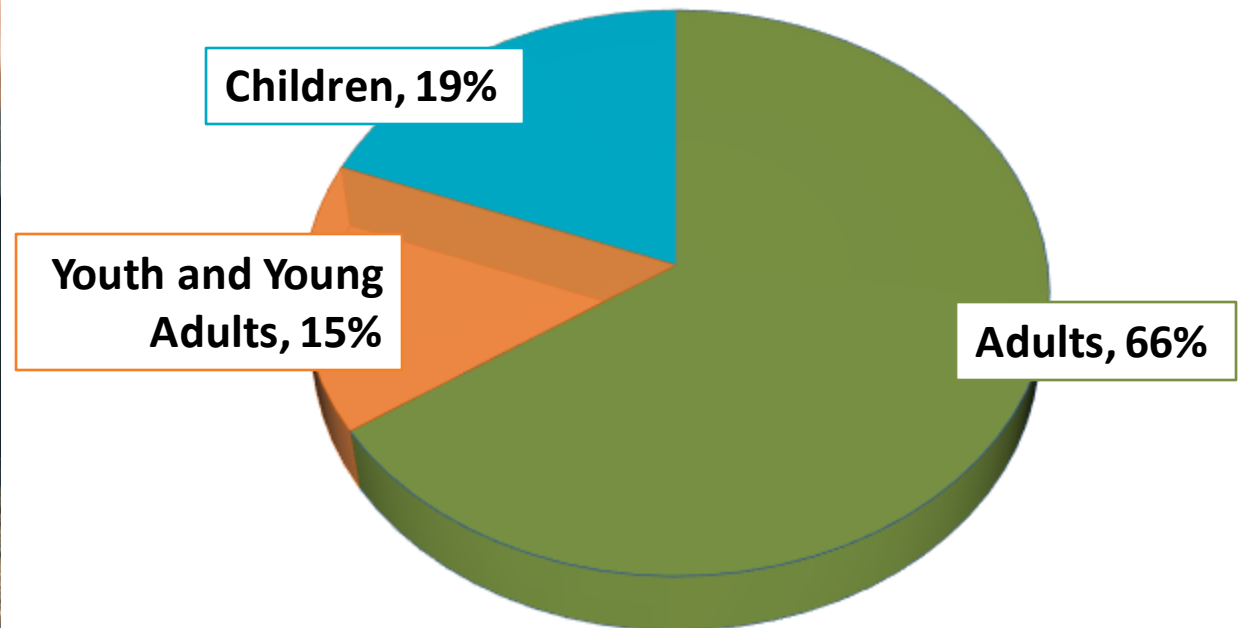
Youth





Youth (15-24 years old) =  
**15% of San Diego County  
population**

**PERCENTAGE OF YOUTH AND ADULTS  
IN SAN DIEGO COUNTY IN 2019**



Hosted over 35 listening sessions with youth-led groups and youth-serving organizations



Listening session with San Ysidro Health  
Peer Health Advocates (9/2/20)

# YOUTH ENGAGEMENT FRAMEWORK

- 1 Youth Advisors and Youth Leadership Team
- 2 Youth Training and Professional Development
- 3 Youth Convening and Collaboration
- 4 Youth Mentorship and Service
- 5 Youth Engagement on Boards and Commissions



# 1

# Youth Advisors and Youth Leadership Team



**Youth  
Advisors**  
Part-time  
County Staff



**Adult Allies**  
Existing  
County Staff

*Live Well San Diego*  
**Youth Leadership Team**

# 2

## Training and Professional Development



### Youth-Identified Trainings

- Youth-friendly Strengths Finder
- Government and County Structure
- Collaboration among Youth-Led Groups
- Building Effective Teams
- Implicit Bias, Inclusiveness, Racial Equity



# 3

## Convening and Collaboration



### Youth-led Town Halls

Open to all Youth

County-engaged youth

### Youth-led Org Collaboration

Youth-led Orgs

Youth Leadership Team

# 4

## Youth Mentorship and Service



Identify Youth  
INTERESTS

PROGRAM +  
MENTOR  
matching

MEANINGFUL  
SERVICE

# 5

## Youth Engagement on Boards and Commissions



### Youth Engagement on Boards and Commissions

Majority of respondents support youth engagement

#### **YOUTH**

- Voting members, as appropriate
- Provide youth voice
- Shadow Board members

#### **BOARD MEMBERS**

- Training to effectively recruit and engage youth
- Serve as mentors





**LIVE WELL ADVANCE**  
*Creating Healthy, Safe, and Thriving Communities Together*



**LIVE WELL  
SAN DIEGO**  
A DECADE OF **HEALTHY, SAFE & THRIVING**  
*Est. 2010*

Youth-led Session:

# **Let's Hear from You(th)!** **Engaging Youth Voices in San Diego County**

December 3, 2020 at 3:30pm

[www.livewellsd.org](http://www.livewellsd.org)



# Recommendation

## Approve the Youth Sector Framework

### Next Steps:

- Hire part-time Youth Advisors
- Youth Engagement Session at the Live Well Advance, December 3<sup>rd</sup>
- Launch the *Live Well San Diego* Youth Sector



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