



Live Well San Diego is a vision for a region that is **Building Better Health, Living Safely, and Thriving**. It aligns the efforts of individuals, organizations, and government to help all 3.3 million San Diego County residents live well through a collective effort.
Together we can do more than each of us alone.

THE YOUTH SECTOR

The Youth Sector employs and engages youth, ages 16-24, from throughout the region by:

- Providing opportunities for trainings and professional development
 - Highlighting topics relevant to youth throughout the region
- Cultivating the future of the County workforce and young leaders
 - Informing the development of youth-serving programs

YOUTH LEADERSHIP TEAM

Each year, 15 youth with diverse lived experiences, are selected to join the Youth Leadership Team. Two Youth Sector Coordinators are also selected to oversee program coordination and support the 15 Youth Leaders. Over the course of 10 months, Youth Leaders are paired with a County employee as a mentor, gain work experience in County departments, participate in the work of County boards and commissions, organize town halls to gather input on topics important to youth and young adults, and serve as subject-matter experts to inform County programs and services.

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For questions about the Youth Sector,
please email LiveWellYouth@sdcounty.ca.gov



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